



The early voting period runs from Tuesday, October 13, 2020 to Friday, October 30, 2020 - see page 8 for more information.



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VOLUME 73 NUMBER 2

SERVING THE BLACK COMMUNITY WITHOUT FEAR OR FAVOR SINCE 1947

September 24 - 30, 2020

COMMENTARY: Justice Ginsburg's Death Could Prove Fatal to American Democracy

By Stacy M. Brown, NNPA Newswire Senior National Correspondent
@StacyBrownMedia



Ruth Bader Ginsburg – affectionately known as The Notorious R.B.G. (after the famous moniker of the late hip-hop star, The Notorious B.I.G.) – held on as long as she could while fiercely battling metastatic pancreatic cancer.

At 87, the popular Supreme Court Justice had battled cancer and several other maladies, for some time. Just days before her death, as her strength waned, Ginsburg dictated this statement to her granddaughter Clara Spera: “My most fervent wish is that I will not be

replaced until a new president is installed.”

Echoing the sentiments of many, both inside and outside of the political spectrum acclaimed novelist Terry McMillan stated, “I was praying she could hold on.”

The author and many others realized that, in sphere of today’s American politics, where one of the two dominant parties is essentially wholly controlled by President Donald Trump and the hard-hearted Sen. Majority Leader Mitch McConnell, if they choose to ignore the Justice’s

dying wishes, the Republicans, who control the Senate, have the votes to quickly confirm Ginsburg’s replacement.

This is the case even as the president – and possibly McConnell – head toward lame-duck status.

In spite of the an result from the impending confirmation process and it’s connectivity to an election that will occur in less than 45 days, the life and achievements of Ruth Bader Ginsburg are to be celebrated. America’s loss of one of its notable and most courageous jurists is palpable.

“We have lost a champion of justice, an icon and patriot, a woman who lived the concept of building a more perfect union,” D.C. Mayor Muriel Bowser affirmed.

“Justice Ruth Bader Ginsburg fought for us until the very end, and it is that fighting spirit – that we were fortunate as a nation to benefit from time and time again – that made us love, respect, and admire her. We are heart-broken.”

Hillary Shelton, the Chief Lobbyist of the

Continue Ruth Page 2

Cities with the Worst (and Best) Air Quality

Dallas Air Quality Is Among Worst in U.S.

While lockdowns during the COVID-19 pandemic have brought about a host of issues, there have been several positive outcomes. In addition to limiting the spread of the virus, the lockdowns have resulted in better air quality due to decreased commercial activity and automobile traffic. However, the lifting of lockdowns and a recent surge of wildfires in Western and Mountain states may quickly reverse this trend, once again exposing millions of Americans to poor air quality.

According to data from the Environmental Protection Agency (EPA), prior to COVID-19, nearly one in four Americans resided in counties with poor air

quality. While ozone-related pollutants are the most common cause of poor air quality, many Americans are also exposed to a variety of other common pollutants such as particle pollutants, sulfur dioxide, and lead.

While many Americans are still living in places with unhealthy levels of air pollution, conditions have been improving in recent decades. Through EPA efforts and the passage of the Clean Air Act, the U.S. has seen gradual improvement in air quality and a decline in the emissions of common pollutants since 1970. CO2 emissions have also small decline since

Continue Air Page 6

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What the Congressional Black Caucus Means to Me

By Congresswoman Eddie Bernice Johnson



The passing of John Lewis has forced me to take the opportunity to reflect on what being a Black Member of Congress with him has meant to me – we are family.

We come from every part of the U.S. and most of us have not been lifelong friends. Some of us, who had participated in the political activities before being elect-

ed to Congress, had previously met. Some of us have supported and campaigned for each other before being elected. Some of us had even campaigned for opponents of each other before or during the election process, but when sworn into Congress, a special relationship ensues.

First of all, no matter where you reside in the U.S.

there are many experiences we have already lived. Whether our constituents are poor, rich, majority minority, or a small minority – we have a lot in common...we are Black in America.

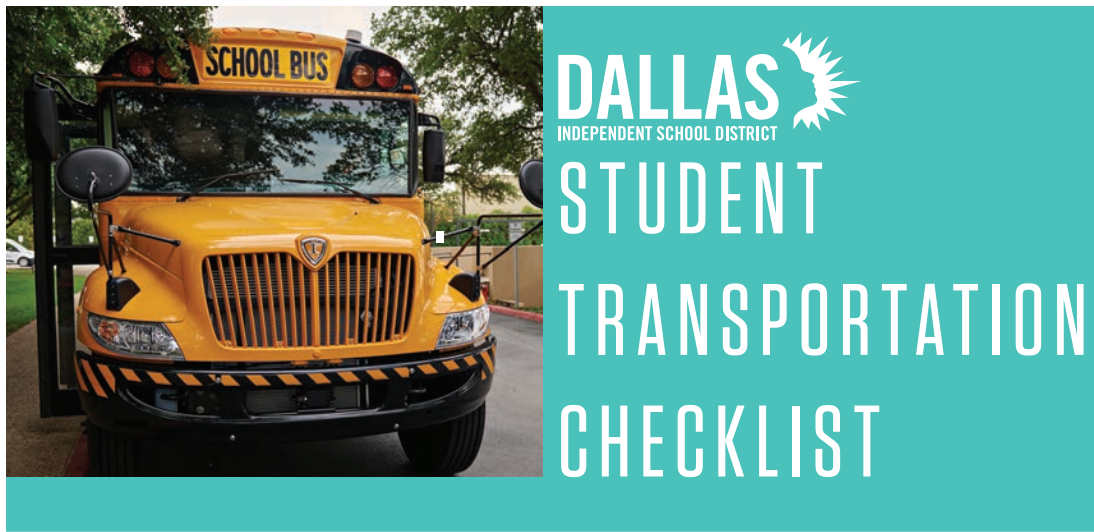
We can communicate without saying a word to each other.

Continue Caucus Page 2



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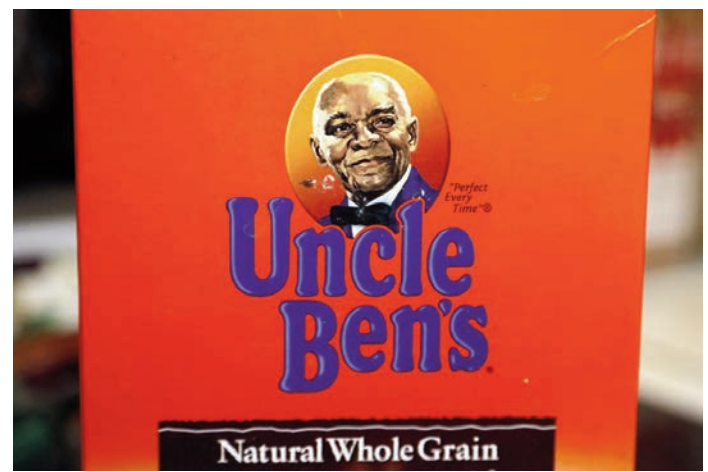


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Mars drops Uncle Ben's, reveals new name for rice brand

By ALEXANDRA OLSON



The portrait of "Uncle Ben's" is portrayed on a box of rice Thursday, June 18, 2020 in Jackson, Miss. (AP Photo/Rogelio V. Solis)

NEW YORK (AP) — The Uncle Ben's rice brand is getting a new name: Ben's Original.

Parent firm Mars Inc. unveiled the change Wednesday for the 70-year-old brand, the latest company to drop a logo criticized as a racial stereotype. Packaging with the new name will hit stores next year.

"We listened to our associates and our customers and the time is right to make meaningful changes across society," said Fiona Dawson, global president for Mars Food, multisales and global customers. "When you are making these changes, you are not going to please everyone. But it's about doing the right thing, not the easy thing."

Several companies have retired racial imagery from their branding in recent months, a ripple effect from the Black

Lives Matters protests over the police killing of George Floyd and other African Americans.

Quaker Oats announced in June that it would drop Aunt Jemima for syrup and pancake packages, responding to criticism that the character's origins were based the "mammy," a black woman content to serve her white masters. Quaker said packages without the Aunt Jemima image will start to appear in stores by the end of the year, although the company has not revealed the new logo.

The owner of Eskimo Pie has also said it will change its name and marketing of the nearly century-old chocolate-covered ice cream bar. Beyond food brands, the Washington NFL franchise and Indian head logo amid pressure from sponsors including FedEx, Nike, Pepsi and Bank of

America.

Geechie Boy Mill, a family-owned operation in South Carolina that makes locally-grown and milled white grits, is also planning a name change. Geechie is a dialect spoken mainly by the descendants of African-American slaves who settled on the Ogeechee river in Georgia.

"We are in the process of changing our name and have developed a whole new brand. We look forward to sharing it with the public," said Greg Johnsman, owner of Geechie Boy Mill.

Mars had announced in the summer that the Uncle Ben's brand would "evolve."

Since the 1940s, the rice boxes have featured a white-haired Black man, sometimes with a bow tie,

Continue **Ben's** Page 6

Continued **Caucus** Page 1

We can read attitudes without speaking. We can communicate effectively with eye contact.

We are Black in America even when we are of mixed-race parentage or marriage, we find comfort among each other.

Often times, we share experiences that we do not share with our closest family members. It's that common experience of sharing the heartbeat of the Nation that no other experience offers.



We work together; Eat together; Travel together; Laugh together; Cry together; Fight together; Worship together; Pray together; Workshare together; Plan together; Hurt together; Sit together; Stick together; and support each other – even when we do not wholly agree. We are family!

Emmy winners highlight push for social justice

By BETH HARRIS



In this video grab captured on Sept. 20, 2020, courtesy of the Academy of Television Arts & Sciences and ABC Entertainment, Regina King accepts (the award for outstanding lead actress in "Watchmen." ET via AP)

Continued **Ruth** Page 1

NAACP, called Ginsburg's death a sad day for America. "We are losing a real champion for Civil Rights, Voting Rights, Women's Rights and Human Rights on our Supreme Court," Shelton posited.

Shelton honored Ginsburg for breaking through many barriers to the full participation of all Americans and demanded that Republicans wait until after the election to confirm a successor.

"It is our hope that whoever fills her position would have her same values. We also urge that the president withhold the nomination to fill that position until after the election," Shelton exclaimed.

"It was Mitch McConnell who insisted not to allow President Obama to fill a position in his last year in office. We urge that there not be a

nomination or consideration by the U.S. Senate until after the November election."

Through her cancer, Ruth Bader Ginsburg fought to the end with unwavering faith in our democracy and its ideals, and that's how she'll be remembered, Obama expressed in a written statement. "But she also left instructions for how she wanted her legacy to be honored," the popular former president observed.

Obama recalled when Republicans refused to hold a hearing or an up-or-down vote on his Supreme Court nominee, Merrick Garland, and they invented the principle that the Senate shouldn't fill an open seat on the Supreme Court before a new president was sworn in.

"A basic principle of the law – and of everyday fairness – is that we apply rules with consistency, and not based on what's convenient or advanta-

LOS ANGELES (AP) — Regina King and Uzo Aduba used the come-as-you-are fashion edict for Sunday's virtual Emmy Awards to highlight the national struggle for social justice.

Both Black actresses wore T-shirts featuring Breonna Taylor, the 26-year-old EMT from Louisville, Kentucky, who was shot and killed by police in March. King's T-shirt featured Taylor's face.

"The cops still haven't

been held accountable," King said in a Zoom session with media. "She represents just decades, hundreds of years of violence against Black bodies. Wearing Breonna's likeness and representing her and her family and the stories that we were exploring, presenting and holding a mirror up to on 'Watchmen,' it felt appropriate to represent with Breonna Taylor."

King won for actress in a limited series or a TV movie as the masked hero

in HBO's "Watchmen."

Taylor was shot in her apartment after police officers executing a no-knock warrant burst in and killed her after returning fire from her boyfriend. None of the officers has been charged. One was fired and two others were placed on leave.

Aduba, sitting behind a table at home, wore a black T-shirt with Taylor's name in gold. King and Aduba were pleased to see each other's fashion choice.

geous in the moment," Obama demanded.

"The rule of law, the legitimacy of our courts, the fundamental workings of our democracy all depend on that basic principle. As votes are already being cast in this election, Republican Senators are now called to apply that standard.

"The questions before the Court now and in the coming years – with decisions that will determine whether or not our economy is fair, our society is just, women are treated equally, our planet survives, and our democracy endures – are too consequential to future generations for courts to be filled through anything less than an unimpeachable process."

Sixty years ago, the Brooklyn born Ginsburg applied to be a Supreme Court clerk. She'd studied at two of the country's finest law schools and had ringing recommendations. But because she was a

woman, she was rejected, Obama recalled.

Ten years later, she sent her first brief to the Supreme Court – which led it to strike down a state law based on gender discrimination for the first time. And then, for nearly three decades, as the second woman ever to sit on the highest court in the land, she proved a warrior for gender equality – someone who believed that equal justice under the law only had meaning if it applied to every single American.

"Over a long career on both sides of the bench – as a relentless litigator and an incisive jurist – Justice Ginsburg helped us see that discrimination on the basis of sex isn't about an abstract ideal of equality; that it doesn't only harm women; that it has real consequences for all of us. It's about who we are – and who we can be," Obama remarked, noting that Ginsburg inspired the generations who followed

her.

Justice Ginsburg always voiced strong and principled demands for justice and equality for all, and she was a lifelong champion of women's and civil rights, declared Marcela Howell, the founder, and president of "In Our Own Voice: National Black Women's Reproductive Justice Agenda."

"We are putting the U.S. Senate on notice; we demand that no nominee be voted on until a new president is elected. We will take to the streets in protest if McConnell and his cohorts do not abide by their own precedent," Howell avowed.

"We promise to continue Ruth Bader Ginsburg's fight for freedom. As we mourn, we will honor her life and legacy by fighting hard to demand a worthy successor. And we will fight even harder to ensure that all votes are counted on Election Day."



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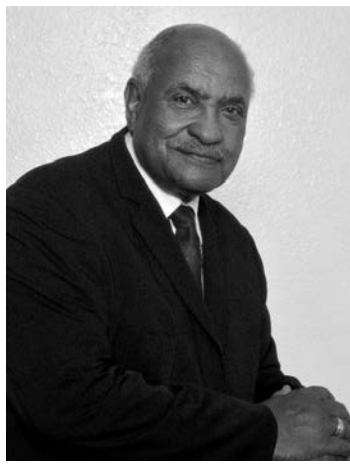
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EDITORIAL PAGE

How Your Vote Can Influence the Electoral College



By Rev. Dr. John E. Warren, Publisher

San Diego Voice & Viewpoint Newspaper

Now that we have seen how the Electoral College works, we must begin the

step-by-step process to ensure that we understand why it is so important for each of us to vote and to vote Democrat in every state to ensure that Biden wins the Electoral College as well as the popular vote. Donald Trump has written off the State of California as a democratic loss. This is why he has so little concern for the fires and loss of life and property here. Plus, the Governor of California is a Democrat, so he is not likely to make any gubernatorial electoral college appointments favorable to Trump. We must encourage our

friends and relatives in every state to vote, no matter how long the lines are or how much there are efforts to remove mail boxes or sorting machines in Post Offices. We must start early voting to ensure that we replace those names which have been purged or dropped from the voting rolls in many places as a means of reducing the number of eligible voters. Just as thousands have taken to the streets to protest in support of Black Lives Matter and all lives that are lost at the hands of law enforcement, so must those same people

take to the voter registration sites, sign up and vote and ensure the 270 plus votes needed in the Electoral College to make a new President a reality in 2021. If we return Democrats to the House of Representatives and the U.S. Senate on November 3rd and ensure that we get more than 51% of the vote in each state, then we win. This is not the time to debate the Electoral College process, but rather the time to change its swing in the direction of a new President and Vice President for the future.

Biden, Trump and the Electoral College

By Rev. Dr. John E. Warren, Publisher
San Diego Voice & Viewpoint

We know that in the 2016 election for President of the United States, Hillary Clinton got three million more votes than Donald Trump and, still, he became President. What most Americans did not know and still too many today do not know is that the Presidency is determined by a process that contains individuals known as "electors," whose numbers in each state are equal to the number of congressional representatives in that state, and that those persons who total 535 in number are the ones who actually elect the president when they meet and vote in January following the November elections. Those persons who represent the 435 members of the U.S. House of Representatives and the 100 members of the United States Senate make up the Electoral College. It is said that the framers of the Constitution established the Electoral College in the Constitution to forge a compromise between

those who wanted the president to be elected by members of Congress and those who wanted a president elected by a popular vote. Each state has one elector per elected member of congress. The District of Columbia, which we know as Washington, D.C with no congressional representation, has three electors. The total equals 538 members of the Electoral College. Forty-eight states and the District of Columbia have a winner-take-all policy that the Electoral College must follow. This means that a candidate who wins 51% of the state's popular vote is awarded 100% of the state's electors. When the Electors cast their vote following the November election, the candidate who gets 270 votes or more wins. The question on many minds as we near the 2020 election is: how are electors chosen? There are 33 states that choose electors by party conventions. Seven states and the

District of Columbia select electors by state party committees, and 10 states use gubernatorial appointments, appointees by party nominee, state chair appointments and presidential nominee appointments. The usual qualifications include current membership in a political party, current voter registration, and a pledge to vote for the national party's president and vice presidential candidates. Vacancies following the convention are filled by the central committee of the state party. In a July 2020 decision by the U.S. Supreme Court in *Chiafalo vs. Washington*, the Court held that "A State may enforce an elector's pledge to support his party's nominee-- and the state voters choice-- for President." Donald Trump is not worried about the deaths from the pandemic, the healthcare needs, or families suffering job loss and lack of income, as evidenced by his U.S. Senate colleague Mitch

McConnell's refusal to bring up a CARES bill to provide much needed relief. Trump is focused on his base of right-wing conservative and mostly racist whites to give him the 270 votes he needs in the electoral college. That is his only concern. This is the reason for his hate speech and the threats of fear he is placing in his base, in hopes that they will once again vote sufficiently to give him the support in terms of states with members of congress and electors who will vote for him, regardless of protest from those opposed to his destructive decisions. Joe Biden is the alternative to the Trump madness and while hundreds of thousands of Americans know this country cannot afford four more years of Donald Trump, it clearly will take more than the popular vote that Hillary Clinton got to ensure that the Electoral College has more than 270 votes for Joe Biden. More to come.

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Written by **Bill Fletcher, Jr.**

Anyone who has followed the career of Donald Trump can only be *but so surprised* by the allegations that he has demeaned military veterans and fallen fighting men and women. The allegations, which included the identification of fallen soldiers as losers

COMMENTARY: "Losers"????!!

and suckers, follows a pattern of disrespect for those who have made personal sacrifices. In fact, it corresponds to the entire transactional nature of Trump's relationship with nearly everyone. When I first heard the story, on the Rachel Maddow Show (MSNBC), my mouth dropped. I could not believe that Trump had actually gotten caught making such derogatory references. Trump, who likes to pride himself on

his alleged support for the military caught demeaning the military! His responses, including his adamant denial, was accompanied by his assertion of his alleged support for the military through an increased military budget. What Trump does not seem to appreciate is that his disrespect for service men and women is not inconsistent with increasing the military budget. Increasing the size of the US military says nothing about how one views the

service men and women. For Trump it is probably more a reflection of his Napoleonic self-image and wishing to be associated with the trappings of power. All of this should be contrasted with the support—or lack thereof—offered to those who have served, whether they lived or perished. My fury with Trump over his approach towards service men and women is not rooted in jingoism. Continue **Losers** Page 5

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A JOURNEY THROUGH THE GOSPEL OF ST. JOHN

Trust in Christ - The Sole Basis for Salvation
St. John 6:28-40

Again, as we approach this momentous chapter, we find our blessed Saviour explaining to His critics that the sole requirement of God by them is to trust Christ, the Saviour of the world, for He was sent by the Father (St. John 6:28-29). Mankind is always trying to appease God through some meritorious act; and the only requirement that pleases God the Father is entire faith and trust in His Son. Jesus Christ is the only source of eternal life, for eternal life rests in the

Son's finished work on Calvary. Because of mankind's total depraved condition precipitated by Adam's initial act in the Garden of Eden, every man of the accursed race is in dire need of eternal life. Christ came as a missionary gift from heaven to rescue fallen man. And if man is to be saved, he must trust in Christ for salvation, in that St. John 5:24 says - "Verily, verily, I say unto you, He that heareth my word, and believeth on Him that sent me, hath everlasting life,

and shall not come into condemnation; but is passed from death to life." As Christ's discourse with His critics continues (St. John 6:30), we find them wanting proof to verify that He had been sent by the Father; or more important, they wanted proof of His credentials that authorized His mission! With the feeding of the five thousand in this chapter, the people recalled how God supplied bread in the wilderness under the leadership of Moses (v. 31). But, in verses 32-

33, Christ presents the fact that the Father was the sole provider of the manna, and not Moses; and He went on to say, that He came down from heaven to offer eternal life to the world. As this critic crowd continued to ask for continual bread, our blessed Lord exclaimed - "I am the bread of life; he that cometh to me shall never hunger; and he that believeth on me shall never thirst. The missionary ministry of our Lord will be and is effective because the "ones" that

have been drawn by the Father (St. John 6:44) will come and receive His Son. Because all believers have been sovereignly drawn by the Father, we have been guaranteed that: (1) Our salvation is eternally secured (v. 37, 39a); (2) We will be raised at the last day (v. 39b-40).

May God Bless!

By **Rev. Johnny C. Smith**
Pastor
The Mount Moriah Missionary Baptist Church

"The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?"

Psalm 27:1



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Hybrid Learning Model

UNDER CONSIDERATION

Modelo de aprendizaje hibrido bajo consideración.

Safety measures prompt need for hybrid learning model

Dallas ISD HUB/photo credit and article

After meeting with principals and focus groups, preparing safety protocols, and reviewing campus space available for social distancing, Dallas ISD is proposing a hybrid learning model for all high schools and at least one elementary school when students return for on-campus learning Oct. 5.

The proposed hybrid model is designed to reduce the number of students on campus at any one time by dividing students into two cohorts and alternating time on campus and distance learning for each cohort. High school principals strongly support this model as important to promoting safety because they expect that more students will return to in-person learning than indicated in the results of the ongoing survey of student intent. Principals also said a hybrid model will increase safety for students and staff due to the smaller classroom sizes in older buildings and larger number of transitions between classes. Speaking with county health officials further confirmed that this would be a beneficial arrangement for high schools while the county remains in the orange risk level, recommending that our older students return to full day on-campus learning last. This will allow schools to build strong routines for safety and slowly add more time for on-campus learning as health conditions improve.

Elementary and middle schools were also considered for this model if the number of students intending to return to campus was larger than the campus space available for social distancing. Since we know this is a greater disruption for families with younger students, every attempt was made to find additional space. After careful study of enrollment, campus capacity, portables and additional spaces, only one elementary campus also requires a hybrid model at this time.

This decision, like all hybrid decisions, will be reviewed at the end of each nine-week period to determine when we can shift to five-day-a-week on-campus learning for all schools.

The results of the survey of student intent were used as one of the factors to propose a hybrid learning model. To see the results of the survey available at this time, go to Dallas ISD website.

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- Seek input from parents

from elementary schools for the hybrid model Sept. 21 and 22.

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Send a new survey to families of the affected schools on Wednesday, Sept. 23, offering three options: distance learning, campus hybrid, or transfer for five-days-a-week on-campus instruction.

Implement phase-in start of school with PK, kindergarten, and sixth grade returning Sept. 28; ninth graders return in hybrid model, while students in specialized special education classes remain five days a week.

All other on-campus learners return Oct. 5.

Notify parents of the final high school schedule for on-campus learning by the end of the week, Friday Sept. 25, 2020.

Continued Losers Page 3




Every Donation Counts and Provides Healthy Meals to Seniors



The Chocolate Mint Foundation Senior Meal Program provides nutritious meals to seniors 60 years or older through a congregated meal service and door to door home delivery. The seniors in the Senior Meal program are provided at least one (1) meal five (5) days a week. All meals are certified by a registered dietician. We offer two meals services to ensure that our seniors do not go hungry. The Congregated meal service seeks to reduce food insecurity, increases nutritional intake and promotes socialization and healthy living to mobile seniors. The Door to Door Home delivery seeks to reduce food insecurity, increase nutritional intake and promote independent living to home bound, disabled seniors and veterans who are not able to easily access food. Our caring volunteers prepare and deliver more than 1040 meals each month.

During COVID-19, we have experience a 62 percent increase in services. Will you make an urgent gift of \$10, \$20, \$50 or more today so that we can continue serving Southern Dallas County? Every dollar and every day counts. Your gift today assures families have food for today - and tomorrow.



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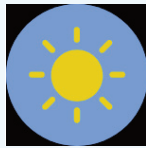
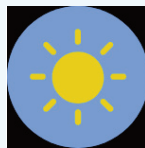
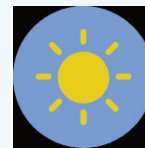
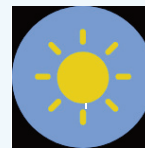
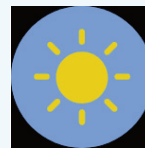

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SPORTS/NEWS PAGE

7 Day Weather Forecast for DFW

Thursday, September 24	Friday, September 25	Saturday, September 26	Sunday, September 27	Monday, September 28	Tuesday, September 29	Wednesday, September 30
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‘Match made in heaven’: Deion Sanders to coach Jackson State



Deion Sanders smiles as he is introduced as Jackson State's head football coach at the Lee E. Williams Athletics and Assembly Center at Jackson State University in Jackson, Miss., Monday, Sept. 21, 2020. (Eric Shelton/The Clarion-Ledger via AP)

JACKSON, Miss. (AP) — Deion Sanders wiped away tears of joy and passion before speaking. Jackson State's new football coach then stated "I believe" many times about what he envisions happening on and off the field.

"I have a commitment to excellence in each and every thing I do," the Hall of Fame cornerback said during his introduction as the Tigers' 21st head coach, a number also significant because of his jersey number and Monday's date.

"We're going to win. We're going to look good while we win, and we're going to have a good time while we win." Sanders' introduction followed his announcement Sunday night on the first episode of the "21st & Prime" podcast with Jamie

Dukes on Barstool Sports. The player known as "Prime Time" added: "Isn't this the time? Isn't this the moment? Isn't this what's needed? It's a match made in heaven." Currently the offensive coordinator at Trinity Christian School-Cedar Hill in Texas, Sanders is taking his first head coaching job. "I've been offered pro jobs," Sanders added, "so people know I could be an assistant in any college." The Southwestern Athletic Conference school introduced Sanders with the trademark pomp of a historically Black university. Its marching band led a police-escorted motorcade into an arena with a boisterous yet socially distanced audience. "Coach Prime" later opened a blue blazer lined with the JSU logo to much applause. Acting Jackson State

President Thomas Hudson called the hiring "the grace of God" and cited the school's football history in landing Sanders. "These things just come together," Hudson added, crediting athletic director Ashley Robinson and alumni. "We're just so very fortunate to really be in this space and have a man like this joining us." In a statement, Robinson said, "We expect to compete for and win championships at Jackson State, and Coach Sanders will help us achieve those goals." Sanders replaces John Hendrick, whose contract was not renewed this summer after going 6-9 and 5-5 in SWAC play. Sanders will begin coaching this spring after the SWAC postponed fall sports because of the COVID-19 pandemic. The Tigers plan to begin an eight-game schedule in February.

He takes over a Tigers program that has produced fellow Hall of Famers such as Walter Payton, Lem Barney, Jackie Slater and Robert Brazile. Sanders was a two-time All-American at Florida State before a standout NFL career with five teams including the San Francisco 49ers and Dallas Cowboys, winning a Super Bowl with each. He also earned eight Pro Bowl and nine first-team All-Pro selections during a career in which he also returned kicks and punts and played wide receiver. He was inducted into the Pro Football Hall of Fame in 2011. Sanders also played nine seasons with four clubs in Major League Baseball, appearing in the 1992 World Series with the Atlanta Braves. Sanders has also worked as an analyst for NFL Network and CBS Sports.

Permenter Teacher Shows Technology Expertise During COVID-19 Pandemic



CEDAR HILL, TX) Tamara Williams' original plan was to become a computer applications teacher. She thoroughly enjoys teaching English at Permenter Middle School, but the skills that she learned as a computer educator have been very helpful in the age of online Flex Learning. Earlier this month, Williams was on the phone with a parent for two hours, working to resolve technology issues related to Flex Learning. "I'm dedicated to my job, and I'm always going to do that," Williams said. "I've always been tech-savvy. The fact that I am a parent (of two daughters) has helped me connect

with parents." Williams, who grew up in Dallas and Tyler, graduated from Texas Woman's University in Denton with a Business Administration degree and a minor in English. Although she was always interested in becoming an educator, she chose the corporate route after college, working in customer service and account management. While Williams liked those jobs, she always felt something was missing. She began as a substitute teacher in Fort Worth, but it was a long commute from the Dallas area. Soon, she became a long term substitute at Permenter, teaching computer applications. Toward the end of the school year, Williams learned that the campus needed a sixth grade English Language Arts (ELAR) teacher. She quickly became certified to teach English and has been happy with the decision.

"I found myself falling in love with ELAR," Williams said. "I still have a lot to learn but I have a very good supportive team. If I have a question, people answer it, and we work together on a lot of things. I love my school." Williams said navigating Flex Learning has had its challenges, but she credits the scholars with their willingness to learn. Many scholars are showing up for the online tutoring sessions. "We are finding ways to motivate them remotely," Williams said.



I CAN'T STAY HOME BUT I CAN STAY SAFE

The best way to prevent the spread of COVID-19 is to stay home. But not everyone can do that. Some of us have to go to work to provide for our families. Take these steps so that you don't bring COVID-19 home. Do it for your family so they stay healthy too.

How to stay safe when running essential errands:

- Stay home if sick.
- Use online or home-delivery services when available.
- Wear a cloth face covering when running errands.
- Practice social distancing (stay at least 6 feet away from others).
- Use hand sanitizer after leaving stores or banks.
- Wash your hands with soap and water for at least 20 seconds when you get home.
- Make a shopping list to shop efficiently.

Picking up medications during COVID-19

While social distancing is key to preventing the spread of COVID-19, it's also important to continue receiving medications for chronic conditions to make sure those conditions are well maintained. Follow these tips when picking up the prescriptions and over-the-counter medication you need to and feel better.

- Limit in-person visits to the pharmacy. Use drive-thru windows, curbside services (wait in your car until the prescription is ready), mail order, or other delivery services. Do the same for pet medicine.
- Plan to order and pick up all your prescriptions at the same time.
- If possible, call prescription orders in ahead of time.
- Check with your doctor and pharmacist to see if you can get a larger supply of your medicines so you do not have to visit the pharmacy as often.

For more info, visit parklandhospital.com/covidisreal.

If you have sports information that you would like placed in the DALLAS POST TRIBUNE Sports Section e-mail us at: production@dallasposttrib.net



BIDEN HARRIS
BUILD BACK BETTER
JOBS AND ECONOMIC RECOVERY AGENDA

Joe Biden believes we cannot build back better without a major mobilization of effort and resources to advance racial equity across the American economy

- ✓ Ensure all small business relief efforts are specifically designed to aid businesses owned by Black and Brown people.
- ✓ Spur more than \$150 billion in additional public-private venture capital and non-profit lending programs to minority-owned small businesses.
- ✓ Reform Opportunity Zones to Fulfill Their Promise.
- ✓ Ensure his housing plan makes bold investments in homeownership and access to affordable housing for minority families.
- ✓ Boost retirement security and financial wealth for minority families.

Visit joebiden.com/racial-economic-equity to learn more

PAID FOR BY BIDEN FOR PRESIDENT

HOW TO VOTE

2020 US general election
 State
 Texas

Election Day is Tuesday, November 3, 2020. Texas offers absentee ballots by mail to voters who will be unable to vote in person. All other voters are expected to vote in person. Texas offers early voting.

Vote in person

Vote on Election Day
 Voters registered in Texas can look up where to vote on Texas's site.

Vote early
 Texas voters can also vote before Election Day. The early voting period runs from Tuesday, October 13, 2020 to Friday, October 30, 2020, but dates and hours may vary based on where you live.

What to bring
 You will be asked to show photo ID to vote in Texas. Acceptable forms include: Texas driver's license issued by the Texas Department of Public Safety (DPS); Texas election ID certificate; Texas personal ID card; Texas handgun license; US military ID with photo; US citizenship certificate with photograph (doesn't need to be current); or a US passport. Forms must be current or expired less than four years. For voters aged 70 or older, the acceptable form of photo identification may be expired for any length of time if the identification is otherwise valid.
 Voters without ID: If you don't have ID and cannot obtain one due to a reasonable impediment, you'll need to sign a sworn statement that there is a reason why you don't have any of the accepted IDs, and present one of the following: certified birth certificate; valid voter registration certificate; or a current utility bill, government check, bank statement or paycheck, or government document with your name and an address. If you meet these requirements and are eligible to vote, you may vote in the election.
 If you don't have ID and do not have a reasonable impediment to obtaining one or did not bring ID to the polling place, you may cast a provisional ballot. In order to have the provisional ballot counted, you will be required to visit the voter registrar's office within six (6) calendar days of the date of the election to either present one of the forms of photo ID or submit a temporary affidavit, or, if applicable, qualify for the disability exemption, in the presence of the county voter registrar while attesting to the fact that you do not have any of the required photo IDs.

SOULS TO THE POLLS

Join Souls to the Polls
 Make Sure the Voices of Our Community are Heard!

What is Souls to the Polls?
 Souls to the Polls is a voter turnout initiative that encourages organization members and supporters to meet at designated locations and caravan together to a local polling site. This exciting event will join culture, unity and service in a single URGENT activity. Participants will have fun decorating their cars with signs saying "Get Out and Vote," "Your Vote Counts" and "Rock the Vote" and riding through communities parade style to encourage people to make voting a priority.

Why is this necessary?
 The struggle for equal voting rights dates to the earliest days of U.S. history. Now, after a period of bipartisan efforts to expand enfranchisement, Americans once again face new obstacles to voting. Souls to the Polls was created to ensure that disenfranchised communities, specifically communities of color, have their voices heard.

Why now?
 Because of the ongoing pandemic and continued efforts to suppress the votes of minority communities, waiting until Election Day is not wise. The sooner we get out and vote – the better! Souls to the Polls matters now more than ever!

What now?
 Super Sunday early voting dates are Oct. 18, 2020, and Oct. 25, 2020, and Souls to the Polls will be from 1-5 p.m. If your organization would like to participate, complete the Eventbrite registration form below.

Who should participate?
 The entire community is welcome to mobilize a caravan to the polls! Suggestions are: churches, community organizations, businesses, sororities, fraternities, car clubs, jeep clubs, trail-riding clubs, motorcycle clubs, residential communities, barbers & clients, hair stylists & clients, high school groups, college groups, and more!

Eventbrite Registration Form: <https://bit.ly/2G9MVTE>, and we will contact you with the necessary details.

Register for Souls to the Polls to participate in our democracy where your vote is your voice!

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