

"Life is one big road with lots of signs. So, when you riding through the ruts, don't complicate your mind. Flee from hate, mischief and jealousy. Don't bury your thoughts, put your vision to reality. Wake Up and Live!" - Bob Marley



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VOLUME 69 NUMBER 23

SERVING THE BLACK COMMUNITY WITHOUT FEAR OR FAVOR SINCE 1947

March 9 - 15, 2017

50¢

A Different Experience at David W. Carter High School



David W. Carter High School's librarian, Mrs. Warren Lewis, wanted to present a different experience for Black History Month. This year, she embellished the décor with black figurines and books in the display window for those who pass by; however, once you entered in, the library has become a transformation of Black Greek life displayed. The windows that normally cover the length of the library have been a representation of the Divine Nine from faculty and staff members from Carter High School with the exception of Iota Phi Theta Fraternity. Additional support was given by Cynthia Butler-Carter, Bryon Temple, and Jonathan Lewis.

The histories of these organizations date back as far as the early 1900s. This presentation allowed students to admire and expand inquiries of the organizations. Through the use of displays in the media center, Carter was able to promote college readiness and stimulation to the minds of the student body. Although some were disappointed when they were denied to wear the paraphernalia, it opened the discussion of Black Greek life history and legacy. The Carter Nation enjoyed the preparations and competitions of displays which will encourage a greater response for next year.

Verizon Invested More Than \$160 Million In Tech Programs For Underserved Communities For Five Years

February 23, 2017, Verizon kicks-off #weneedmore, a national campaign to call attention to the millions of students across the U.S., especially those from underserved communities, who lack technology in schools and exposure to careers in the science and technology sector. #weneedmore is driven by a rallying cry that 'we need more' kids, starting in middle school, to receive technology tools, resources and instruction so that they can compete for jobs of tomorrow. As of today, there are over 4 million jobs in science, technology engineering and math fields. Verizon's efforts build on five years and more than \$160 million invested in building and sustaining programs across the country that provide free technology, access and immersive, hands-on learning to students and teachers, particularly in underserved and minority communities.

"I've met hundreds of kids across the country who want to create a better future for themselves, but many don't know the first step in acquiring the science and technology skills they need to compete in a digital economy," said Rose Kirk, Chief Corporate Social Responsibility Officer, Verizon. "We want people everywhere to participate in 'weneedmore' to show these kids that we're behind them and give them an equal shot at success."

The #weneedmore campaign is powered by a vibrant content hub (weneedmore.com), along with a yearlong series of events and social activations to spur campaign engagement. The online hub is a destination where students, parents and teachers can view, share and interact with content designed to spark students' curiosity and interest in science and technology. Additionally, select Verizon retail stores will offer opportunities for students to gain hands-on experience in virtual reality, 3-D printing and robotics from experts.

For more information about #weneedmore please visit [https://www.weneedmore.com/](http://www.weneedmore.com/).

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Mrs. Ruth Holly, Celebrating 100 Years of Life!



Mrs. Ruth Mims Holly

Mrs. Ruth Mims Holly was born March 4, 1917, in the Yard community of Tennessee Colony, Texas. Her parents were Dennis and Pearl Casel Mims. Ruth was one of three siblings; a brother, Curtis Mims and a sister, Ruby Mims Morgan both deceased.

Ruth married Charlie "Jack" Holly, January 26, 1938, and lived in the Bethel Community where they raised seven children and a granddaughter. The couple lost their oldest son (PFC Charlie D. Holly) in the Vietnam War in 1966.

Ruth was a housewife...busy raising her children and laboring with her husband on their farm. Ruth worked as a cafeteria cook in the segregated Bethel Public School. Later, as her family expanded, she chose to be a full time housewife. Ruth's culinary skills were impeccable, she loved baking; especially, those homemade teacakes that many today still crave and request. Quilting was her most enjoyable hobby which she takes pride in knowing that her children and grandchildren treasure her heirloom.

Ruth is a longtime member of the historic New Hope Baptist Church in Tennessee Colony, where she has remained for 79 years. She has served as usher, deaconess, and "Mother of the Church" which is an honor bestowed to one of the oldest members.

Ruth is a very humble person. She never meets a stranger and meets all with a smile. Many who meet her for the first time instantly fall in love with her. She loves watching; Steve Harvey, The Price is Right, Wheel of Fortune and occasionally, watching the Dallas Cowboys. She also enjoys all types of music; her favorites being gospel and western. When asked how she is doing, her reply is: "I'm Holding On"...which will be the theme for her 100th Birthday Celebration Saturday, March 11th (her late husband's birthday) in Waco, Texas.

Ruth often said that she never thought she would live to be her age. Her most exciting memory is living long enough to see the first African-American President of the United States. Each year, Ruth received a birthday card signed by POTUS and FLOTUS, Barack and Michelle Obama, during their 8 years tenure in the White House.

Ruth has; 7 children, 8 grandchildren, 7 great-grandchildren, and 2 great-great grandchildren. She also has a surviving aunt, Beatrice Johnson, who is 107 years old and resides in Oklahoma City, OK.

Happy 100th Birthday, Mrs. Ruth Holly!

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AVAILABLE ONLINE



BLACK HOLLYWOOD WINS BIG AT OSCARS

INSPIRATION FOR THE WEEK

F "NEVER MAKE SOMEONE A PRIORITY WHEN ALL YOU ARE TO THEM IS AN OPTION."

Maya Angelou

SCRIPTURE OF THE WEEK

BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS

Gal 5:22



Recognizing #BLACK EXCELLENCE for 70 years



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- 2) We reserve the right to refuse any advertisement or cancel any advertisement contract.
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The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every person, regardless of race, color or creed, full human and legal rights. Hating no person, fearing no person, the Black Press strives to help every person in the firm belief that all are hurt as long as anyone is held back.

EDITORIAL PAGE

"A TREMENDOUS PSALM OF HOMAGE TO THE LORD"**PSALM 115:1-18**Rev. Johnny C. Smith
Editorial Columnist

Although the author is unknown, many scholars advance that this psalm was written by a writer who was celebrating the remnant's return to Jerusalem as a result of being in Babylonian captivity for seventy years. Also, this psalm is among the Hallel section of Psalms (Psalms 113-118). The Hallel psalms were said to be sung at the beginning and the close of the Passover.

In verses 1-2, the psalmist was careful to render praise to God's name, even for the Lord's love and faithfulness as clearly stated in verse 1 - "Not unto us, O LORD, not unto us, but unto thy name give glory, for thy mercy, and for thy truth's sake." The psalmist

acknowledges the greatness of the Lord's name, despite the taunting of verse 2, which says: "Wherefore should the heathen say, Where is now their God?" In contrast with the taunting of the idolaters of verse 2, the psalmist declares in verses 3-8 that our God is superior to their idols. He is sovereign because He is in heaven and He does whatever He purposes. In contrast to our sovereign God, idols are the production of men's hands. The heathen even made idols with sense organs but the gods cannot even utilize them (vv. 5-6). They even made gods with hands, feet and a mouth but they are no help to them (v. 7). Also they make gods or idols that they

trust in, but it is to no avail (v. 8).

In verses 9-11, the psalmist encourages Israel to trust in the Lord and not worthless idols. Those in Israel should trust in the Lord, for He alone is their Helper. In reading this magnificent psalm, we need to be encouraged to place our trust in the Lord, even when our way looks dreadful, for the psalmist said in Psalm 121:1-5: "I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the LORD, which made heaven and earth. He will not suffer thy foot to be moved: He that keepeth thee will not slumber. Behold, He that keepeth Israel shall neither slumber nor sleep. The LORD

is thy keeper: the LORD is thy shade upon thy right hand."

In verses 12-18, the psalmist exhorts the people to praise the Lord and then he acknowledges God's blessings on them. He encourages them in verses 12-13 by saying "The LORD hath been mindful of us: He will bless us; He will bless the house of Israel; He will bless the house of Aaron. He will bless them that fear the LORD, both small and great." He concludes this remarkable psalm by extolling our sovereign God. This psalm concludes with the expression, "Praise the Lord."

May God Bless!

Parkland occupational therapists help patients regain independence

When Aju Thomas first meets patients, he often has to make it clear that he's not trying to find them a job or teach them new work skills.

As an occupational therapist at Parkland Memorial Hospital, Thomas is among those who work in collaboration with other healthcare specialties to help individuals recover from severe illness or injury so that they are not only well enough to leave the hospital, but also ready to resume as much of their previous independence and life as possible.

"It's about helping people regain the ability to go about their daily lives, from brushing their teeth to cooking a meal, making the bed or going to the restroom," Thomas said. "Whatever they need, we help them get there."

Caleb Titus, 21, of Wichita Falls, credits Parkland occupational therapists with helping him begin to put his life back together after a severe spinal cord injury. Titus said he was driving on a remote road the night of Feb. 7 when he swerved to avoid an animal that darted in front of him. His car rolled over, crashed through a barbed wire fence and landed in a field. He lay there for seven hours before someone found him.

Brought to Parkland Memorial Hospital for treatment, he is now in a wheelchair and trying to walk again, but he knows that may not be possible.

"When this first happened, I thought I was going to have to spend the rest of my life in bed," Titus said. "But I've made a lot of progress, more than they thought I would. We've been working hard to get me to do things like getting dressed and transferring into and out of bed. Today was the first day I was able to take a shower since I've been here."

Titus said the progress he has made has

helped him deal with what happened to him. He expects to eventually return to his job at a call center.

"When I get back home everything will be the same, but it will not be the same," he said.

Joanna Brown, Manager of Parkland's Physical Medicine and Rehabilitation Department (PM&R), said, "Everything we do is patient-centered. Many of our patients are with us for a long time, so it's important for them to be able to return to their normal lives when discharged."

And, Brown stressed that when it comes to the rehabilitation of a patient, it can often involve all three therapy disciplines working together – speech, physical and occupational.

Thomas explained that speech therapy helps patients who have speech or communication disorders, as well as those who are dealing with head and neck cancers. He also discussed the difference between physical therapy and occupational therapy, explaining physical therapy focuses on being able to do specific movements, while occupational therapy concentrates on how to do tasks.

"Physical therapy is about learning how to get from point A to point B. Occupational therapy is about learning what to do once you get to point B," Thomas said.

At Parkland, in addition to more traditional equipment such as exercise machines and weights, patients often learn how to do everyday tasks in specially designed Activities of Daily Living (ADL) facilities, which are "real life" mock ups of spaces found at home, such as a kitchen, bathroom, laundry or bedroom. They learn to use household equipment, cook, take a bath or shower, or put away their clothes.

Some of the equipment and supplies have been purchased thanks to the generosity of the Junior Charity League of Dallas. Since 1970, the organization has donated more than \$2 million to help buy needed equipment and therapy items for Parkland's PM&R department.

"These funds are helping us improve the lives of our patients," said Jenni Burnes, Clinical Support Services administrator for PM&R at Parkland. In 2016, the department provided services for more than 120,000 patient visits in both inpatient and outpatient settings, while Occupational Therapy had 7,895 referrals of inpatient services and 5,473 for outpatient.

For Thomas, helping patients is the most satisfying aspect of his job. And he appreciates the benefits of working in a collaborative environment, he says, because if he doesn't have a solution for a patient, "there are 20-plus other occupational therapists I can turn to help solve the problem."

Thomas said he finds fulfillment in helping patients gain a measure of independence.

"Most of us take for granted that we're able to wake up every morning and manage our daily tasks on our own," he said. "But if you experience a severe illness or injury you may not be able to do that without some help. I became an occupational therapist to help patients gain that independence."

For more information about services available at Parkland, visit www.parklandhospital.com. For information about donating to Parkland's PM&R department, go to www.istandforparkland.org/donate.

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Choice Hotels International Brings Cambria hotels to Southlake, Texas

Choice Hotels International, Inc. (NYSE: CHH), one of the world's largest hotel companies, joined Fillmore Capital Partners and developer Fillmore Hospitality to open the new Cambria Southlake DFW North in Southlake, Texas today.

Located at 2104 E State Hwy 114, the 175-room Cambria Southlake DFW North is part of Kimball Park, a development minutes from the Dallas/Fort Worth International Airport. The hotel is also steps away from Southlake Town Square, a unique open-air lifestyle shopping district with more than 120 shops and dozens of fine restaurants in the Dallas-Fort Worth Metroplex.

To commemorate the opening, brand representatives and guests celebrated with a ribbon cutting and local craft wine, beer and bourbon, as well as a taste of Southern cooking. Guests also shopped at the Kendra Scott Give Back Trunk Show and participated in two Texas Hold'em games, both benefiting the Southlake Women's Club Foundation. Featured speakers included Choice Hotels President and COO Pat Pacionis; Choice Hotels Senior Vice President of Upscale Brands Janis Cannon; and Fillmore Capital

Partners President and CEO Ron Silva, who all discussed the impact of this new hotel and appeal to business and leisure travelers.

"In an area with so much new development, Southlake is an ideal next stop for the Cambria brand," said Pat Pacionis. "We are thrilled to open our second property in Texas as part of Cambria's rapid expansion of upscale offerings well suited for the needs of business and leisure travelers."

Like all Cambria hotels, the property will feature contemporary specialty dining from Social Circle, serving a menu comprised of local specialties; liquor, wine, and local craft beers, as well as freshly prepared grab-and-go gourmet salads and sandwiches; and a barista bar. The hotel also features a state of the art fitness center and an outdoor area with cabanas and a fire pit. In addition, the hotel boasts more than 5,000 square feet of flexible meeting space and complimentary shuttle service to Southlake Town Square, as well as other select destinations. The property is equipped with 55" smart televisions in every room for unlimited

streaming and a guest texting platform that allows guests to communicate with the hotel staff quickly and easily.

Cambria again partnered with Fillmore Hospitality, a management company that provides a full spectrum of development, investment and property management services to owners of hotels and resorts throughout North America.

"We could not be more excited to add another property to the Cambria portfolio," said Ron Silva. "The Southlake property comes on the heels of our successful conversion project of Cambria Chicago Magnificent Mile, and we're poised to help the brand expand to Los Angeles, New Orleans, and Nashville."

Cambria hotels are designed to provide a unique and distinctive experience with the services and amenities that travelers demand, including chic décor, flexible spaces for meeting or socializing, stunning standard rooms that feel like an upgrade, and of course, free WiFi, allowing guests to stay fully connected while they travel.

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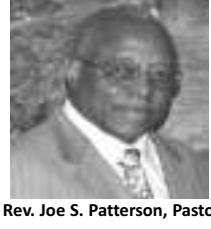
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Greater New Zion Baptist Church

2210 Pine Street, Dallas, TX 75215
P. 214-421-4119 Email: gnz2210@sbcglobal.net



Services

Bible Study
Tuesdays @ 11:00 a.m.
Wednesdays @ 7:00 p.m.

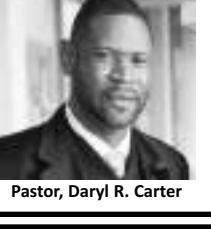
Sunday School - 9:30 a.m.
Worship Service 11:00 a.m.

Rev. Joe S. Patterson, Pastor

Carver Heights Baptist Church

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P. 214-371-2024



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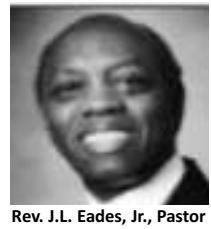
Church School - 9:00 a.m.
Sunday Worship Services - 7:30 & 10:30 a.m.
Mid-Week Revival Services - 7:00 p.m.

Visit us @ www.greatercornerstone.org
"A Good Understanding Wins Favor" Prov. 13:15

Greater Providence Baptist Church

5300 Marvin D. Love Freeway, Dallas, TX 75232

P. 214-339-5800



Schedule of Services

Sunday School - 9:00 a.m.
Sunday Morning Worship - 10:30 a.m.
Wednesday Prayer Meeting - 7:00 p.m.
Brotherhood (1st & 3rd Wed.) - 8:00 p.m.
Senior Mission (1st & 3rd Wed.) - 8:00 p.m.
Adult & Youth Bible Study (Fri.) - 7:00 p.m.

Friendship-West Baptist Church

"Making Disciples To Make A Difference"

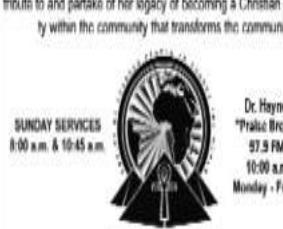
Matthew 28:19-20

Dr. Frederick D. Haynes, III - Senior Pastor



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The vision of Friendship-West must be shared by all those who contribute to and partake of her legacy of becoming a Christian community within the community that transforms the community.



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11:00 a.m.
Monday - Friday

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Fax 972-238-5201

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P. 214-428-3797

Website: www.sibcdallas.com



Rev. Todd M. Atkins, Pastor
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Morning Worship - 11:00 a.m.
Wednesday Bible Study - 7:00 p.m.

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www.ibocchurch.org

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7:30 a.m. & 11:00 a.m.

Monday School
(Bible Study)
7 p.m.

Men's Fellowship
Friday
8 p.m.
Women's Fellowship
1st Sunday
4 p.m.



Church Motto:
"To Know Christ, To Grow In
Christ and to Share The Gospel
Of Jesus Christ with Others"



Dr. Ronald Jones, Senior Pastor
New Hope Baptist Church
(Founded 1873)
5002 S. Central Expressway
Dallas, Texas 75215
214.421.5296
Fax 214.421.1531
Website:
NewHopeBapt-Dallas.org
Email:
1newhope4all@sbcglobal.net

Sunday School 9:30 AM
Morning Worship 10:45 AM
Wednesday Midday Bible
Study 12:00 Noon
Wednesday Mid Week Bible
Study 6:00 PM

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5th Sunday, Combined Worship:
10:00 am
Word Out Wednesday Bible Study
12:00 Noon & 7:00 pm

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Rev. Dr. C.J.R. Phillips, Jr.

Email Address:
stphillipsmbc@att.net

Schedule of Activities

Sunday
Early Morning Worship- 8 AM
Church School- 9 AM
Morning Worship- 10 AM

Wednesday
Prayer Service - 7:00 p.m.
Bible Class - 7:30 p.m.
THURSDAY
Bible Class - 11:00 a.m.

SUNDAY
Early Morning Worship
8:00 a.m.
Bible Class
9:45 a.m.
Morning Worship
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Evening Worship
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8:00 a.m.
Bible Class
9:45 a.m.
Morning Worship
10:45 a.m.
Evening Worship
6:00 p.m.
WEDNESDAY
Prayer Service - 7:00 p.m.
Bible Class - 7:30 p.m.
THURSDAY
Bible Class - 11:00 a.m.

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WEDNESDAY</b



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Rev. Curtis Anderson
Mrs. Sheila Bailey
Mrs. Mary Batts
Mr. Marshall Batts
The Baylock Family
Mr. Jimmy Bell
Ms. Evelyn Blackshear
Mr. Marcus Bolden
Mrs. Gwen Brewer
Mr. Otis Brooks
Ms. Christine Brown
Mr. & Mrs. Robert Brown
Mrs. Emma Calahan
Ms. Adrienne D. Carr
Mrs. Alavastine Carr
Mr. & Mrs. James Carr & Kids
F. Cox
Mr. Terry & Mrs. RueNette

Chambers & Families
Camp Wisdom Church Family
Mrs. Anita Clay
Mr. L.C. Coleman
Theodora Conyers Family
B. Darden
Mr. & Mrs. Eli Davis
Mrs. Betty Davis
Ms. Sonya Day
Mrs. Betty Denning
Mrs. Ann Edwards
Bro. Micheal Erby
Mr. Nathan Faniel
Ms. Joan Fowler
Mrs. Emma Greene
Mr. Robert Greene
Able Gomez
Mrs. Dorothy Love-Griffin
Mrs. Katie Hall
Mrs. Ruth Harris
Mr. Sam Henry

Mr. & Mrs. Lupe Hernandez
Mrs. Alma Hunstberry
Donna Hunt Family
Mrs. Joan Fowler & Family
Mrs. E.D. Jackson
Mr. Fred Jackson
Mrs. Ruth Jackson
Ms. Jean Johnson
Mrs. Opal Jones' Family
Kennedy Family
Mr. Alexis Lacy
Mrs. Dorothy Lee
Mr. Melvin Lee
Mrs. Joyce Lester
Mrs. Patricia Matthews
Mr. Robert McClure
Mr. James McClure
Mrs. Priscilla McGaughay
Mrs. Dorothy Love-Griffin
Mrs. Katie Hall
Mrs. Ruth Harris
Mr. Sam Henry

Mr. & Mrs. Lupe Hernandez
Mrs. Alma Hunstberry
Donna Hunt Family
Mrs. Joan Fowler & Family
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Mrs. Joyce Lester
Mrs. Patricia Matthews
Mr. Robert McClure
Mr. James McClure
Mrs. Priscilla McGaughay
Mrs. Dorothy Love-Griffin
Mrs. Katie Hall
Mrs. Ruth Harris
Mr. Sam Henry

Ms. Destiny K. Morgan
Mr. Cornell Neally
Ms. Dana Norris
Our Military Service Personnel
President Barack Obama
Sis. Jewel Perri
Mr. Jimmie Lee Pritchett
Mrs. A. Polk
Ms. Carrenna Polk
Rev. & Mrs. Homer Reagan
Dr. Maxine Reese
Mrs. Ruth Robinson
D.C. Rousseau
Mrs. Odetta Rousseau
Mr. Jose (Joe) Sandoval
Mrs. Joyce Stanifer & Lee Family
Mrs. Standford
Mr. Artist Thornton
Mrs. Ruby Arterbrey Thompson
Bro. Willie Tucker
Mr. Arthur Turner

Rev. S.T. Tuston, Jr.
Mr. Michael Vick
Mrs. Peggy Walker-Brown
Mr. Waylon Wallace
Mrs. Loyce Ward
Mrs. Claudia Washington
Mrs. S.W. Washington
Mrs. Mytris Jones-Watkins
Mr. & Mrs. Weatherman
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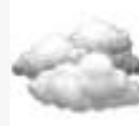


SPORTS PAGE



7 Day Weather Forecast for DFW

Thursday, March 9



H-79°

L-63°

Friday, March 10



H-77°

L-60°

Saturday, March 11



H-75°

L-43°

Sunday, March 12



H-60°

L-45°

Monday, March 13



H-67°

L-47°

Tuesday, March 14



H-66°

L-49°

Wednesday, March 15



H-67°

L-53°

DART Makes Plans for St. Patrick's Day Events

(AP) — Dallas Area Rapid Transit (DART) is teaming up again with Uber, Lyft and Mothers Against Drunk Driving (MADD) to make your Saturday, Mar. 11, St. Patrick's Day celebrations for the largest parade in the Southwest and 22nd annual St. Paddy's Day Dash Down Greenville 5K easy and safe.

DART will be adding service with Red and Orange Line trains from Plano operating between 6 a.m. to 11 p.m. to Mockingbird, Lovers Lane or Park Lane stations. From Carrollton, Farmers Branch and Dallas customers can ride the Green Line and transfer to either the Orange or Red Line in downtown Dallas. Passengers riding the TRE can transfer to the Orange or special event Red Line trains at Victory Station.

Anyone looking for a ride to a public transit facility can use car sharing services like Uber and Lyft. Uber is offering \$10 off the first two rides and Lyft is offering \$5 off your first five.

MADD warns that St. Patrick's is one of the deadliest holidays for drunk driving. Using DART, Uber and Lyft to give parade and partygoers a safe and reliable door-to-door alternative to driving themselves could prevent accidents and save lives.

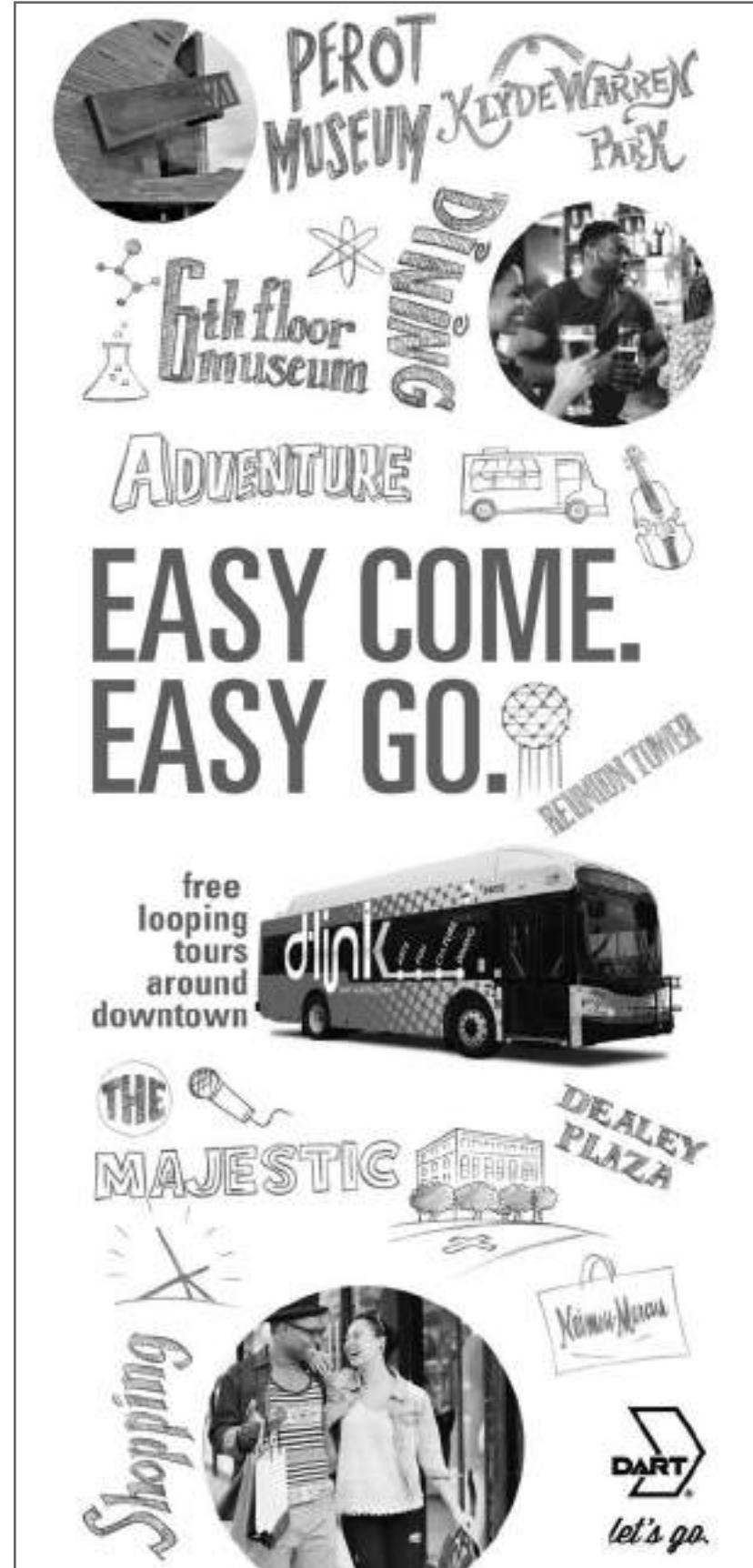
Passengers who normally use Routes 502 and 583 at Lovers Lane Station will be unable to do so for much of the day Saturday. Both routes will be detoured from Lovers Lane to serve Mockingbird Station until approximately 6 p.m. or whenever Greenville is re-opened to traffic. Route 502 will continue to serve Park Lane Station. Red and Orange Line trains to Lovers Lane will not be interrupted during the parade.

A Local Day Pass is the best value at only \$5 for bus or light-rail and can be purchased by cash or credit card at ticket vending machines located at all DART stations. Save time and buy your passes in advance by using the GoPassSM mobile ticketing application for Android and Apple smartphones available free through Google Play or the App Store. Be sure to activate your pass on parade day before you board your bus or train.

Additional details concerning service adjustments for March 11 can be found at DART.org/StPatricksParade or by calling DART Customer Information at 214-979-1111.

If you have sports information that you would like placed in the DALLAS POST TRIBUNE

Sports Section e-mail us at: production@dallasposttrib.net



NOWITZKI

(AP) - Dirk Nowitzki ducked his head into a mob of teammates, with Dallas owner Mark Cuban clutching the side of his jersey before the Mavericks superstar found coach Rick Carlisle for a hug.

The celebration of 30,000 points came a lot faster than most would have imagined - except maybe the man who has watched from the bench for nine of Nowitzki's 19 seasons.

"Watching Dirk the last couple of days, there was no doubt this was going to happen tonight," Carlisle said.

Nowitzki scored the 20 points he needed for 30,000 in barely more than a quarter despite coming in with just five 20-point games this season, and the Mavericks celebrated with their second straight easy home win over the Los Angeles Lakers, a 122-111 victory Tuesday night.

The 7-foot German became the sixth NBA player and the first international one to reach the milestone, joining four Hall of Famers and a future one in Kobe Bryant. Nowitzki is one of three to score all 30,000-plus with one team. The others are Karl Malone (Utah) and Bryant (Lakers).

Nowitzki scored Dallas' first eight points in slightly more than two minutes, matched the best first quarter of his career with 18 points and reached the hallowed mark

on a 15-foot fadeaway jumper from the baseline over Larry Nance Jr. with 10:58 remaining in the second quarter.

The 38-year-old scored all of his 25 points - one shy of his season high - in the first half to send the Mavericks on their way to a 31-point lead in the third quarter.

"I made the first one and it was a 2, and then I made the first 3 and thought, 'Why not?'" said Nowitzki, who made his first six shots and had 11 rebounds in 24 minutes. "I threw another one up and it went in, and then the next three came right after that and I was just trying to ride it from there."

Dallas extended a franchise record with its 14th straight win over the Lakers, who got 13 points, 18 rebounds and 10 assists from Julius Randle in their eighth straight loss.

"I was a Kobe fan," said Randle, who grew up in the Dallas area. "I hated Dirk growing up. As I got older and wiser, obviously, I was really able to appreciate his greatness."

After the signature shot for 30,000, Nowitzki added a 3-pointer for 23 points in the first 14 minutes before the game was stopped as teammates mobbed the wide-smiling star near midcourt.

Nowitzki waded through the huddle to get to the bench for more hugs and hand slaps, then returned to

the court to acknowledge the standing ovation.

The 2007 MVP was 9 of 12 from the field, 3 of 3 from beyond the arc and 4 of 4 on free throws before halftime. He missed his only shot of the second half.

"For me, this was a 13:02 microcosm of one of the greatest careers in the history of this game," Carlisle said. "Meticulous preparation, total commitment, unbelievable competitive spirit and a real flair for the moment."

Nowitzki finished the night at 30,005 points and has said he plans to play a 20th season. If so, he could have a shot at fifth-place Wilt Chamberlain, who has 31,419. Kareem Abdul-Jabbar is the career leader at 38,387.

With his ABA career included, Julius Erving is the seventh player to reach the mark.

Fans arrived with T-shirts draped over their seats that read "30K" behind a silhouette of Nowitzki's signature one-legged fadeaway jumper. And they stood each time the Mavericks brought the ball up the court when Nowitzki was two points away.

While the game was stopped, a short video tribute was played, followed by testimonials from former teammates and fans, even some Germans, during subsequent breaks in the game.

Jason Kidd, the point guard with Nowitzki on Dallas' only



Dallas Mavericks' Devin Harris (34) watches as Dirk Nowitzki (41) of Germany takes a shot that sinks giving Nowitzki his 30,000th career point in the first half of an NBA basketball game against the Los Angeles Lakers in Dallas, Tuesday, March 7, 2017. (AP Photo/Tony Gutierrez)

championship team in 2011 and second in the NBA in career assists, joked that he should have passed more. Steve Nash, his best friend from the early years of his career, wondered what "ball hog" was in German.

The only glitch was Nowitzki's first attempt at 30,000, an airball on another fadeaway jumper 10 seconds into the second quarter.

"Every milestone makes you reflect a little bit," Nowitzki said. "It's been an amazing ride and a couple more baskets are coming and then it's time to ride off into the sunset."

TIP-INS

Lakers: D'Angelo Russell and Jordan Clarkson led LA with 22 points apiece. ... Randle had his third triple-double of the season. ... The Lakers outscored Dallas 37-19 in the fourth quarter.

Mavericks: Seth Curry scored 18 points, followed by Yogi Ferrell with 16, Wesley Matthews with 15 and Harrison Barnes with 14. ... Nerlens Noel had 11 points and 12 rebounds. ... G Quinn Cook had 10 on the last day of his 10-day contract. ... The Mavericks led 70-52 at the half. It was their first 70-point half since scoring 72 in the first half of a 130-128 loss to Houston in Game 3 of a first-round playoff series in 2015.

NOWITZKI NUGGETS
Nowitzki had his 20th career half with at least 25 points. It was his first 25-point half since Nov. 16, 2008. The 18-point quarter was his highest since scoring 20 in the third quarter against New Orleans on Jan. 11, 2014.

QUOTEABLE

"Dirk has been a model player and terrific ambassador for our game. This latest accomplishment further establishes his legacy as one of the NBA's greatest players." - NBA Commissioner Adam Silver.



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Campisi's Serves Up \$1 Meatballs For National Meatball Day - March 9th

Nobody makes meatballs better than Campisi's, so it should come as no surprise that the iconic Dallas restaurant is celebrating National Meatball Day with a delicious special.

On Thursday, March 9, guests are invited to indulge in Campisi's signature meatballs in red sauce for just \$1 each. This delectable offer is available for dine-in only at all locations except Love Field. Limit to five per customer – that's five large, tender meatballs for just \$5!

Don't miss your opportunity to treat your taste buds to this iconic classic. The appetizer special is only available on National Meatball Day, March 9.



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International Women's Day

Dorothy Starks CST: Angel in Surgery



Dr. J. Ester Davis
 Editorial Columnist

Have you ever passed the massive VA Hospital in Dallas and wondered what goes on in there? Did you know we have the 2nd largest VA hospital in the country and growing? The Veterans Administration North Texas Health Care System in Dallas honors American veterans with remarkable health care. The hospital serves 113,000 veterans a year and delivers one million outpatient episodes of care each year to veterans in 38 Texas counties, two in southern Oklahoma. The VA Hospital on Lancaster Road has about 4,700 employees with 1,700 community volunteers. The 850-plus bed system has a renown Spinal Cord Injury Center and a host of other resources too numerous to list. The professionals from around the world are among the best in the world. But one in particular stands above the rest.

Mrs. Dorothy L. Stoker-Starks CST ended her 48 year "angel-in-surgery" reign at the VA Hospital last week the 3rd of March. Her majestic tenure was capped off with an unbelievable retirement party where the love, labor and legacy of Dorothy Starks were hailed with standing ovation. What an apropos entrance into history because this is one unmistakable amazing woman of God.

The Dorothy Starks

Retirement Party was held on the 5th floor, Clinical Addition, which was much too small for the over flow community, church, neighbors, hospital friends, et cetera. The program was constantly interrupted with administrators, doctors-on-duty, staff, gifts, surgical teams, other retirees, rushing in for a last minute hug, a moment to be close to her, followed by a quick resume of who this is.

Mrs. Dorothy Starks is a mother, missionary, fashion icon (she loves hats) and a woman that can pray you into heaven. I am most familiar with her tireless work as a section president of the National Council of Negro Women (NCNW). Her roots are planted in Denton, Texas. Coming to Dallas, Veterans Hospital was in view, convenient because she lived down the street and could walk to work. Opportunity up-the-ladder came fast for Dorothy Starks because of her contagious personality, natural clinical manners and obvious ability to work with staff all over the globe. Within a few years, she became a CST(Certified Surgery Technologist). She worked for over twenty(20)years from midnight to 8AM. Surgery hours are 24 hours a day, averaging 5-to-6 surgical procedures a shift. I asked of all these years, what lasting memory



comes to mind. A young medical student, with exceptional credentials, from another country came to the hospital speaking little English. She mentored him. He is now a professor at a noted medical school. The greatest ingredient on the job she says is "communication and working together because the body is a fantastic machine". Dorothy Starks has worked in all areas of surgery, i.e., eye, neuro (subdural hematoma, aka head injuries), heart, general, ortho, pain, plastic, ENT. On the surgery team she did not have a favorite part of the body. How magnificent is that?

In retirement, Dorothy Starks plans to be a full time missionary. All I can say is what a national treasure among us.

Ester Davis can be reached at www.esterdavis.com or 214.376.9000.



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