One of the best ways a parent can protect a child is by ensuring he has the right vaccines at the right time. Your child's pediatrician or family doctor can help. Vaccinations are generally given at key developmental ages to protect your child against a variety of infectious diseases. Some vaccines must be given at birth, while others are given at specific ages throughout childhood depending on the disease being vaccinated against. Children can get vaccines at hospital-based clinics, doctor’s offices, pharmacies, and health centers. Immunizations are free or low-cost, and children are eligible for vaccines regardless of their ability to pay. Parents can choose which vaccines to provide for their child. In fact, the law requires that students be fully vaccinated against specified diseases. This includes students who are entering a Texas school for the first time or returning to school from another Texas school and to students defined as homeless.

Vaccinations are important for the health of your child as well as the health of the community. Millions of lives have been saved thanks to vaccines. Each year the Centers for Disease Control and Prevention (CDC) publishes an updated recommended immunization list and schedule for children (birth through 6 years) and for pregnant women (18 years and older) which are available online and likely available at your doctor’s office.

In the calm before the storm that is back-to-school, parents are encouraged to resolve student immunizations as early as possible to avoid the irritating back-to-school rush in clinics’ doctor’s offices, pharmacies, and health centers. Students enrolling in Dallas ISD for the first time must provide evidence of required immunizations. Immunizations are required for all students entering a school in Texas. Official records from a physician or health clinic, which provide documentation of current immunizations, are required. All immunizations should be completed by the first date of attendance. The law requires that students be vaccinated against specified diseases. Exemptions from immunization requirements may be granted on a medical basis or based upon religious or personal belief. If a parent chooses to seek an immunization exemption, they must provide a medical exemption signed by a parent and one also related to an affidavit proving the parents’ reason. Students enrolling in Dallas ISD for the first time must provide evidence of required immunizations. Official records from a physician or health clinic, which provide documentation of current immunizations, are required. All immunizations should be completed by the first date of attendance. The law requires that students be vaccinated against specified diseases. Exemptions from immunization requirements may be granted on a medical basis or based upon religious or personal belief. If a parent chooses to seek an immunization exemption, they must provide a medical exemption signed by a parent and one also related to an affidavit proving the parents’ reason.

Dallas ISD families can receive immunizations for $5 at any of the district’s 15 Texas and Family Centers. For more information or to locate a Youth and Family Center nearest you, call 972-502-4190.

Back-to-School Vaccines: IMPERATIVE TO GOOD HEALTH

For information on immunization requirements for new and returning students, visit http://www.dal-centers. For more information or to locate a Youth and Family Center nearest you, call 972-502-4190.
Hinojosa returned to the DISD last month when trustees unanimously approved him as interim superintendent after the departure of Mike Miles. During the three weeks he has been on the job, he has met with employees, board members and community members and begun assessing what’s working and what’s not working.

He said that some people don’t want him to touch anything. And while he is not planning on drastic changes, he said that some things will need adjustment.

Hinojosa said he will not sit and ignore things, “he said once he knows something, he has to do something about it. Hinojosa met with principals on Monday. He said that he was giddy to sleep the night before the meeting. Said that it felt like it was his first day of school,” he joked.

“I knew it was my first chance with the principals. And I wanted them to realize that we are not Changing course, but I wanted them to be excited.”

He said that a majority of board members and high-level employees are excited about new programs, such as the new Teacher Excellence initiative, and the evaluation system for teachers that tie their pay to performance.

He said that as he gets further down the chain, the excitement isn’t as strong. He said that he is still getting educated on the evaluation program.

Hinojosa said what has made him nervous is the added staffing and financial resources in the district. The operating budget has grown about $136 million since his departure and the 2015-2016 budgets are $1.39 billion. He said that he will meet with chief financial officer Jim Terry this week to discuss district finances. He has not forgotten the financial crisis in 2008 under his watch which lead to hundreds of teachers being laid off.
people receive quality health care

Medicare Cards to President Congress. In fact, President President President

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July 30 - August 5, 2015 Page 3A The Dallas Post Tribune

State_________________________________________

Today, more than 100 million

Ms. Peggy Walker, Dr. Mary E. Beck, Mrs. Veronica Zambrano

STAFF WRITERS

Atty. Gary Bond, Legal Counselor

Dr. Joyce Teal

& Research

Atty. Gary Bond, Legal Counselor

Ms. Peggy Walker, Dr. Mary E. Beck, Mrs. Veronica Zambrano

Celebrating Fifty Years of Medicare and Medicaid

Through Medicare or Medicaid, Americans are able to have the peace of mind and quality of life that comes with coverage and security. However, millions of Americans receive health care coverage through Medicare. Beneficiaries are eligible for pre- Medicare, various health care plans that include hospitalization, medical care, and prescription drug coverage.

In 2003, the Social Security Administration created and published a book that outlines the history and operation of Medicare and Medicaid. The book is called "Medicare and Medicaid: Principles and Practices." It is available for free at the Social Security Administration's website.

By Congresswoman Eddie Bernice Johnson

On July 30, our country will celebrate the 50th anniversary of the Medicare and Medicaid programs. These programs are vital to the health of our nation and our communities. Millions of Americans can access quality health care and protect their families from the high cost of medical care.

The United States has made significant progress in providing health care to all Americans. Medicare and Medicaid have reduced the financial burden of health care and expanded access to care.

As we celebrate the 50th anniversary of Medicare and Medicaid, we should reflect on the lessons that these programs have taught us. They have shown us that health care is a basic human right and that we must work together to ensure that all Americans have access to quality care.

By Colleen White

A Little Bit of Faith: Renew Your Strength

By Colleen White

Evil

Evil is the work of the devil.

Evil lies inside of very 

human person.

Evil can cause anger, 

jealousy, and hurt

words to each other.

Evil is another word for 

HATE!

Evil is just an empty name

By Sandra Gibson

The Dallas Post Tribune welcomes your comments about published information that may require correction or clarification. You can submit your comments by emailing our production staff at post-

trib@aolmail.com or faxing the correction/clarification to 214.946.7636.
Involvement Committee, led this School, Genesis Woman’s Shelter, Big Sisters/North Dallas High Christmas in July program, which Committee is holding its annual Community Involvement

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Dallas area schools, public health

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Health and Human Services

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The Dallas Post Tribune welcomes your comments about published infor-

may require correction or

clarification. You can submit your com-

by emailing our production staff at post-

or faxing the correction/clarifica-

services

Spanish

Carver Heights Baptist Church

2100 E. Lamar

Dallas, TX 75216

Services:

Bible Study

• Wednesdays 7 p.m.

• Sunday School 9:30 a.m.

• Evening Service 7:30 p.m.

Greater New Zion Baptist Church

2228 Plano Street Dallas, TX 75223

(214) 623-6139 www.glamourheaven.org

Jesus, July 23 - 7 p.m.

plan Dallas Community

Crossroads Community

1802 Young St., 2nd Floor

Dallas

1151 North Cockrell Hill Blvd.

Dallas

1309 S. Stemmons Freeway

Dallas

2170 Robert C. Mullin Bld.

Dallas

1151 North Cockrell Hill Blvd.

Dallas

1809 S. Stemmons Freeway

Dallas

Dallas City of Learning, Turn

Frontiers of Flight Museum

Dallas

Spanish

The 19th Annual Mayor’s Back

School Fair will be presented

Aug. 3-4. Breakfast will be served

and Diversity Dialogue

Aug. 11. Lunch and activities

Aug. 11. Lunch and activities

The Premiere Love of God, Love of Country, Love of Self, the Will to

The Dallas Post Tribune

www.dallaspstribune.com

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1515 N. Cockrell Hill Blvd.

Dallas

1702 Robert C. Mullin Bld.

Dallas

11420 Old無Tract Rd.

Westworth Village, TX 76114

Bible Class 7:30 p.m.

Sunday School 9:15 a.m.

Come and Experience God’s

Frontiers of Flight Museum

Dallas

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ARLINGTON SEGUIN HIGH SCHOOL 2015 5A GIRLS STATE CHAMPIONS

2015 5A Girls State Champions
• 1st Team State Title of any sport at Arlington Seguin High School
• 1st Girls Track & Field State Title for Arlington ISD

Husband: Renwick Ridgeway (Head Coach 2013 present) Wife: Katra Ridgeway (Head Coach & Started program in 2002-2013; 2011 4A Girls State Runner Up) Daughter (Aubrey Ridgeway) is Jr. on the team

All team members are Jr. and will look to repeat in 2016

COWBOYS OWNER JONES HAS HIP REplacement, PLANNING ANOTHER

(AP) - Dallas Cowboys owner Jerry Jones has undergone left hip replacement surgery. He plans to be with the team as usual when training camp starts in California this week.

Team spokesman Rich Dalrymple says Jones had the procedure last Tuesday and “has been mobile and walking comfortably for the past few days.” Dalrymple said Jones also was planning to have his right hip replaced soon.

The 72-year-old Jones has been bothered by the hip for about a year. He was seen having trouble walking some stairs during offseason workouts this spring at the team’s headquarters.

Jones is planning to conduct his traditional camp-opening news conference Wednesday in Oxnard, California. The team’s first workout is Thursday.

If you have some sports information that you would like placed in the DALLAS POST TRIBUNE Sports section e-mail us at: posttrib@airmail.net
**Classified Ads**

**Funeral Homes**

- **Black & Clark Funeral Home**
- **Golden Gate Funeral Homes**
- **Heritage Funeral Home**

**Funeral Homes - Additional Information**

- **Golden Gate Funeral Homes**
  - 972-898-2282
  - 2424 Martin Luther King Blvd.

**Miscellaneous**

- **BBaarrbbeerr  &&  BBeeaauuttyy  SShhooppss**
- **BBerry  Linen  Cleaners**, Inc.
  - 972-243-3133

**Restaurants**

- **Bonnie’s 414**
  - 972-243-3133

**Celebration**

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- Graduations!!**

For details contact:

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1-214-946-7678
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- **Drivers: OTR Dry Van & Flatbed at Penske Logistics!**
  - CDL-A, 2yrs Experience: 1-855-975-9321

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**The Dallas Post Tribune**

July 30 - August 5, 2015

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The Evans and Lowe Family Reunion – A Tremendous Success!

The Evans and Lowe family reunion was held Saturday, July 15, 2015 at Mt. Pleasant Civic Center in Mt. Pleasant, Texas. People came from Colorado, Montana, California and other parts of the country. Mrs. Edvernell Davenport did a dynamic job to put all the pieces together to a successful reunion.

Celebrating the Life and Legacy of Rev. Bettie Ruth Engram Kennedy

Hunger Poverty, Homelessness, Inequity and Isolation(NIHI) – Faith Hope and Love

It was this passion to fill the needs of her neighbors that led her to a lifelong mission. She’d cook up a pot of beans and take it to the streets. She’d get bakeries and grocery stores like Brookshire Brothers to donate bread and other goods to the poor. She’d take them to the streets. She’d take them to the streets.

By Dr. J. Esther Davis

One of my favorite places to visit in Jamaica is Ocho Rios, home of Dunn’s River Falls. This is a beautiful spectacle to visit in Jamaica. One of my favorite places to visit in Jamaica is Ocho Rios, home of Dunn’s River Falls. This is a beautiful spectacle to visit in Jamaica. The moving water, rocks on an invigorating trek scrambling over rounded islands. You can climb the falls, the falls. You can climb the falls, the falls.

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Leaders Of The Week

**PASTOR DR. FREDERICK DOUGLASS HAYNES, III**

Dr. Frederick Douglass Haynes, III, is a prophetic pastor, passionate leader, social activist, and eloquent orator and educator engaged in preaching the gospel of Jesus Christ, fighting against racial injustice; committed to economic justice and empowerment in under-served communities and touching and transforming the lives of the disenfranchised. For 31 years, Dr. Haynes has served as a visionary and innovative senior pastor of Friendship-West Baptist Church in Dallas, Texas. Under his servant leadership, the ministry and membership have grown from less than 100 members in 1983 to over 12,000.

Dr. Haynes was born in Dallas, TX and grew up in San Francisco, California. Dr. Haynes graduated, with honors, from Bishop College in 1982 with a B.A. degree in Religion and English. He earned a Masters of Divinity degree from Southwestern Baptist Theological Seminary. In 2005, he earned a Doctorate in Ministry from the Graduate Theological Foundation.

Since Dr. Haynes accepted the call to become Senior Pastor of Friendship-West Baptist Church, the church has grown numerically and in ministry to the Dallas community and around the world. Friendship-West has moved three times under the leadership of Haynes in order to accommodate its growth.

Dr. Haynes is committed to education and has led Friendship-West to donate over a million dollars to Historically Black Colleges and Universities, and over 2 million dollars in scholarship aid to students who are members of the church and community.

Dr. Haynes is married to Debra Peek-Haynes. They are the proud parents of Abeni Jewel Haynes.

**PASTOR RICKIE G. RUSH**

Rickie G. Rush, D.D. is the founder and pastor of the Inspiring Body of Christ Church (IBC) in Dallas, TX where he ministers to a diverse congregation of over 10,000 members. He has over 40 years of evangelism, teaching and pastoring experience and is an acclaimed author. Nationally, Pastor Rush has appeared on Trinity Broadcasting Network and Daystar Television Network. He also appears regularly on local radio and television networks, continuing to bring the simplicity of God’s Word to the masses.

Rickie G. Rush is a gifted pastor and teacher who communicates God’s Word with excellence and simplicity, under the anointing of the Holy Spirit. He resides in Dallas, Texas with his grandson, daughter, and wife. Dr. Rush’s achievements include a Bachelor of Arts degree in secondary education from the University of Texas at Arlington, and a Doctor of Divinity degree from Rialto Bible College. Prior to his current commitment as full-time pastor, Dr. Rush taught theater arts at Skyline High School for 17 years. He has taught courses at the Cedar Valley Community College and at Christ for the Nations Institute. He currently serves as principal at the Mary L. Rush Children’s “College” and Christian Academy.