



JANUARY 3, 2012 IOWA PRESIDENTIAL CAUCUS

SEE PAGE 2A



The Dallas Post Tribune

2726 S. Beckley Ave • Dallas, Texas 75224
P.O. Box 763939 Dallas, Texas 75376

ISSN # 0746-7303

Serving Dallas More Than 60 Years — Tel. 214 946-6820 & 214 943 3047 - Fax 214 946-7636 • Web Site: www.dallasposttrib.com • E-mail: posttrib@airmail.net

VOLUME 64 NUMBER 21

SERVING THE COMMUNITY WITHOUT FEAR OR FAVOR SINCE 1947

January 5 - 11, 2012

CIRCULATION
VERIFICATION
COUNCIL



50¢

DALLAS ISD'S LINCOLN HIGH SCHOOLS GIRLS BASKETBALL TEAM & KIMBALL HIGH SCHOOLS BOYS BASKETBALL TEAM CLAIM THE GOLD MEDAL IN THE DISD COCO-COLA TOURNAMENT



Dallas' Lincoln High School Girls Basketball team held off district rival Dallas Skyline 66-60 on Thursday to claim the gold medal in the DISD/Coca-Cola Tournament.

Junior guard Breanna Hayeden led the Tigers with 19 points, followed by Alisha Washington with 15 and tournament MVP Kelsey Criner with 14.

Skyline guard Jen Von'Ta Hill tallied a game-high 22 points in the losing effort.

Dallas' Kimball High School Boys Basketball team held off Dallas Hillcrest 56-53 on Thursday to claim the gold medal in the DISD/Coca-Cola Tournament.

When standout transfer Keith Frazier received clearance from the District 11-4A executive committee to play for defending 4A state champion Dallas Kimball, his first thought was not winning the state tournament -- it was winning the DISD/Coca-Cola Tournament.

Kimball's Keith Frazier scored 26 points to take home MVP honors at the DISD/Coca-Cola Classic.

"The day of his DEC meeting, he walked out and cried," Kimball coach Royce Johnson said. "I thought he was going to talk about state, but he said every year since the eighth grade his mother had brought him to the Coca-Cola Tournament and he said, 'Man, what I would do to play in front of that big crowd.'"

Frazier got his chance to shine in front of that big crowd and led his new team to a championship trophy.

Frazier's 26-point performance helped his team win and earned him the tournament MVP plaque.

2012 PRO BOWL ROSTERS: DALLAS COWBOYS DEMARCUS WARE AND JAY RATLIFF



Pro Bowl teams were announced, and two Cowboys were selected for the honor.

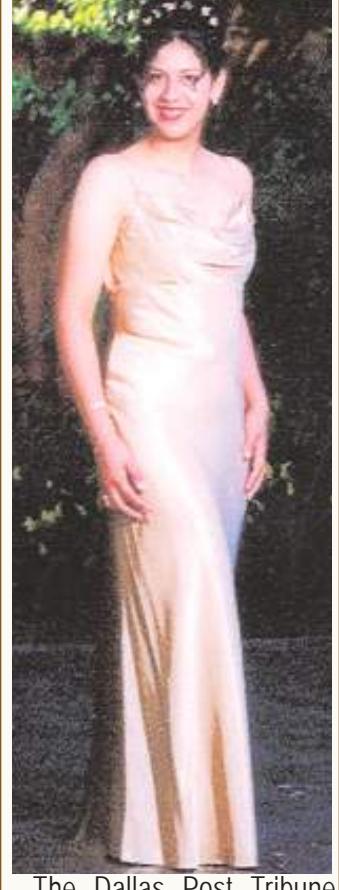
Outside linebacker DeMarcus Ware and nose tackle Jay Ratliff. Ware will start in the game for the sixth time, while Ratliff will start for the third time in his four Pro Bowl appearances.

Through 15 games this season, Ware has 53 tackles, 18 sacks and two forced fumbles. In this same span, Ratliff has 35 tackles, two sacks and a fumble recovery while playing a major role in the Cowboys' run defense.

"It's a great honor to be selected to play in the Pro Bowl," Ware said in a press release Tuesday. "It shows that all the work through the offseason and season pays off. It's special because you are selected by the fans, your peers and coaches around the league. I am excited to represent the Dallas Cowboys and the entire NFL in the game. Since my rookie season, I always strived on working hard, being consistent and playing at a high level, and it really means something on a personal level to be rewarded."

Beauty of the Week

Mrs. Veronica Zambrano



The Dallas Post Tribune has chosen Mrs. Veronica Zambrano as beauty of the week. Mrs. Zambrano is the Vice President of Operations of the Dallas Post Tribune Newspaper. She has been part of the Dallas Post Tribune family for over eight years. She is married to Mr. Ricardo Zambrano; they are expecting their first baby in February. Mr. & Mrs. Zambrano are members of Nuestra Señora del Pilar Catholic Church.

News You Ought To Know



Bryan Bedder/Getty Images
(AP)-NFL legend Deion Sanders and his estranged wife, Pilar, are embroiled in a messy divorce that seems destined to get even uglier, and his wife's attorney told ABCNews.com that his client wants to reconcile with her husband. The soon-to-be ex-Mrs. Sanders reportedly first got wind of the divorce from reading about it on the celebrity gossip website, TMZ. Pilar Sanders' attorney has said his client's top priority has been her marriage and her children.

Sears and Kmart's in Texas are not closing. According to The Associated Press, Sears Holding Corp. released a list on Thursday, December 29, 2011, of 79 stores that will be closing. However, no Texas stores were on the partial list. The company says it wants to focus on revenue-producing stores and stop propping up underperformance stores in hopes that sales will increase.

Credit scores are determined based on your payment history, existing debt, the age of credit report (oldest credit line and average age of all accounts appearing on the credit report), types of credit on the books, and new credit activity. For more information visit TheStreet online.

Dallas officials are planning for a small bond program this year that will focus on storm drainage, street repair and economic development funding.

Mrs. Bennie Brown, a DeSoto resident has entered the political race for Dallas County Commissioners Court, Precinct 3. She hails a wealth of leadership experience from a broad career including executive roles and public service, spanning more than 25 years combined. Currently, she is the Founder and CEO of a non profit, Hope Beyond Hope Foundation, which provides nutritious meals to underprivileged kids and teens. Mrs. Brown resides in DeSoto with her children and husband, Attorney Lorenzo Brown.

(AP) - Peggy Railey, the former wife of a Dallas minister who was acquitted at a sensational trial of trying to kill her, has died nearly 25 years after the attack left her incapacitated. Railey, 63, never recovered from the savage choking assault at her Dallas-area home in April 1987 and remained in what doctors called a vegetative state. Walker Railey, her husband at the time of the attack, was once a rising star at Dallas' First United Methodist Church. He was acquitted in 1993 of trying to strangle his wife, though acknowledged lying about his whereabouts to hide an affair.

(AP) - An anesthesiologist who attached a heart monitor to President John F. Kennedy in a Dallas hospital's emergency room and interviewed wounded Texas Gov. John Connally for surgery has died. Dr. Adolph H. "Buddy" Giesecke Jr. was 79. The doctor's son, Martin Giesecke, says his father died Dec. 24 at his home in the Dallas suburb of Irving. The elder Giesecke was working at Parkland Hospital on Nov. 22, 1963, when Kennedy was assassinated and Connally was struck while riding in the same vehicle. The son says Dr. Giesecke recalled that the president didn't flinch while he inserted heart probes into Kennedy's skin. Giesecke spent most of his career at Parkland's neighboring University of Texas Southwestern Medical Center. He was chairman of the anesthesiology department from 1981 to 1992.



THE EVANS CASE

This case has come to a mistrial for 2011. So let's move on and send special blessings and prayers to the entire Evans Family during this holiday season.

As we all know, Constable Derick Evans was on trial for allegedly holding mandatory raffles for his election campaigns. In the State of Texas raffles are only for churches and non profit organizations. But doing the trial that lasted only a few days, the jurors, after deliberating about seven(7)hours, reported that they were 'hopelessly deadlocked', leaving the Judge no other alternative but to declare a mistrial.

"Hopelessly deadlocked" is a powerful broadcast. And after a brief survey with our readers, we concur. The message from the people clearly states that the jury did not have enough satisfactory evidence to continue. "Hopelessly deadlocked" further indicates that there were some strong opinionated law abiding citizens that paid strict attention to the details and thought this case was possibly a waste of taxpayer's dollars and we should all just go home.

Please know that Evans is a good man, not perfect, but as good as they come. No one can deny his generosity of time and dedication to the community, because he is always available and right in the middle of things. He is highly recognized in all circles and comfortable with his surroundings. Several years ago, the City of Dallas hosted a grand "Mayfair" event for Older Americans Month, at one of our largest hotel with over a thousand seniors in attendance. Constable Evans escorted in Ebby Halliday, the Honorary Chair. He and his staff, personally assisted with the ceremonies. The city was abuzz for months with pictures and accolades of the constable and his deputies.

There are community legends all around us that knew Constable Evans' grandparents. He was taught the golden rule alone with expected duty and honor of family and friends. Under careful surveillance, you instantly notice his demeanor and mannerisms in uniform and out of uniform. He naturally exhibits a sense of inner pride and peace. Constable Evans is a man that is always busy, involved and engaged and just maybe that is the key to this whole misunderstanding. Let's get busy. You can't hate if you are busy.

LEADER OF THE WEEK

Dr. Frederick D. Haynes, III

Dr. Frederick D. Haynes, III Senior Pastor of the Friendship-West Baptist Church in Dallas, Texas for now 28 years leads with a commitment to Christ, passion for people and yearning for community transformation. To that end, he has grown Friendship-West to nearly 12,000 during his tenure as Pastor.

Possessing a commitment to education he has a Bachelor's Degree from Bishop College, a Master of Divinity degree from Southwestern Baptist Theological Seminary and a Doctor of Ministry from the Graduate Theological Foundation.

Dr. Haynes is an author, radio show host and foremost a Pastor. In all he does he exudes the mantra of the late Rev. Dr. Martin Luther King, Jr. - believing in the urgency of now, marrying theology with a call to impact our sociological issues. Dr. Haynes serves in various leadership capacities for organizations who champion social change he is Trustee Chair - Samuel Dewitt Proctor Conference; Board of Directors - National Action Network; and Board of Directors - Conference of National Black Churches, just to name a few; and demonstrates a commitment to intellectual excellence in both the church and academia as he is a Board Member of Paul Quinn College where he has also acted as adjunct professor.

Dr. Haynes is married to Debra Peek-Haynes, founder and president of Quorum Commercial, a Dallas commercial real estate firm. They are the parents of one beautiful daughter, Abeni Jewel Haynes.



Celebrating Black History All Year!!



JANUARY 3, 2012 IOWA PRESIDENTIAL CAUCUS

Continued from Page 1A

At Press Time

Voters gathered at schools, churches, community centers and private homes around 7 PM, to participate in presidential preference voting and party business, which took several hours. Only registered Republicans were allowed to participate, however under Iowa law, any voter can register on site.

Representatives from each campaign were given the opportunity to speak and try to sway voters at the last minute. Ballots were distributed to caucus voters.

TAXI - TAX & CHECK CASH

Owner - Dena Cole

Services :
Tax prep.

Check Cash. Travel Site. & More!

**FreeQuote. FreeCashing for
Clients. FreeCopy. We Itemize for
You. All Tax Forms knowlegde.
Referral Paid. Giveaways.**

BY APPT ONLY - CALL OR EMAIL

P O Box 130867
DALLAS TX 75313
EMAIL: [taxi_tax06@yahoo.com](mailto:taxis_tax06@yahoo.com)
Phone: 214-302-9829
Fax: 972-552-5299

or Let us book your next vacation!!

THE DALLAS POST TRIBUNE NEXT ISSUE WILL BE CELEBRATING DR. MARTIN LUTHER KING JR.'S BIRTHDAY

Are You Raising One of the Next Generation of Hoodlums? Teaching KIDS TO BE POSITIVE



Dr. Joyce Willard Teal

If most of us were given a choice, I believe we would always choose to spend time with positive people. Why? Because they are usually busy, interesting and successful. They are confident and happy. They love a challenge, and their upbeat attitude infuses you with their enthusiasm. Their enthusiasm is infectious. And the great thing is: when you hang around positive people, you tend to start believing you can achieve just like they can. Now who wouldn't prefer to have positive friends and acquaintances!

If you're wondering how you can teach your kids to have positive attitudes, know

that the best way to influence them is to model it yourself. You can change your attitude from negative to positive. Avoid negative people; start hanging around people who are positive. Observe how they look at things, and practice doing the same. Don't let the words, "I can't", pass your lips. Don't tell your kids they can't achieve something just because they haven't succeeded so far. In fact, help them to realize that all successful people also endured some failures prior to becoming successful.

Many teachers and parents have stunted their kids' potential by telling them what they could and/or could not do? Teach your kids not to believe a word of it!

I have had numerous successful Black men share with me negative comments regarding their ability to succeed from their teachers: (You aren't university material); parents: (you never were very good in math), and other influential adults: (you shouldn't take the college tract). If these men had believed these negative people, they would not have achieved success in life. So teach your kids not to allow

anyone else's negativity to be the reason for their failure.

Believe that you can teach your child to be a positive person. Then set about doing so. Following are suggestions which can help you achieve your goal:

- Always be positive yourself.

- Set small goals and gradually increase the challenges as you gain confidence.

- Teach your child to do the same.

- Celebrate small victories.

- Congratulate yourself and your kids when expectations are surpassed.

- Train yourself to see the good in people and situations rather than the negative.

- Make sure that the media you and your child watch is of a positive nature.

- Make a conscious effort not to talk negatively and don't allow any negative talk from your children.

- Make it clear to your child that you expect him (or her) to be positive!

Parents: You cannot teach your child to be positive if you are negative. YOU ARE IN THE DRIVER'S SEAT! You're invited to visit www.untealthen.com

EASTSIDE CHURCH OF CHRIST WILL BE PARTICIPATING IN "UNITY IN THE COMMUNITY OF ENNIS"

On January 15, 2012, Eastside Church of Christ will be celebrating Unity in the Community of Ennis 10th year Anniversary, themed, "A Decade of Change" and would like for you to share in this exciting time.

Please see information down below, including other events hosted by "Unity in the Community of Ennis":

January 12th- MLK Youth Oratorical Contest
January 14th-Health Fair and Community Fest
January 15th- Lovie Boyd Community Service Award and Silent Auction & 10th year Anniversary Black and Silver Formal Banquet
January 16th- 3 on 3 Basketball Tournament and Youth Rally

Victory Baptist Church

Worship Service Held at Singing Hills Funeral Chapel

6621 University Hills Blvd. • Dallas, Texas 75241



Rev. John Strong,
Senior Pastor

Services

Sunday Worship 10:00AM-12:00PM

Wednesday Bible Study 6:30PM- 7:30PM

YMCA Branch 907 E. Ledbetter Dr.

"The Church Where Love is Being Shown"

Greater Providence Baptist Church

5300 Marvin D. Love Freeway
Dallas, Texas 75252 • (214) 339-5800



Communion is presented every month on the second Sunday of the month.

Schedule of Services

Sunday School	9:00 a.m.
Sunday Morning Worship	10:30 a.m.
Wednesday Prayer Meeting	7:00 p.m.
Brethren (1st & 3rd Wed.)	6:00 p.m.
Senior Mission (1st & 3rd Wed.)	8:00 p.m.
Adult & Youth Bible Study (1st & 3rd)	7:00 p.m.

Adult & Youth Bible Study (1st & 3rd)

7:00 p.m.

Where everyone is loved

Bishop Lamar Walton

Cedar Crest Church Of Christ

"A Church of Christ in the Heart of Dallas with Dallas at Heart"

2134 Cedar Crest Blvd. Dallas, Texas 75203-1316 •(214) 943-1340 • Fax (214) 941-3305



"All services are interpreted for the Deaf!"

Church of Christ at Cedar Valley

4013 N. Dallas Ave.
Lancaster, Texas 75134
P.O. Box 510
Lancaster, Texas 75146
469-567-1822- Fax- 469-567-1823

Samuel Bailey, Minister



Sunday School

8:30 AM

Morning Worship

9:30 AM

Evening Worship

5:00 PM

Wednesday Bible Classes

7:00 PM



New Cliff Missionary Baptist Church
1704 Overton Rd. # Dallas, TX 75216
(214) 372-0528

Sunday School	9:30 A.M.
Morning Worship	10:30 A.M.
BTU	6:00 A.M.
Night Service	7:00 P.M.
Monday Mission	7:00 P.M.
Tuesday Bible Study & Prayer	7:00 P.M.
Thursday Choir Rehearsal	7:00 P.M.

Carver Heights Baptist Church

2510 E. Ledbetter
Dallas, Texas 75216



Early Worship	8:00 AM
Sunday School	9:30 AM
Morning Worship	10:45 AM
Evening Worship	7:00 PM



WHITE ROCK CHAPEL INDEPENDENT
METHODIST CHURCH

3500 Cedar Road • Dallas, Texas 75214

Church (214) 984-0808

Residence: (214) 778-1348

SPIRIT FILLED

Sunday School 10:00 AM

Morning Worship 11:00 AM

Ladies Bible Class 10:00 AM

Wednesday Evening Song and Prayer 6:00 PM

"I am glad when they say unto me, let us go into the house of the Lord." Psalm 122:1



Garza Avenue Church of Christ
916 Garza Avenue
Dallas, Texas 75216
(214) 376-7268

Bible School 8:00 AM

Morning Worship 9:30 AM

Wednesday Night Bible Study 6:00 PM

Saturday Bible Class 8:00 AM

Wednesday Evening Song and Prayer 6:00 PM

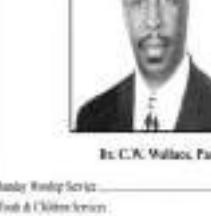
"I was glad when they said unto me, let us go into the house of the Lord." Psalm 122:1

Pilgrim Rest Baptist Church

18111 N. Navarro, Inc. • Dallas, Texas 75244
(214) 457-7338

www.prgmrest.org

For We Walk By Faith Not By Sight



Sunday Worship Service 10:00 AM

Adult & Children Services 10:00 AM

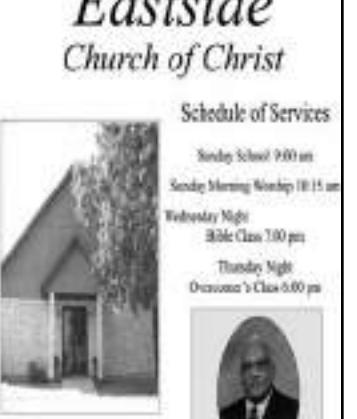
Fair & Third Sunday 10:00 AM

Sunday School 10:00 AM

Wednesday Bible Study 7:00 PM

Wednesday Night Discipleship 7:00 PM

Young Adults 8:00 PM



Eastside Church of Christ

Schedule of Services

Sunday School 9:00 AM

Sunday Morning Worship 10:15 AM

Wednesday Night Bible Study 7:00 PM

Thursday Night Discipleship 7:00 PM

Young Adults 8:00 PM

www.eastsidecc.org

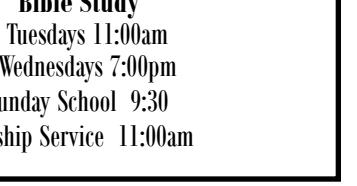
Rev. Arnold Moore, Minister



Greater New Zion Baptist Church

2210 Pine Street Dallas, Tx 75215

•(214) 421-4119 •Email: gnz2210@sbcglobal.net



Services:
Bible Study
• Tuesdays 11:00am
• Wednesdays 7:00pm
• Sunday School 9:30
• Worship Service 11:00am

Community Heroes, Rodney Peete Kick Off Allstate's National "Give Back Day" in Honor of Martin Luther King, Jr.

For the fourth consecutive year, Allstate Insurance Company is paying tribute to Dr. Martin Luther King, Jr., by encouraging individuals to volunteer in their communities on MLK Day 2012 (Jan. 16) through its Give Back Day program (allstate.com/givebackday). Rodney Peete, former NFL quarterback and co-founder of the HollyRod Foundation, is helping launch the program along with four outstanding community heroes who are recognized as leading volunteers in their communities. Peete and the four Heroes will be guiding Give Back Day activities in their home cities with Allstate.

The four exemplary individuals who have been named as 2012 Allstate Give Back Day Heroes are remarkable individuals who selflessly give back, keeping Dr. King's legacy alive through their passionate commitment to service," said Vicki Dinges, vice president of public social responsibility for Allstate. "Their volunteer efforts reflect the values and causes important to Allstate and communities across America. We hope their stories inspire others to put their good hands to work in their own communities every day and on Jan. 16, in honor of Dr. King."

On behalf of the Give Back Day Heroes, Allstate is making a donation of \$2,500 to a charity of each hero's choice. These remarkable individuals help create positive, sustainable change in their communities by volunteering to address important causes like domestic violence, economic empowerment and mentoring at-risk youth. Heroes will attend The King Center's "Salute to Greatness" Awards in Atlanta on Jan. 14, 2012, for a celebration of individuals and organizations that exemplify excellence in leadership.

In addition, Peete will be attending a special Allstate Give Back Day volunteer event in Atlanta on MLK Day 2012. "It is an honor for me to be associated with this committed and selfless group of heroes.

EDITORIAL PAGE

LETTER TO THE EDITOR:

Dear Editor:

New Texas law, don't use cellphones in school zones. (This includes talking or

texting) Slow down in school zones and be on the lookout for kids. The pedestrian always has the right of way

Wear your seat belt. If you do get a ticket, take a defensive driving class for that ticket, defensive driving can now be taken in person or online. LubbockClass.com (With the courts permission) Thank You

Billy Durham Easy
Defensive Driving (On Facebook)

Sincerely,

Billy Durham

A Little Bit of Faith: Be At Peace



By Colleen White

With the beginning of a New Year, your heart might be heavy because you are worried about what the New Year will bring. If you are worrying about 2012, I want you to know that you can be at peace. Whatever the New

Year brings, God is in control. I know you may have heard people say this, but it is the truth. All of your worrying will not be able to change a thing about what will or will not happen in 2012. All you can do is focus on each new day that you are able to live and see. All the worrying in the world will not change anything except make you ill. This is not a good thing.

This year try to avoid putting yourself in any kind of bondage. Avoid being a slave to anything, food, drugs, or relationships to name a few. The Bible says in Judges, "The Lord sent a prophet unto the children of Israel, which

said unto them, 'Thus saith the Lord God of Israel, I brought you up from Egypt, and brought you forth out of the house of bondage...' " (Judges 6:8). If God has brought you out of some form of addiction, then you know what it is to be in bondage. Don't go back. Look forward and keep your heart open for the possibilities of new opportunities that await you this year.

So if you are walking in fear, if you are troubled, if you are overly concerned about what lies ahead of you this year, God wants you to have peace. "And the Lord said unto him, 'Peace be unto thee;

fear not: thou shalt not die' " (Judges 6:23). Whatever you might be concerned about, know that God wants you to be at peace. Don't worry! Things will be okay. Believe in God's word and pray. You can have peace this year. You don't have to walk in fear and doubt. When your entire world seems as if it is falling apart, you can have peace knowing that you are not alone; God is willing to help you get through your situation if you are willing to have faith in Him. Amen? Amen. Have a blessed, joyous, and peaceful new year. Happy New Year!



Rev. John Calvin Smith

The background of this wonderful book takes place during the time of the Persian Empire period. The king who is reigning is Artaxerxes, the sixth monarch of the Persian Empire. He began his reign in 464 B.C. and Nehemiah, the chief character of this book, is serving as Artaxerxes' cup bearer (Nehemiah 2:1). Nehemiah, the son of Hachaliah (Nehemiah 1:1), had been informed by his brother, Hanani, and other brethren from Judah that the walls of Jerusalem and the

The Mission of a Nehemiah - Nehemiah 1:1-4

gates were in a state of ruin. Hearing of the condition in Jerusalem, caused Nehemiah to become extremely sad, and in his state of distress, prayed to the God of Heaven (Nehemiah 1:4). The depressing news of hearing about the condition of Jerusalem led Nehemiah to sincere prayer. That is a great principle that we can learn - mainly, that when we hear of depressing news about the situation of our day, we need to take it to the Lord! Nehemiah responded to the gloomy news of the condition in Jerusalem by appearing before Artaxerxes requesting permission to go to Jerusalem in an effort to build the ravished walls (Nehemiah 2:1-5). Although Nehemiah felt extremely depressed and gloomy

about the situation in Jerusalem, he did not allow his sorrow to discourage him from positively doing something about the situation. Yes, he prayed about the situation before he constructively acted to do something about it. Through prayer, careful planning and people working together, Nehemiah's project of building the ruin walls of Jerusalem was completed in fifty-two days (Nehemiah 6:15).

Whereas, Nehemiah's burden was for the ruined walls and gates of Jerusalem, we should be concerned for the spiritual condition of unsaved people in dire need of help. Every man born into this world is spiritually dead and needs to be restored to proper fellowship with God (Romans 5:12). Jesus

Christ made a missionary trip from Heaven seeking lost humanity (St. Luke 19:10). Through His once-and-for-all atoning sacrifice for mankind, He made it possible that all men can be saved. Through faith in His finished work, mankind can gain eternal life, for Romans 10:9 says, "That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised Him from the dead, thou shalt be saved." May the spiritual condition of unsaved people lay heavy upon our hearts to the end that prompt action would be taken to share Christ and His saving work with them.

Surge in Polls Helps Obama's Re-election Prospects



By George E. Curry
NNPA Columnist

After winning the show-down with House Republicans shortly before Christmas over extending unemployment insurance and receiving an uptick in his job-approval ratings, President Obama is now in a better position to win re-election, despite a sluggish economy.

With the Iowa caucus over and New Hampshire as the next GOP battleground, Obama is expecting to face former Massachusetts Gov. Mitt Romney in the general election next November. Former Speaker of House Newt Gingrich, like other candidates before him, briefly assumed the front-runner mantle before his poor performance in Iowa.

The good news for Obama is that his populist themes and his willingness to call out Republicans are winning over voters.

A story in the Washington Post observed: "A new Washington Post-ABC News poll finds that Americans

are still broadly disapproving of Obama's handling of the economy and jobs, the top issues, but that views of his overall performance have recovered among key groups, including independents, young adults and seniors."

It noted, "Obama's job-approval rating is now its highest since March, excluding a temporary bump after the killing of Osama bin Laden: Forty-nine percent approve and 47 percent disapprove."

The poll, taken Dec. 15-18, found Republican Congressional support has fallen to 20 percent.

Both parties have actively courted middle-class voters. And Obama seems to be winning that matchup as well, according to the Washington Post-ABC News poll. When asked about protecting the middle class, 50 percent of respondents said they trusted Obama over Republicans, who were favored by only 35 percent.

This does not mean that Obama is guaranteed re-election.

While Democrats enjoyed watching Republican candidates form a circular firing squad in Iowa, aided by unprecedented spending by outside groups called super PACs, they realize that once the GOP selects a nominee, all that negative campaigning will be aimed at Obama. A large segment of the GOP hates Mitt Romney, but they hate Obama more.

This will be the first presidential election since a pair of 2010 Supreme Court decisions cleared the way for unlimited corporate and individual donations to support independent political organizations. It is

estimated that such contributions to candidates seeking federal office could reach \$6 billion to \$7 billion this year.

On another front, the Washington Post reported Sunday that Republican officials have created a video catalogue of every word Obama has uttered since launching his 2008 presidential campaign.

The story said, "The GOP playbook is designed to take one of Obama's greatest assets – the power of his oratory – and turn it into a liability."

One attack on Obama will feature a 2009 clip from the "Today" show in which he said that if he could not fix the economy in three years, "then there's going to be a one-term proposition."

Republican National Committee Chairman Reince Priebus told the Post, "That's a clip the American people will hear and see over and over and over again...The nice thing about Barack Obama is that he's given us plenty of material. The one thing he loves to do is give speeches."

Obama plans to use even more speeches to argue that he is a stronger advocate for the middle-class and unemployed workers than Republicans. He hopes to depict the GOP as concerned only about the plight of super-rich and keeping tax loopholes for large corporations.

Like Harry Truman, who cam-

paigning against a do-nothing Congress, Obama is drawing a sharp contrast between his administration and Republicans. However, Obama

can't totally disassociate himself from Congress if he wants any additional legislative victories. One of his first tests in 2012 will be to obtain a one-year extension of unemployment benefits, which is set to expire in less than two months.

Obama's team also must do a better job communicating his message if he is to win a second term. Many polls show that although Obama's personal approval ratings are low, many of the policies he has proposed – including using a combination of higher taxes on the wealthy and spending cuts to lower the deficit – resonate with most voters, including many Republicans.

Both Democrats and Republicans are disappointed that the economy remains sluggish.

When asked on the CBS program "60 Minutes" why he should be re-elected, Obama replied, "Not only saving this country from a Great Depression. Not only saving the auto industry. But putting in place a system in which we're going to start lowering health care costs and you're never going to go bankrupt because you get sick or somebody in your family gets sick. Making sure that we have reformed the financial system, so we never again have taxpayer-funded bailouts and the system is more stable and secure. Ending Don't Ask, Don't Tell. Decimating al Qaeda, including Bin Laden being taken off the field."

He added, "But when it comes to the economy, we've got a lot more work to do. And we're going to keep on at it."

To Be Equal #51 - Broadband Access for All: Connect Today, Change Your Tomorrow

and they are overwhelmingly people of color.

The paradox of the Digital Age is that while technology has the capacity to bring people together and connect people to information, it simultaneously presents the threat of deepening the divide between society's information "haves" and "have-nots," often referred to as the digital divide.

This dilemma was highlighted in a recent Commerce Department report which found that "Broadband adoption rates varied substantially between different racial and ethnic groups, with 81% of Asian and 72% of White households having broadband Internet access, compared to only 55% and 57% of Black and Hispanic households." Major reasons for these disparities include lack of knowledge, the high cost of getting online, and the lack of an adequate computer. With so much of modern life tied to Internet access, these are barriers that must be overcome.

As FCC Chairman Julius Genachowski recently put it, "Closing the digital divide is about achieving the basic American promise of opportunity for all."

The National Urban League

has stepped up to meet this challenge in a big way. In 2010, we joined forces with the One Economy Corporation as part of a Broadband Opportunity Coalition (BBOC) focused on breaking down the barriers to people getting online and getting the information they need to improve their lives.

The BBOC is comprised of other leading civil rights organizations, including the NAACP, National Council of La Raza, Asian American Justice Center, the League of United Latin American Citizens, the Joint Center for Political and Economic Studies, and the Minority Media and Telecommunications Council.

This effort is the outgrowth of efforts already underway by the non-profit One Economy Corporation. Since 2000, One Economy, under the leadership of Chairman Rey Ramsey, has been committed to ensuring that every person, regardless of income and location, can maximize the power of technology to improve the quality of his or her life and enter the economic mainstream. In April of last year, One Economy and the BBOC were awarded \$28.5 million in federal stimulus funds to sup-

port that goal. We are supplementing the stimulus award with private sector matching support valued at \$23 million for a total of \$51.5 million.

This effort will bring broadband connections to 27,000 low-income housing developments, promote digital literacy to 20 million people and offer digital mentoring for more than 235,000 at-risk youth.

The National Urban League has also made the expansion of minority participation in the Information and Communications Technology Industry one of the pillars of our 12-point Jobs Rebuild America plan.

In his 2011 State of the Union Address, President Obama set the goal of enabling businesses to provide high-speed wireless services to at least 98 percent of all Americans within five years. We support that goal.

Broadband access for all is essential to expanding opportunity, creating jobs, reducing our deficit and winning the future.

Marc H. Morial is the President and CEO of the National Urban League

LIBRA

You continue in your togetherness cycle.

Communications between partners are

PISCES

Give yourself a chance to learn all you

can about love this week. This is a week

when you are open to new ideas.

Make those ideas center on relationships.

Financial matters are worrisome but they

can wait.

SAGITTARIUS

Keep my eyes open for business opportunities this

week. **Lucky Numbers:** 8, 21, 29



The Dallas Post Tribune is published weekly by the Tribune Publishing Incorporated, 2726 S. Beckley, Dallas, Texas, 75224, Bulk Rate [1345]. Postage is paid to the Dallas Postmaster. Send address changes to The Dallas Post Tribune, P.O. Box 763939, Dallas, Texas, 75376-3939. THE DALLAS POST TRIBUNE is not responsible for unsolicited materials. Address all correspondence to EDITOR, The Dallas Post Tribune, P.O. Box 763939, Dallas, Texas, 75376-3939 or e-mail posttrib@airmail.net. All articles should be addressed to the appropriate staff member. Advertisements, articles, editorials, letters to the editor and cartoons appearing in the paper do not necessarily represent the philosophy or views of The Dallas Post Tribune.

Regulations for Publication

1) We reserve the right to edit articles for content and proper grammar. We also reserve the right to truncate articles for space requirements.

2) We reserve the right to refuse any advertisement or cancel any advertisement contract.

3) Deadline for receipt of articles is MONDAY AT NOON WITH NO EXCEPTIONS unless authorized by the publisher.

4) Deadline for receipt of advertisements is MONDAY AT NOON. Advertisements will not be received after that point unless they are camera ready and have been approved by the publisher.

5) All articles and advertisements must be proofed by the article placer or advertiser. We will not be held responsible for any errors if the article placer or advertiser does not proof their article or advertisement.

6) Articles and advertisements received past the stated deadlines will be held over for the next publication if applicable.

7) We will not be held responsible for pictures that are not claimed after two (2) weeks. Pictures held after two (2) weeks are subject to disposal.

8) Advertisement positioning based on a first-come basis. Positioning can be guaranteed for 15% over total cost.

Credo of The Black Press

The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every person, regardless of race, color or creed, full human and legal rights. Hating no person, fearing no person, the Black Press strives to help every person in the firm belief that all are hurt as long as anyone is held back.

It's Time to Renew

Re-Subscribe to

The Dallas Post Tribune

Mail Check or Money Order to:

Dallas Post Tribune

2726 S. Beckley Dallas, Texas 75224

One year in-State \$65.00

One year out-of-State \$75.00

Name _____
Address _____
City _____
State _____
Zip _____
Phone _____
Check Number _____
Signature _____

HOROSCOPES

January 5 - 11

ARIES

Busy week as the energy around you seems super-charged. With everyone rushing about you will wonder how you'll get anything done much less the things you feel you must get done. Not to worry. Stay calm and flexible and a way will be found.

Soul Affirmation: The truth is in me. I bring it forth. **Lucky Numbers:** 6, 19, 20

TAURUS

You may feel a bit crabby about your health this week. If you feel you need a physical checkup make the appointment this week, if you want to feel and look better this week skip some lunches and take walks instead.

Soul Affirmation: My life gives me limitless possibilities.

Lucky Numbers: 2, 30, 40

GEMINI

A new version of an old project lands on your desk this week, and you are not happy about the added responsibility. Recognize it as an opportunity to find the good in all situations. Think of ways to enjoy this task and you'll feel happier at the end of the week.

S

CALENDAR OF EVENTS

JANUARY 2011

MEALS ON WHEELS VOLUNTEER TRAINING ON JANUARY 5 AND 19
The Visiting Nurse Association needs volunteers to deliver a Meals on Wheels route once a month in Dallas County.

Meals on Wheels volunteer training will take place January 5 from 10:30 a.m. to 11:30 a.m. at the Visiting Nurse Association's headquarters on 1440 W. Mockingbird Lane in Dallas.

The training will be held again on January 19 at the same time and location. Volunteer training is also available by appointment. For additional information call 214-689-2210 or go online at www.vna-texas.org.

DALLAS AREA PARKINSONISM SOCIETY

The Dallas Area Parkinsonism Society will meet on Monday, January 9, 2012 at 1:00PM at the University Park United Methodist Church at 4024 Caruth at Preston. Our speaker will be Dr. Gary L. Tunell, Neurologist on the DAPS Medical Advisory Board. For further information, please call the DAPS office at 972-620-7600.

EVENTS HOSTED BY DALLAS CONVENTION AND EVENT SERVICES

DALLAS SAFARI CLUB JANUARY 5-8

The mission of the Dallas Safari Club is to conserve wildlife and wilderness lands; to educate youth and the general public and to promote and protect the rights and interests of hunters worldwide. While here, they'll bid in our silent and live auctions for the world's finest wilderness experiences and sporting equipment, marvel at our wildlife displays, and visit the booths of hundreds of exhibitors from local shops to African hunting lodges.

<http://www.biggame.org/>
Event Hours:
Thurs. 10am-6pm; Fri. 10am-6pm; Sat. 9am-6pm; Sun. 10am-4pm

Estimated attendance: 30,000 entire event

SUMMIT VOLLEYBALL JANUARY 28-29

The American Volleyball Challenge will hold divisions for all ages 12's-18's. This tournament is open to out of region teams.

[www.dallasummit.com](http://www.dallassummit.com)

Event Hour: 10am

SPIRIT CELEBRATION JANUARY 28-29

OGA Small Gym National Championship. All teams compete both days. CGA will combine scores from both days to determine the National Champion. The maximum you can have in

your gym to participate is 125 All Star Cheer members. Dancers and Show teams do not count.

www.spiritcelebration.com
Event Hour: 9am

THE BLACK ACADEMY OF ARTS AND LETTERS (TBAAL)

January 12
Voices of Poetry #4
Clarence Muse Café Theatre

January 13-14
Comedy Night
Clarence Muse Café Theatre
(Rodney Perry)

January 15
29th Annual Black Music & The Civil Rights Movement Concert
(CeCe Winans) Morton H. Meyerson Symphony Center

January 20-21
Poets n' Jazz #1
Clarence Muse Café Theatre
(Gino Morrow & Sharon Smith Knight)

January 21
Roundtable Writer's Breakfast 10am
(Terri M. Williams)
Room T-203

January 27-28
Promising Young Artist Series "Blush" Concert (Imaj)
Clarence Muse Café Theatre

THE BODY OF CHRIST CHURCH INC.

"Where God's Word motivates, activates, inspires, stimulates and energizes"



Pastor Eddie Ruth

Come and Experience The Joy!

SUNDAY SERVICE 10:30 AM
11:00 AM
MUSICAL SCHOOL 5:00 PM
6:00 PM
WEDNESDAY 7:00 PM
8:00 PM

CHURCH FIELD
The parklike grounds surrounding the church are used for various events, including picnics, barbecues, and other community gatherings.

7TH & WESTCHESTER DR.
DALLAS, TX 75205
PHONE: 214-352-3597
FAX: 214-352-3597

WEBSITE: www.thebodyofchrist.com

Marsalis Avenue

Church Of Christ

2431 South Marsalis Ave.
Dallas, Texas
(214) 941-2532



Dr. David L. Lewis
Ministering Evangelist

Sunday School.....8:45 AM
Morning Worship.....9:00 AM
Children's Bible Hour.....10:00 AM
Evening Worship.....5:30 PM
Mid-Week Bible Class.....7:30 PM

CONCORD MISSIONARY BAPTIST CHURCH

6805 Pastor Bailey Dr.
Dallas, Texas 75237
Phone: (214) 331-8572
Fax: (214) 331-3597



Rev. Bryan Carter, Senior Pastor

SATURDAY BAPTISM.....8:00 AM - 10:00 AM & 11:00 AM
CHILDREN'S SUNDAY SCHOOL.....8:00 AM - 9:00 AM & 11:00 AM
PRESCHOOLERS CLASSES.....9:00 AM - 10:00 AM
CHILDREN'S WORKSHOP SERVICE.....11:00 AM
ADULTS NIGHT PRAYER AND PRAISE.....7:00 PM
EVENING WORSHIP SERVICE & BAPTISM.....8:00 PM

Dallas West Church Of Christ

3510 N. Hampton Rd.
Dallas, Texas 75211
(214) 671-5448



Sammie Berry
Minister

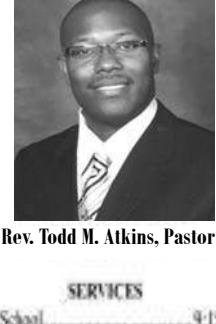
CALENDAR OF SERVICES

SUNDAY BIBLE SCHOOL.....8:00 AM
SUNDAY MORNING PRAYER.....10:00 AM & 11:00 AM
TUESDAY SONG PRACTICE.....7:00 PM
WEDNESDAY BIBLE CLASS.....8:00 AM & 10:00 AM
SUNDAY BAPTISM BROADCAST.....10:00 AM & 11:00 AM
CLOSING WORSHIP.....11:00 AM

"Come and Experience The Joy!"

Salem Institutional Baptist Church

7018 Cedar Street • Dallas, Texas 75215 • (214) 428-3797



Rev. Todd M. Atkins, Pastor

SUNDAY SCHOOL.....9:15 AM
MORNING WORSHIP.....10:45 AM
WEDNESDAY PRAYER MEETING.....7:00 PM

ST. JOHN MISSIONARY BAPTIST CHURCH

2000 S. Marsalis Ave • Dallas, TX
75216 • 214-375-4876



Rev. Bertram Hanley

Services

SUNDAY 11:00 a.m.
SUNDAY SCHOOL 9:15 a.m.
WED. 12:00 p.m. BIBLE STUDY
WED 7:00 p.m. BIBLE STUDY

"Come and Experience God's Love for YOU Each Sunday"

Rev. Todd M. Atkins, Pastor

SUNDAY SCHOOL.....9:15 AM
MORNING WORSHIP.....10:45 AM
WEDNESDAY PRAYER MEETING.....7:00 PM

"Come and Experience God's Love for YOU Each Sunday"

Rev. Todd M. Atkins, Pastor

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Donald E. Smith, Jr.

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

RADIO STATION BROADCAST
EVERY SUNDAY 9:00 a.m.-10:00 a.m.
KFRK 1570 AM

Rev. Van Carl Williams

SUNDAY SCHOOL.....9:00 AM
SUNDAY MORNING WORSHIP.....11:00 AM
MONDAY MORNING MEET.....7:00 PM
PRAYER & BIBLE STUDY MEETING.....7:00 PM

**Dallas ISD Proud**

Name: Paola Ibanez
School: Lincoln Humanities/Communications Magnet

Class of: 2013

Activities: Dallas ISD Teen Board, Junior Class President, band, journalism, work

Role Model(s): Astrid (fictional character from "White Oleander")

Favorite movie or book: "White Oleander" by Janet Fitch

Plans after high school: Attend college

Why I am proud of my school: I am proud of being a student at Lincoln High School because most of the students face personal adversity on a daily basis, yet, they persevere both in their studies and in extra-curricular activities. The students continue to make Lincoln a shining star in South Dallas. We understand the importance of the legacy that we are a part of, and we are extremely proud to be Lincoln Tigers.



Name: Tristan Stiggers
School: W.W. Samuell High School

Class of: 2012

Activities: Dallas ISD Teen Board, Student Council, basketball, tutoring, watching sports

Role Model(s): Dr. Martin Luther King Jr., Will Smith

Favorite movie or book: "Tears of a Tiger" by Sharon Draper and "Limitless" directed by Neil Burger

Plans after high school: Attend the University of Houston

Why I'm proud of my school: I am proud of my school because of our efforts to push education into the community. The possibility of starting an early college is a huge accomplishment for the W.W. Samuell community. Enriching the lives of children today will better benefit their future and the future of our city.

OPRAH REUNITES "ROOTS" CAST FOR 35TH ANNIVERSARY SPECIAL

(AP)- Oprah Winfrey will revisit Roots, the landmark 1977 American television miniseries about slavery, with a primetime TV special set to air on OWN in January.

On Oprah and the Legendary Cast of 'Roots' 35 Years Later, the talk show host-turned-TV mogul will reunite the cast in her Montecito, California home to share personal accounts of working on the series and its lasting impact. Cicely Tyson, LeVar Burton, Leslie Uggams, John Amos, Louis Gossett Jr. and Ben Vereen are among the Roots cast members confirmed to appear on the special, which was produced by Harpo Studios.

OWN will also bring back its Oprah's Master Class specials, coproduced by Harpo Studios and @radical.media, beginning January 8. The series features in-depth interviews with Winfrey's high-profile celebrity friends and associates.

Actors Jane Fonda, Goldie Hawn, Sidney Poitier and Morgan Freeman; media mogul philanthropist Ted Turner; musicians Reba McEntire and Jon Bon Jovi and athletes Laird Hamilton and Grant Hill are set to appear in 2012.



Chloé Buckley

Although not a common item in most kitchens today, quinoa is an amino acid-rich (protein) seed that has a fluffy, creamy, slightly crunchy texture and a somewhat nutty flavor when cooked. Quinoa is available in your local health food stores throughout the year.

HEALTH BENEFITS

Most commonly considered a grain, quinoa is

CHLOÉ'S WEEKLY GREEN TIPS: START THE YEAR OFF RIGHT! EAT HEALTHY AND FEEL GREAT!

QUINOA

actually a relative of leafy green vegetables like spinach and Swiss chard. It is a recently rediscovered ancient "grain" once considered "the gold of the Incas."

Not only is quinoa high in protein, but the protein it supplies is complete protein, meaning that it includes all nine essential amino acids. Not only is quinoa's amino acid profile well balanced, making it a good choice for vegans concerned about adequate protein intake, but quinoa is especially well-

endowed with the amino acid lysine, which is essential for tissue growth and repair. In addition to protein, quinoa features a host of other health-building nutrients. Because quinoa is a very good source of manganese as well as a good source of magnesium, folate, and phosphorus, this "grain" may be especially valuable for persons with migraine headaches, diabetes and atherosclerosis.

Tips on how to prepare quinoa next week!

Are you ready for the SAT?

SAT TEST DATE

•January 28, 2012

•March 10, 2012

•May 5, 2012

•June 2, 2012

REGULAR REGISTRATION DEADLINE

•Late Registration Available

•February 10, 2012

•April 6, 2012

•June 2, 2012

SAT TESTS GIVEN

•SAT Test Only

•SAT Reasoning Test and Subject

•SAT Reasoning Test and Subject

•To Be Announced

Please remember that you can take the SAT as often as you like - but you do have to pay for it each time. The SAT registration deadlines are important test dates to remember - you do not want to miss registering for the test because you have forgot the deadline.

Teen Writers Wanted!

Teen Graffiti Magazine is looking for talented young writers to be published as guest columnists for our Teens Speak column. This is an opportunity for gifted, young journalists to write about a topic of their choosing that is relevant to today's teens.

Teens Speak

We are looking for crisp writing about timely, youth-oriented issues of interest to middle and high school age teens (12-18). The essay must be no more than 600 words. Only man-

uscripts written by teens between the ages of 12 and 18 years of age will be considered. Submit articles via e-mail as a text document to, editor@teen-graffiti.com or contactus@teen-graffiti.co m

Please include your name, address, age, grade, school and e-mail address. Please put

"Teens Speak Submission" in the subject line and include a short one or two sentence bio about yourself (ie: Jane Doe is a 9th grader at Lincoln High School. She enjoys read-

ing and playing tennis). Parental consent is required and must be included.

If you have a photo or artwork that would complement your story, e-mail it in a jpeg format or by mail to: Teen Graffiti Magazine, Teens Speak, P.O. Box 452721, Garland, TX 75045-2721

Submitting an article does not guarantee publication. Teen Graffiti Magazine will reward students with an age-appropriate prize if their submission is published.

The Dallas Post Tribune Next Issue Will Be Celebrating Dr. Martin Luther King Jr.'s Birthday

Good Grooming Pays Off

Urban Call Staff Reported:

To look sharp you need more than new clothes. Maintaining your hair, nails, teeth, and skin are good hygiene habits that do not cost much, but say much about your character.

You should own a manicure kit. Men's hands are typically exposed to dirt, and germs get under nails. Manicures keep nails clean, short, and shaped. Likewise, pedicures are also a practice you should not neglect. Let's talk oral hygiene. You should brush your teeth twice a day. Flossing will keep your teeth clean and disease-

free and your breath fresh. If your teeth are dull, consider whitening strips. Routine dental checkups are highly recommended.

Many men have dry skin. When you shower, try using a body wash with cocoa or shea butter, and use a loofah sponge. Moisturize your skin daily with lotion. Razor bumps and skin irritations are common problems. While there is no single cure, there are steps to make it bearable. Experts suggest that a hot shower before shaving will soften your beard and open the pores. Use a pre-shave lotion or thick gel designed for reducing razor bumps with

a sharp, single-blade razor. Take your time, shave in the direction of your hair growth, and do not stretch your skin. This helps you avoid nicks and scars. Shaving every other day allows your skin to heal and facial hair to grow longer and straighter instead of being forced back in. Once a week, use an exfoliating facial cleanser to remove dead cells and trapped hairs that may become ingrown. Finally, if razor bumps persist, see a dermatologist or consider growing a full beard. Just be sure to keep your beard well trimmed to look like a successful, urban gentleman.

SPANISH

En la Novena Cumbre Nacional del National Hispanic Caucus of State Legislators (Caucus Nacional Hispano de



SPORTS PAGE

MARTIN LUTHER KING JR BASKETBALL CLASSIC



This year, the Martin Luther King, Jr. National Memorial in Washington, DC honored Dr. King's national and international contributions and vision for all to enjoy a life of freedom, opportunity, and justice. To further commemorate the life and legacy of Dr. King, the 2nd Annual Basketball Classic will unite the University of St. Thomas with Paul Quinn College. In addition to these teams, the men and women teams from Grambling State and Prairie View A&M

Universities will compete.

TIP OFF* -- TEAM -- UNIVERSITIES

1:00 p.m. -- Men's -- Paul Quinn Tigers vs. St. Thomas Celtics
3:30 p.m. -- Women's -- Prairie View A&M University Panthers vs. Grambling University Tigers

6:00 p.m. -- Men's -- Prairie View A&M University Panthers vs. Grambling University Tigers

This is Farmers

Insurance's second year participating in the event with ALW Entertainment. With the addition of another game, the attendance and energy should be outstanding. The company will be very visible during the day with its customer care vehicle out front and the exhibit area inside. Remember to visit the Farmers booth to enter for a chance to win a prize during each of the three scheduled games.

They hope to highlight some of the great things historically black colleges and universities have to offer and give people a chance to connect with their community, alumni and fans from all over the country. Farmers is proud of its long history of community service in the greater Dallas/Forth Worth area, including our outreach programs, corporate contributions and business initiatives.

For more information about the event, please visit alwe.com. Proceeds from the event will help benefit college-bound high school students.

Event: January 16, 2012 Ellis Davis Fieldhouse in the Kincaid Complex 9191 Polk @ I-20 Dallas, TX 75232

BAYLOR TAKES CARE OF TEXAS A&M IN BIG 12 OPENER TO STAY UNDEFEATED

(AP) - With its highest ranking ever and already with the best start in school history, Baylor (No. 5 ESPN/USA Today, No. 4 AP) opened Big 12 play accomplishing another first.

Perry Jones III had 14 points with 12 rebounds, and the Bears remained undefeated with a 61-52 victory over Texas A&M on Monday night for their first 14-game winning streak in school history.

After moving up two spots to No. 4 in the new Associated Press poll earlier Monday, the Bears (14-0) scored the first eight points of the game and lead throughout against the Aggies (9-4).

"I make sure, being the captain of the team, that we don't pay attention to that," senior Quincy Acy said. "It's good to have it, but we want more.... Just make sure that we don't pay attention to that, and we go out every night and play like we have something to lose."

Division I Unbeaten Teams

After Monday's games, four of the 345 Division I teams remain unbeaten.

- No. 1 Syracuse
- No. 5 Baylor
- No. 6 Mizzou
- No. 18 Murray St.
- Rankings from ESPN/USA Today poll

Lincoln Funeral Home & Cemetery

8100 Fireside Dr. Dallas Texas 75217 • (214) 398-8133



**Employment Opportunity
Community Counselors Needed (Sales)**

Excellent Income Opportunity and

Personal Growth Opportunity

Patricia.Jefferson@sci-us.com

(214) 398-8133

The Dallas Post Tribune Prayer List

Fred Allen II
Mr. & Mrs. Ray Allen
Rev. Curtis Anderson
Mr. Oscar Bailey
Mr. W.T. Beckett
The Baylock Family
Mr. Jimmy Bell
Ms. Evelyn Blackshear
Mr. Marcus Bolden
Mr. & Mrs. Robert Brown
Mrs. Emma Calahan
Ms. Adrienne D. Carr
Mrs. Alavastri Carr
Mrs. D. Carr & Kids
Mr. & Mrs. James Carr & Kids
Mrs. Thelma Carrington
F. Fox
Mr. Terry & Mrs. RueNette Chambers & Families
Camp Wisdom Church Family
Mr. Chuck Williams

Mr. L.C. Coleman
Theodora Conveyer Family
Mr. & Mrs. Eli Davis
Mrs. Juliana Davis
Mrs. Sonya Day
Mrs. Jo Dewity
Bro. Michael Dewity
Mrs. Lillian Gee
Mrs. Helen Gilliam
Mrs. Emma Greene
Mr. Robert Greene
Mrs. Dorothy Love-Griffin
Mrs. Katie Hall
Dr. Leon Hayes
Mrs. Sam Henry
Mrs. Alma Hunstberry
Mrs. Ms. Lupe Hernandez
Mrs. E.B. Jackson
Ms. Jean Johnson
Mrs. Opal Jones

Kennedy Family
Mrs. Mary Kennedy
Mr. Alexis Lacy
Mr. Melvin Lee
Mrs. Tracy Lewis
Mrs. Patricia McGuire
Mr. James McClure
Mrs. Priscilla McLaughney
Mrs. Algeria Merrell
Mrs. Larry Mitchell
Mrs. Destiny K. Morgan
Mr. Cornell Nealy
Ms. Dana Norris
Our Military Service Personnel
Mr. Lawrence O'Neal
Sis. Jewel Perrio
Mr. Jimmie Lee Pritchett
Mrs. A. Polk
Ms. Carrenna Polk
Rev. & Mrs. Homer Reagan
Mr. Maxine Reese
Mrs. Ruth Robinson

Dr. C.C. Rousseau
Mrs. Odette Rousseau
Mr. Jose (Joe) Sandoval
Mrs. Joyce Stanier & Lee Family
Mr. James &
Mrs. Patricia Stewart
Mr. Artist Thornton
Mrs. Ruby Artheray Thompson
Dr. & Mrs. Frederick Todd
Bro. Willie Tucker
Mr. Arthur Turner
Rev. S.T. Tunson, Jr.
Mrs. Peggy Trotter-Brown
Mr. Waylon Wallace
Mrs. Claudia Washington
Mrs. Jimmie Jones-Walkins
Mrs. Barbara Sweet Williams
Mr. Richard Williams
Mr. Sheldor Williams
Mr. Booker T. Woods, Sr.
Mr. Chad Wooley
Lawrence & Marder Church
Riverside Baptist Church

Ayala, Jose
Age: 45 Race: H
Height: 5'06"
Weight: 165
Hair: Black
Eyes: Brown
Charged With:
Aggravated Sexual
Assault of a Child

Rangel, Misty
Age: 33 Race: W
Height: 5'03"
Weight: 180
Hair: Brown
Eyes: Brown
Charged With:
Engaging in
Organized Criminal
Activity

Brown, Rickey
Age: 53 Race: B
Height: 5'09"
Weight: 130
Hair: Black
Eyes: Brown
Charged With:
Manufacture and
Delivery of a
Controlled Substance

Veracruz, Domingo
Age: 46 Race: H
Height: 5'00"
Weight: 210
Hair: Black
Eyes: Brown
Charged With:
Manufacture and
Delivery of a
Controlled Substance

Knox, Daniel
Age: 22 Race: W
Height: 5'06"
Weight: 136
Hair: Brown
Eyes: Blue
Charged With:
Manufacture and
Delivery of a
Controlled Substance

Eubanks, Ronald
Age: 44 Race: B
Height: 5'09"
Weight: 200
Hair: Black
Eyes: Brown
Charged With:
Possession of a
Controlled Substance

Mt. Moriah Missionary Baptist Church

3611 Larimer St. Dallas TX 75215 (214)-38-1999

SERVICES

Sunday Morning Church School
9:30 a.m.
Morning Worship
10:30 a.m.
Sunday Evening Ministry In
Training
4:00 p.m.
Wednesday Prayer/Bible
Fellowship
7:00 p.m.
Saturday Morning
Great Commission and
Baptization Ministry-Tight
by Senior Pastor
Dr. Robert D. Revel
10:30 a.m. - 12:30 p.m.

holy cross catholic church

8110 Harrison Valley Road (near Lakewood)
Dallas, Texas 75241

214.375.7457 • 214.374.7952

Sanchez Mass Schedule
Mass of Anticipation: Saturday, 7:30 p.m.
8:00 a.m. and 12:00 p.m. in English
8:30 a.m. in Spanish
9:30 Mass at Chapel of Our Lady of Lourdes, Dallas, Texas, 75241

Rev. Timothy Gobius, Pastor

Jubilee United Methodist Church

301 Frank Kessler Blvd.
Duncanville, TX 75116

972-283-2264

Pastor Bob Davis, I

Services

Sunday School 9:00 a.m.
Morning Worship 10:30 a.m.
Wednesday Bible Study 7:00 p.m.

Zion Hill Baptist Church

919 Marcell Avenue
Dallas, Texas 75203

214-848-6975

Rev. J. E. Whittaker, Pastor

Rev. J. E. Whittaker, Pastor

Manger Avenue Baptist Church

3919 Manger Avenue
Dallas, Texas 75204

(214) 824-8312
SLABC200@atx.earthlink.net

Rev. Wade Charles Davis

Order of Service

Sunday School 9:30 a.m.
Sunday Morning Worship 11:00 a.m.

Wednesday Evening Services 7:00 p.m.

"This is the Church... Where Everybody Is Somebody"

Golden Gate Missionary Baptist Church

1001 Sabine Street Dallas, Texas 75201

Phone: 214-942-7474 Fax: 214-942-2023

www.goldengatembc.org

Pastor Vincent J. Parker

Sunday School

9:00 a.m.

Morning Worship 10:30 a.m.

Children's Church 10:30 a.m.

Prayer Service (Wednesday) 7:00 p.m.

Bible Study (Wednesday) 7:30 p.m.

Youth Bible Study (Wednesday) 7:00 p.m.

Wednesday Mid-Week Service

Sunrise Bible Study 10:00 a.m.

Family Fellowship Dinner 5:30 p.m.

Prayer Meeting/Mid-Week Service 6:00 p.m.

Communion and Baptism Service 7:00 p.m.

Usher Sunday 8:00 p.m.

Men and Women Ministry 7:00 p.m.

Music Committee/Musical Team 8:00 p.m.

Rehearsal 8:00 p.m.

St. Phillips Missionary Baptist Church

6001 Bishop Kelly Dr.

Dallas, Texas 75244

(214) 374-6124

The Church in the Heart of the People

The People in the Heart of the Church

St. Lake Community United Methodist Church

4101 E. 11th Street Dallas, Texas

(214) 311-1716

First Worship

8:00 a.m.

Second Worship

11:00 a.m.

Study School

9:45 a.m.

Wednesday Prayer

6:00 p.m.

Mavs send Thunder to first loss with 100-87 win

(AP) — Dirk Nowitzki scored 10 of his 26 points during the third quarter, sending the Dallas Mavericks to a 100-87 victory over the Oklahoma City Thunder on Monday night.

The Thunder, who topped Dallas on a buzzer-beater in Oklahoma City on Thursday, came in as one of only two unbeaten teams in the NBA at 5-0. Miami was the other but the Heat lost to Atlanta 100-92 earlier Monday night, also falling to 5-1.

Dallas began pulling away with a 9-2 run at the start of the second quarter, but Oklahoma City kept clawing back to keep things close. Then

Nowitzki took over.

He opened the second half with a jumper over Kendrick Perkins that left the big man snarling at his own bench. He made another shot with defender James Harden ducking for cover, then scooped in a layup on a play that began with Delonte West spinning Harden to the floor. The layup put Dallas up by 15 and the game wasn't close again.

The Mavs came in 1-4 with a victory over lowly Toronto. Their best effort probably had been their loss at Oklahoma City. Yet before the game, coach Rick Carlisle said, "I don't think we're as far off as it may appear." Dallas fixed two flaws by scoring 56

points in the paint and keeping the rebounds even at 41.

Nowitzki was 10 of 16, with four of his misses from 3-point range. He had six rebounds, three assists and two steals.

Shawn Marion scored 17 points, Jason Terry 15 and Vince Carter a season-high 14 — eight on free throws — for Dallas. Jason Kidd didn't score but had a season-high nine assists.

Oklahoma City's Kevin Durant scored 27 points, but had only four during the pivotal third quarter. Russell Westbrook added 18 points and eight rebounds, and Harden had 16 points and seven rebounds.

The Dallas Post Tribune Next Issue Will Be Celebrating Dr. Martin Luther King Jr.'s Birthday

If you have some sports information that you would like placed in the DALLAS POST TRIBUNE Sports Section e-mail us at: posttrib@airmail.net

Crime Stoppers' Most Wanted

Local Area Law Enforcement reports that as of December 29, 2011, these people were wanted on the listed warrants. Authorities have reason to believe that these people might be in the Dallas area and have requested public assistance in locating them. If you see any of these people, do not approach them. Call Crime Stoppers at 1-877 373-TIPS or visit our website tcc.crimestoppersweb.com. You do not have to give your name.



CLASSIFIEDS

FUNERAL HOMES

Five big reasons to consider

Black & Clark Funeral Home

- 1.** We work harder to earn your business. We can't afford to provide anything less than impeccable service, or to leave you with less than the best impression possible.
- 2.** You're not just our client, you're our boss. We don't lose sight of who we're working for. After all, you're the one we answer to.
- 3.** We arrange funerals, we don't sell them. It is our responsibility to honor your wishes and respect your budget.
- 4.** We like meeting families, not goals. Like you, we are a part of this community supporting our neighbors when they need us.
- 5.** We spend time with you. Arranging a fitting tribute is important to you, and you don't deserve to be rushed.

HISTORICAL

BLACK AND CLARK FUNERAL HOME

Service with distinction (Since 1914)
Now Under New Ownership



Dr. Gwen Clark, Gary Clark, Linda Mitchell, Emanuel Pruitt, Johnny Wilson
Complete Funeral, Cremation, Shipping Service and Pre-Arranged Service
(Dependability, Quality and Care)

Black & Clark Funeral Home,
2517 T. Illinois Ave.
Dallas, Texas 75216
214.376.8397 • Fax 214.376.1298
www.blackandclark.com

TO ADVERTISE CALL
214-946-6820

ASK THE UNDERTAKER radio & tv show

AN HONEST AND OPEN LOOK
INTO FUNERAL SERVICES

Your Host John Beckwith Jr. CFSP
Owner/CEO
Golden Gate Funeral Home

RADIO SHOW

Every Sat.,
10 am - 11 am
970 am Heaven 97
Call in and ask questions
at radio station
214.787.1970

WATCH ON 34.1 ACCESS 34

OR WATCH ONLINE

AT ACCESS34.TV

7-7:30 PM EVERY SAT.

CALL INTO TV STATION

214.317.7831



Debra Abram
Queen of Pre-Need
Golden Gate
Funeral Home
469.583.1924

Eddie Pace
King of Pre-Need
Golden Gate
Funeral Home
214.417.4504

4155 S. R.L. THORNTON Fwy
DALLAS, TX 75224
214.941.7332

1318 W. GREEN
TALLULAH, LA 71282
318.574.6100

OFF-SITE PRE-NEED OFFICE: 6166 N HAMPTON, RD., STE 204.
DESOTO, TEXAS 75115

GOLDENGATEFUNERALHOME.COM

Reynolds Asphalt and Construction Company

Experienced Asphalt Operators and Laborers

A successful Construction Company in the Mid-cities area has immediate openings for experience asphalt operators and laborers on its road crews.

Requirements:

- Have 1 to 2 years of experience
- Have a HS diploma or GED
- Be able to pass a drug test and physical test

We offer excellent benefits and salary to compensate your experience!

Interested candidates should e-mail resumes to:

mhood@reynoldsasphalt.com

or call Monte Hood or Bill Evans at:

(817) 267-3131

Equal Opportunity Employer

Evans Engraving & Stamping, Inc.

208 S. Tyler Street

Phone (214) 948-1274

Dallas, Texas 75208

Fax (214) 943-7521

• www.evansengraving.net • envans&e2@sbcglobal.net
Trophies, Plaques, Badges, Signs, Crystal, Glass and Gavels
We also engrave Rings & Watches
Gold Stamping, Bibles, Luggage and much more!

S & B PEST CONTROL



Billy Pat Robinson
Since 1958
Serving the Metropoles

It's time to treat for TERMITES, CARPENTER ANTS, and all types of PESTS. We have done over 60,000 termite and pest treatments, done safely and effectively. Call us at 214.946.5879.

Real Estate Termite Inspections
We do all types of Pest Control
Call S & B Pest Control
214.946.5879

Barber & Beauty Shops

Best Cuts

Stylist: *Nancy Tan Angola*

Ph: 972-283-2727

Men & Women Hair Cut, Perm, Eyes Brow Wax

Hours M-F 10:00am - 7:00pm

Sat 9:30am - 6:00pm

Sun 12:00pm - 5:00pm

8438 Old Hickory Trail Suite #103

Dallas, Texas 75237

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222

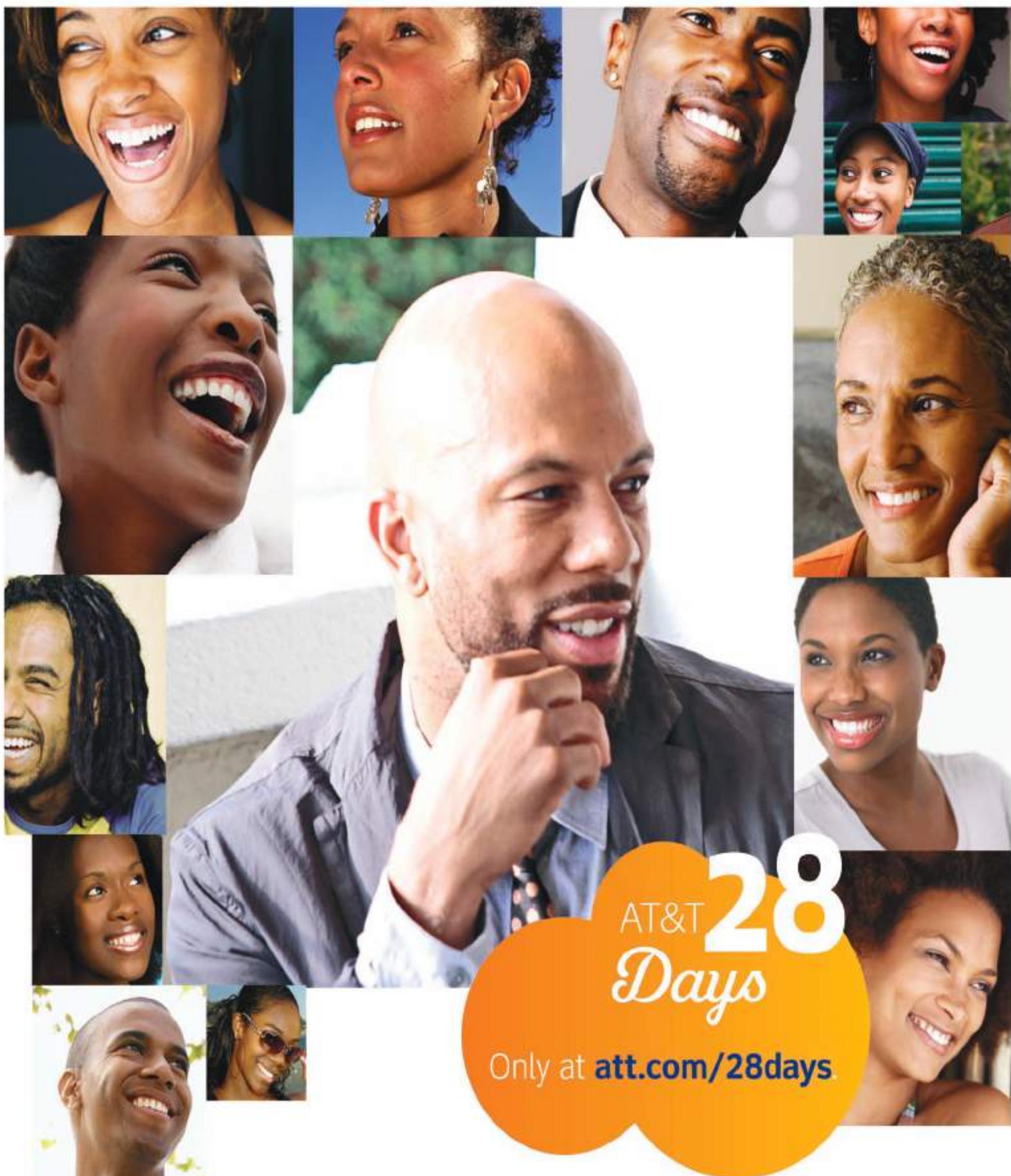
214.662.9222

214.662.9222

214.662.9222

214.662.9222

214.662.9222



AT&T **28**
Days

Only at att.com/28days

History made its mark.
Make yours.

Be inspired to make your mark on history by attending
the AT&T 28 Days Speaker Series this Black History Month.
On Monday, January 16, at the House of Blues, bring your
family and friends to see our special guest speaker. The
event will feature a performance by our host, Common.

Get free tickets for the AT&T 28 Days Speaker Series.

Only at att.com/28days.

Rethink Possible®

