

HAPPY VALENTINE'S DAY!



The Dallas Post Tribune

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SERVING THE BLACK COMMUNITY WITHOUT FEAR OR FAVOR SINCE 1947

February 14 - 20, 2019

After the rediscovery of a 19th-century novel, our view of black female writers is transformed



Victorian-era, middle-class black women who loved to read and write didn't have many role models.

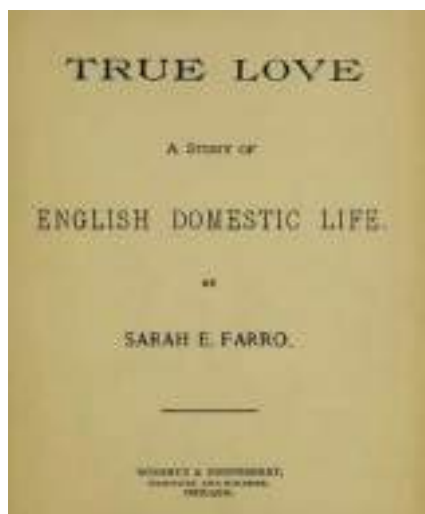
By Gretchen Gerzina – The Conversation
Professor of English, University of Massachusetts Amherst

Four years ago, I was in the United Kingdom working on a follow-up project for my books "Black London" and "Black Victorians/Black Victoriana." While looking through old British newspapers, I was astonished to read an 1893 announcement in The Daily Telegraph proclaiming Sarah E. Farro to be "the first negro novelist" with the publication of her novel "True Love."

I wondered: who was this woman? And why didn't we know about this reportedly ground-breaking novel?

The Daily Telegraph didn't get it exactly right: We know now that Farro wasn't the first African-American novelist. Nonetheless, she appears nowhere in the canon of African-American literature.

After doing more research, I soon realized that Farro had made her mark writing about white people, and that this may also be the reason her work was forgotten. Learning of a black woman whose race was documented, whose novel was published – but who disappeared in the historical record – can change how we think about African-American literature.



Farro joins a small club

Searches of American census records show that Sarah E. Farro was born in 1859 in Illinois to parents who moved to Chicago from the South. She had two younger sisters, and her race is given as "black" on the 1880 census.

Her novel, "True Love: A Story of English Domestic Life," was published in 1891 by the Chicago publishing house Donohue & Henneberry. It was one of 58 books by Illinois women writers exhibited at the World's Columbian Exhibition (World's Fair) in 1893. Newspapers in the U.K. and the U.S. heralded the book. Toward the end of her life, in 1937, Farro was

feted at a celebration of Chicago's "outstanding race pioneers." Apparently, she never wrote another novel.

"True Love" disappeared from the historical record, and for decades historians recognized only three other 19th-century novels written and published by African-Americans.

One other, "The Bondswoman's Narrative," was recently found in manuscript and published, even though the author, Hannah Crafts, is only circumstantially (although convincingly) identified. With my discovery, Farro becomes only the second known African-American woman novelist published in the 19th century. And she now joins William Wells Brown, Frances Harper, Harriet E. Wilson, and Frank J. Webb as the only African-American published novelists in the entire century.

When I returned to the U.S. from the U.K., I was able to track down only two copies of "True Love" in libraries – one at the Harold Washington Library Center in Chicago and the other at the University of Illinois at Urbana-Champaign – and headed to Chicago to read it. To briefly summarize: the novel tells the story of a man whose quest to marry his love, Janey, is thwarted by Janey's selfish sister and mother. Generous and beloved Janey nurses her sister through a fever, only to catch it herself and die.

The University of Illinois at Urbana-Champaign later digitized it for me, and now it's available online for anyone to read. I also found an original copy on eBay and immediately bought it for US\$124.

The eBay listing makes no mention of her race; nowhere except in early newspaper pieces is she identified as a black woman, so this important piece of history has remained invisible until now.

TO BE CONTINUED NEXT WEEK

Black Publishers Push for More Diabetes Awareness



Former Democratic Texas congressman Beto O'Rourke waves to the audience as he is introduced prior to an interview with Oprah Winfrey live on a Times Square stage at "Oprah's SuperSoul Conversations from Times Square," Tuesday, Feb. 5, 2019, in New York. O'Rourke dazzled Democrats in 2018 by nearly defeating Republican Sen. Ted Cruz in the country's largest red state. (AP Photo/Kathy Willens)

By Lauren Poteat, NNPA Newswire Washington Correspondent

On a mission to combat issues of diabetes, which disproportionately afflicts Black Americans nationwide, the National Newspaper Publishers Association (NNPA), the trade association for more than 215 of the nation's leading Black media companies, moderated a very important conversation surrounding the chronic condition and its ongoing negative impacts on people of color.

Panelists participating in a high-energy January 24th discussion, held during the NNPA's Mid-Winter Conference, vehemently pushed for people of color to actively "get ahead" of their health. The panel was moderated by Bishop Elton Amos, MD, founder of Church of God In Christ's Global Health and Wellness Initiative, in cooperation with Eli Lilly and Company. The panel also featured two executives from Eli Lilly: Nate Miles, VP Strategic Initiatives, State Government Affairs and Tanisha Blake, Associate Brand Manager, Payer Marketing.

"We have to get ahead of our health," said Bishop Amos, whose organization is devoted to promoting healthy lifestyles among minorities. "Diabetes is still a major issue for people of color. We have to start utilizing our doctors more, getting tested regularly and working better on balancing and maintaining healthy lifestyles."

CONTINUES ON PAGE 2

Robin Givens: Iconic Actress Stars in OWN's "Ambitions"

By Nsenga K. Burton, Ph.D., NNPA
Newswire Entertainment and Culture Editor

Enduring actress Robin Givens spent the day promoting her new OWN television series, "Ambitions" at the 2019 SCAD a TVfest film festival held in Atlanta, Georgia Feb. 7-9. Produced by Will Packer Media, in association with Lionsgate and Lionsgate-owned distributor Debmar-Mercury, and starring Givens ("Riverdale," "The Fix," "The Bold and the Beautiful"), "Ambitions" is a multi-generational family saga centered around one woman who, having recently relocated and intent on revitalizing her marriage, finds herself going head to head with some of the most powerful and deceitful players in the city of Atlanta.

Givens stars as 'Stephanie Carlisle,' the wife of Atlanta Mayor Evan Lancaster (Brian White), whose true loyalty is to her family's prestigious law firm, where she is the latest in a long line of distinguished lawyers that goes on in this town," says "The Fix" actress. "I use the word delicious to describe the role because it's so fabulous. I really feel blessed to be able to play her."



CONTINUES ON PAGE 4



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EDITORIAL PAGE

Black Publishers Push for More Diabetes Awareness

Continued from Page 1

The American Heart Association cites diabetes as one of three major dangerous health conditions (along with high blood pressure and obesity) that play a vital role in increasing the chances of succumbing to heart disease and strokes.

Additionally, the American Diabetes Association reports that 13.2 percent of all Black Americans aged 20 years or older have been diagnosed with diabetes. Blacks are 1.7 times more likely than their white counterparts to suffer from the disease.

In an attempt to combat diabetes, Eli Lilly and Company, a global pharma-

ceutical corporation and leader in diabetes management, announced the recent opening of their Lilly Diabetes Solution Center and Helpline, crafted particularly for Black Americans.

The announcement was received enthusiastically by NNPA's Chairman, Chicago Crusader Publisher, Dorothy R. Leavell and others in attendance. "Eli Lilly and Company has taken big steps to develop a solution center for diabetes," Chairman Leavell said. "This center will help our people gain access to affordable insulin and valuable resources and also provide cost savings solutions and free clinic information."

Dedicated to making sure that no one has to pay full price for insulin, the new Lilly Diabetes Solution Center and Helpline prides itself on being a solution-oriented program that grants relief for those who are not insured, are underinsured or have high out-of-pocket expenses.

With a longstanding reputation for pouring into communities of color, the Lilly organization has also donated insulin to three relief agencies that serve communities of color globally, particularly in the U.S.: Americares, Direct Relief and Dispensary of Hope, and has distributed insulin to over 150 free clinics around

the country.

"This new helpline alone, will help people get direct access to affordable diabetic healthcare," Leavell said. "It will help link them directly to clinics in their local communities that can help and will provide information on how to go about utilizing resources. We are really working hard to get this information out to all of our publishers and we thank Eli Lilly and Company for this initiative."

To learn more about the Lilly Diabetes Solution Center and Helpline, visit: Lilly Diabetes Solution Center and Helpline.

DEAR DIETITIAN

Dear Dietitian,

My friend is always on the latest health kick, so now she is taking probiotics every day and swears she feels so much better. She keeps bugging me to take them too, but I priced them at the drugstore, and they are expensive. Are they worth it?
Sharon

Dear Sharon,

Probiotics are a popular health trend with sales of \$1.4 billion in the United States in 2014. Since then, sales have nearly doubled, racking up \$2.4 billion in 2018. Everyone wants to be healthy, especially if all it takes is a new pill, but are probiotics a wise use of your hard-earned money?

I've always had trouble keeping up with the difference in probiotics and prebiotics, so I consulted the Mayo Clinic's website. As it turns out, prebiotics are specialized plant fibers that act as fertilizers in your gut, thereby increasing the number of good bacteria in your intestines. Conversely, probiotics actually contain live organisms, usually certain strains of good bacteria, that add to the number of healthy bacteria in the gut. Both prebiotics and probiotics can be found in foods. Both can be purchased in capsule-form.

In order to be labeled as probiotic, a product must meet the definition set forth by the Food and Agriculture Organization of the United Nations (FAO) and World Health Organization (WHO). This states a probiotic must contain "live microorganisms that, when administered in adequate amounts, provide a health benefit to the host."

According to research, probiotics have not been shown to increase overall health. However, they are showing promise in treating symptoms of irritable bowel syndrome (IBS). This is a gastrointestinal (GI) disorder that results in diarrhea, chronic constipation, or alternating diarrhea/constipation. It is accompanied by abdominal bloating, gas, cramping, and pain. The probiotics that have been found most useful in alleviating symptoms of IBS are Bifidobacterium longum and Lactobacillus rhamnosus.

It is important to consult your doctor before starting a probiotic regimen. He or she will advise you on the best product for you, as well as the proper dosage. Also, probiotics are not without side effects, as they have actually caused harm in people whose immune systems are compromised.

Fiber is another ally for people who suffer from IBS. While insoluble fiber (bran) may increase abdominal discomfort, soluble fiber has been shown in studies to alleviate symptoms of irritable bowel. Rich sources of soluble fiber include: whole grains like oats and barley; apples and pears in the fruit group; vegetables like brussels sprouts, broccoli, cabbage, and sweet potatoes; and legumes, such as beans and peas. The recommended amount of daily fiber is 25-30 grams. If currently you are not consuming a lot of fiber in your diet, start with 10 grams per day and increase by 5 g each week to reach your goal. Drink plenty of water or decaffeinated, low-calorie beverages while increasing fiber intake.

As always, be healthy!

Dear Dietitian, Leanne McCrate, RD, LD, CNSC, is an award-winning dietitian based in Missouri. Her mission is to educate the public on sound, evidence-based nutrition. Do you have a nutrition question? Email her at deardietitian411@gmail.com.

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COMMUNITY CALENDAR



South Dallas Concert Choir cordially invites you to come along on this journey as we remember and celebrate the many gifted African American musicians who have contributed to the various genres of music in America and abroad.

WHEN: Saturday, February 16, 2019, 3:00 PM

WHERE: Greater Bethlehem Baptist Church, 7031 Forney Road, Dallas, TX 75227

The Honorable Helen Giddings, Former Member, Texas House of Representatives, To Be Honored by St. Luke "Community" UMC Men's Ministry

Helen Giddings, former Texas State Representative, will be honored with the James C. Belt Jr. Lifetime Achievement Award by the United Methodist Men of St. Luke "Community" United Methodist Church at the organization's 2019 Honors Brunch. The presentation event is set for 11 a.m., Saturday, Feb. 23, 2019, at Paul Quinn College, 3837 Simpson Stuart Rd., Dallas. Chair of the selection committee, Terry Robinson, said Representative Giddings' accomplishments exemplify the same spirit of leadership, civil rights and social activism demonstrated by the late attorney James C. Belt Jr. for whom the award is named. Belt was an attorney and activist who served St. Luke UMC and represented a variety of civil rights causes for several decades. Robinson said, "The Belt award is presented annually to an individual with a record of outstanding vision, dedication and commitment to serve the citizens of their community and the state." The first recipient of the award was Ron Kirk, Dallas' first African-American mayor and U.S. trade ambassador. Robinson said the goal of the recognition "is to shine a light on deserving individuals who have given their time serving all people and ensuring that justice prevails for all."

Giddings is President of Multiplex Inc., a specialty concessions company, which she founded in 1989. Previously, Giddings served as Vice President of Leadership Development at the Greater Dallas Chamber of Commerce and as an executive responsible for 11 states with Sears. While serving in the legislature, Rep. Giddings served on and chaired numerous committees. She has a strong commitment to public service and has served on the boards of various organizations in the Dallas area including the Dallas Black Chamber and the Dallas Planning Commission. Rep. Giddings has served as President of the bi-partisan 1600 member, National Foundation of Women Legislators and served on the Executive Committees of the Women's Legislative Network of the National Conference of State Legislators and the National Organization of Black Elected Legislative (NOBEL) Women.

Her civic service has earned special recognition and many awards including: the National Forum for Black Public Administrators Award (NFBPA); the City of Lancaster has named its Amphitheater "Helen Giddings Amphitheater;" and an Honorary Doctorate from Paul Quinn College.

For ticket information, email St. Luke United Methodist Men at umm.stluke@gmail.com or email Terry Robinson at lawrence12202000@yahoo.com. A portion of the proceeds from the event will be donated to the James C. Belt Jr. Scholarship Fund at Paul Quinn College.



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Rev. Joe S. Patterson, Pastor

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Wednesdays @ 7:00 p.m.

Sunday School - 9:30 a.m.
Worship Service 11:00 a.m.

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2510 E. Ledbetter, Dallas, Texas 75216
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Pastor, Daryl R. Carter

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Study 12:00 Noon
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Study 6:00 PM

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Schedule of Activities

Sunday
Early Morning Worship- 8AM
Church School- 9AM
Morning Worship- 10AM

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1st Sunday 5:30 P.M.

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SUNDAY
Early Morning Worship
8:00 a.m.
Bible Class
9:45 a.m.
Morning Worship
10:45 a.m.
Evening Worship
6:00 p.m.
WEDNESDAY
Prayer Service - 6:30 p.m.
Bible Class - 7:00 p.m.
THURSDAY
Bible Class - 11:00 a.m.

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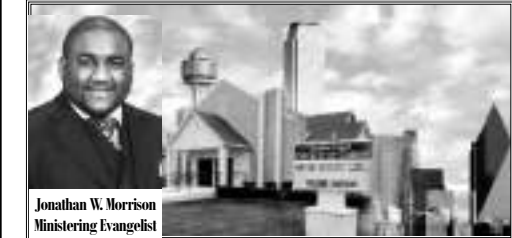
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Sunday Worship
10:00 a.m. & 6:00 p.m.
Tuesday Song Practice
7:00 p.m.
Wednesday Bible Class
9:30 a.m. & 7:00 p.m.
Sunday Radio Broadcast
7:30 a.m. on 970 AM

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Children Worship
10:00 a.m.
Worship Service
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Expunging Criminal Records: Learn the In's and Out's of Clearing a Criminal Record

Cass Robert Callaway, a practicing criminal defense lawyer who represents individuals accused of misdemeanor and felony charges, will be the presenter for the February Lunch & Learn Series class at Frazier House. The class is February 21 from 11 a.m. to 12:30 p.m., at Frazier House, 4600 Spring Avenue.

He will provide participants with strategies on how to clear their criminal records. His discussion will focus on:

- effective strategies for preserving/allowing for criminal record clearing eligibility
- a view of the criminal record clearing process
- alternatives to getting around criminal record history when record clearing isn't an option
- the do's and don'ts of online criminal record databases/mug shot scam sites
- practical ways of getting criminal records cleared with an eye toward your finances

Callaway will discuss also how you can be an effective advocate for legislative and policy changes in your community, at work, and in your sphere of influence – to make criminal record clearing more available to people fighting for a second chance.

Cass Robert Callaway is a practicing criminal defense lawyer. He also serves as local counsel for the online record clearing law firm – Higbee & Associates (www.recordgone.com). He has managed the filing and resolution of hundreds of expunctions, non-disclosures and motions to set aside conviction. He also serves as the presiding municipal judge in Hutchins, TX and the alternate municipal judge in Addison. He attended and graduated from the University of Texas at Austin, worked in politics in Washington, D.C. for several years, returned to Texas to attend law school at Texas Tech School of Law, and now resides in Dallas operating his practice – The Law Office of Cass Callaway.

To register: <https://www.zwhjcc.org/classes-expunge/>

The classes are free and open to the public. Bring your lunch; we will provide the drinks. For more information, email: info@zwhjcc.org or call Jasmine Anderson at 214.324.4443.

Superior Court of Washington
County of KING

In re the Marriage of:
 In re the Domestic Partnership of:
PAUL AMOATENG MENSAH,
Petitioner
and
KEPORSHAY KEON EVANS,
Respondent

No. 18-3-06130-3 SEA
Summons
(SM)

To the Respondent:

1. The petitioner has started an action in the above court requesting:

that your marriage be dissolved.
 that your domestic partnership be dissolved. [] a legal separation.
 that the validity of your marriage be determined.
 that the validity of your domestic partnership be determined.

Additional requests, if any, are stated in the petition, a copy of which is attached to this summons.

2. You must respond to this summons and petition by serving a copy of your written response on the person signifying this summons and by filing the original with the clerk of the court. If you do not serve your written response within 20 days (or 60 days if you are served outside of the state of Washington) after the date this summons was served on you, exclusive of the day of service, the court may enter an order of default against you, and the court may, without further notice to you, enter a decree and approve or provide for the relief requested in the petition. In the case of a dissolution of marriage or domestic partnership, the court will not enter the final decree until at least 90 days after filing and service. If you serve a notice of appearance on the undersigned person, you are entitled to notice before an order of default or a decree may be entered.

3. Your written response to the summons and petition must be on form:

WPF DR 01.0300, Response to Petition (Marriage).
 WPF DR 01.0305, Response to Petition (Registered Domestic Partnership).

4. This form may be obtained by contacting the clerk of the court at the address below, by contacting the Administrative Office of the Courts at (360) 745-5328, or from the Internet at the Washington State Courts homepage: <http://www.courts.wa.gov/forms>

5. If this action has not been filed with the court, you may demand that the petitioner file this action with the court. If you do so, the demand must be in writing and must be served upon the person signing this summons. Within 14 days after you serve the demand, the petitioner must file this action with the court, or the service on you of this summons and petition will be void.

6. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your written response, if any, may be served on time.

7. One method of serving a copy of your response on the petitioner is to send it by certified mail (return receipt requested).

This summons is issued pursuant to RCW 4.28.100 and Superior Court Civil Rule 4.1 of the state of Washington.

Date: _____

Signature of Petitioner
Paul Amoateng Mensah
Print or Type Name

File original of your response with the clerk of the court at:

Serve a copy of your response on:

Petitioner (you may list an address that is not your residential address where you agree to accept legal documents. Any time this address changes while this action is pending, you must notify the opposing parties in writing and file an updated Confidential Information Form (WPF DRPSCU 09.0200) with the court clerk.)

Petitioner's Lawyer:
Nicholas A. Naumak
(Name)

King County Superior Court (Name of Court)
516 3rd Avenue, Room E-609 Address)
Seattle WA 98104

2033 Sixth Ave, Ste 925 (Address)
Seattle, WA 98121

Robin Givens: Iconic Actress Stars in OWN's "Ambitions"

Continued from Page 1

Givens, whose professional acting career spans three decades, stepped back from Hollywood in order to raise her two sons. Now that her youngest is in college, she's ready to get back to her career at full throttle. "I'm becoming an empty nester. I'm making my way back into the business, falling in love with this all over again and I've had the opportunity to play some great women recently."

Givens played Mayor Sierra McCoy on "Riverdale," (CBS) and will play Julianne Johnson on "The Fix," (ABC), a crime drama executive produced by former prosecutor Marcia Clark, debuting in March of this year. Givens also stars in the indie film Gully (Romulus) about three teenagers in dystopian Los Angeles.

"The mayor of Riverdale is sort of a strong woman. The character I play in 'The Fix' is also a strong woman but in an entirely different way," says the Boomerang actress. "Stephanie Lancaster is definitely strong and terrible and wonderful and all of these things. I find that stepping out of the characters and looking at them from outside, that they're all sort of strong and connected."

Not to worry, although Givens will be playing strong women, there's still a little humor, at least when it comes to the character of Stephanie Lancaster in "Ambitions." Givens says, "I love comedy so I'm giving Stephanie a little humor which I really love," and hopefully audiences will too.

"Ambitions" debuts on OWN this year.

SPORTS PAGE

7 Day Weather Forecast for DFW

Thursday, February 14	Friday, February 15	Saturday, February 16	Sunday, February 17	Monday, February 18	Tuesday, February 19	Wednesday, February 20
H-76° L-52°	H-73° L-42°	H-61° L-45°	H-61° L-37°	H-49° L-39°	H-46° L-37°	H-53° L-40°

King the wire fox terrier takes Westminster's best in show

By Ben Walker

NEW YORK (AP) — Wire fox terriers are still King at Westminster.

A wire fox from Brazil who's won big in Europe became America's top dog Tuesday night, beating out a crowd-pleasing longhaired dachshund and popular Sussex spaniel. There were some boos — along with modest cheers — at Madison Square Garden when judge Peter Green pointed at the 7-year-old King. "It doesn't get any better than that," handler Gabriel Rangel said. The win was hardly a surprise.

Wire fox terriers have won 15 times at the nation's most prestigious dog show, far more than any other breed (Scottish terriers are second, with eight). Green is a renowned figure in the dog world, especially for his work with terriers. He's previously picked King as the champ at other shows.

Wired to win, this dog was. "I look at King, he's like a beautiful painting, a piece of art," Rangel praised earlier in the day. "The way he stands and performs, he's the whole package."



Step-back 3 NBA's new weapon, though not a shot for everyone



By BRIAN MAHONEY

(AP) - James Harden turned out to be the NBA's most unstoppable scorer.

Luka Doncic has ridden it to stardom on both sides of the Atlantic.

The step-back 3-pointer is the perfect weapon for the

modern NBA, practically a necessity in a game where the ability to find space to shoot from behind the arc is more valued than ever before.

"Things have changed and the game is so spread out," Dallas coach Rick Carlisle said. "All over the NBA and all over the world really, everybody's

stretching the range out a few feet more. The 3-point line is being covered much better than it has in the past so guys are moving back, and guys that can create space to shoot 3s unassisted have a special skill . It's going to be a necessary skill more as the game continues to evolve."

But before guys who belong in the paint start hoisting them up from the perimeter, or taking balls off the rack and shooting step-backs during this weekend's All-Star 3-point contest, there are a few things to consider.

Even Stephen Curry said it's a tough shot to make. It's fundamentally flawed and sometimes looks like a violation.

"You mean when they jump backwards and travel and shoot a 3?" Spurs coach Gregg Popovich quipped. "I guess it has been made legal. I don't know. It's very difficult to guard."

That's because the defender has to be prepared that the player with the ball is going to drive to the basket. But instead of continuing forward, the offensive player suddenly gathers his feet and steps backward to shoot, taking advantage of the extra space he has created.

Curry is one of the most prolific 3-point shooters in history, but he's also a wizard with his

dribble. So whoever is defending him can never quite be sure which way he is going.

But nobody shoots it more — or arguably better — than Harden, whose 151 step-back 3-pointers coming into this week represented 15 percent of the 1,006 makes thus far, according to the NBA's statistics. He dribbles patiently until he sees an opening, then either drives for a layup or foul, or steps back for the 3, sometimes from a few steps beyond the arc.

Harden, a seven-time All-Star, league MVP and scoring champion last season, has scored 30 or more points in 30 straight games, third-longest streak ever. Averaging 36.5 points, he is poised to win another scoring title in a runaway. He said he turned to the step-back 3 as a way to evolve with a game that has seen more than 2,500 step-back 3s taken already this season, after there were only 584 for all of 2014-15, according to

NBASavant.com .

Rockets coach Mike D'Antoni compares it to Kareem Abdul-Jabbar's sky hook, a shot that everyone might try, but few could master.

"Certain guys have certain talents but it's a hard shot," D'Antoni said. "I don't know what the stats are, but it's a low 20-percent kind of shot for most people and he's at about 40."

D'Antoni figures someone will come along and shoot it well, and that player may have already arrived. Doncic is far ahead of anyone but Harden in attempts and makes, and the Mavericks rookie's goodbye highlight in Europe was a one-legged, step-back 3 that helped Real Madrid put away Game 4 of the ACB Championship series.

Doncic smiled when asked about the step-back 3, saying: "A lot of guys have special moves. That's my kind of move."

Part 3 – Time Line of Negro League History

Continued from last week

• The 1880s and the Unwritten Policy of Major League Baseball – One of the major problems in professional baseball in the 1880s is segregation.; The 1887 recession contributed to segregationist leanings of many white ballplayers. They did not want to lose their job to black ballplayers. The two main antagonists are Cap Anson (white first baseman/Manager of the National League Chicago White Stockings) and Fleetwood Walker (African-American) a catcher for some teams. Anson is in the National Baseball Hall of Fame. He contributed to the success of the Chicago White Stockings and the National League. However, he was a racist. In a game against the Toledo Blue Hens, Anson refused to play if Fleetwood Walker (African-American) the catcher, is in the game. The manager of the Blue Hens convinced Anson to play that day. He also told Anson that Walker would not play in future games against Anson and his Chicago Club. In 1887, baseball owners established an unwritten league policy "No more black, ballplayers!" Baseball was segregated for sixty years before Jackie Robinson re-integrated Major League Baseball.

• The 1900s – 1920s Andrew "Rube" Foster – In the early 1900s, Andrew Foster changed baseball, forever. For the next twenty-five years, he made sure that his white counterparts in baseball (players, managers, and owners) knew how good the black ballplayers were, how baseball savvy he was not only as a player but as a creative baseball manager. Finally, in 1920 he organized the Negro National League (eight teams owned by eight

black baseball owners). Note: I use the term black, rather than African-American because many of the black ballplayers were from Cuba, Puerto Rico, Dominican Republic, Venezuela, and Mexico. These ballplayers were black Latino players. In the first decade of the Twentieth Century, Andrew Foster was one of the top five pitchers in baseball (my opinion). Foster influenced three of the four best Major League pitchers. The best Major League pitcher of the Decade, Cy Young, did not cross paths was Foster. The # 2 and # 3 pitchers of the decade (Mathewson and McGinnity of the Decade, Cy Young, did not cross paths was Foster. The # 2 and # 3 pitchers of the decade (Mathewson and McGinnity of the Decade, Cy Young, did not cross paths was Foster. The # 2 and # 3 pitchers of the decade (Mathewson and McGinnity of the Decade, Cy Young, did not cross paths was Foster. The # 4 Major League pitcher of the decade, Rube Waddell, Philadelphia Athletics, lost an exhibition game to Foster, 3-2! All four of these Major League Pitchers are in the National Baseball Hall of Fame (as is Andrew "Rube" Foster). As a baseball manager, "Rube" Foster ranks with the greatest managers in history. His contemporaries, as managers Connie Mack (Athletics) and John McGraw (Giants), both knew how good Foster was as a player and manager. Foster was a teacher. All of his players could bunt and bunt well. Note: a bunt is a ball that may be hit softly 10-15 feet to advance runners or surprise the defense to beat out a hit. Foster revolutionized the use of the bunt to be very aggressive. Most teams use the bunt to advance runners one base.

Foster used what he called, the bunt and run to move runners two bases! From 1910 to 1922 his Chicago teams (Leland Giants-1910 and Chicago American Giants were the best Negro League, teams). In 1910 the Leland Giants won 123 games while losing 6. Often, they were better than the Major League teams in Chicago (Cubs and White Sox). Next Year is the 100th Anniversary of the Negro National League formed by Rube Foster (eight teams with eight African-American owners) in 1920. For the next three decades, there was organized Negro League Baseball. By 1926, Foster began to crack under all the strain. He died in 1930.

• The 1920s – 1947 – The Negro Leagues (pre-integration) – In this section, I will focus on four keys to the success of the Negro Leagues. These four key areas are great players, great teams, East-West All-Star Game, and Barnstorming Baseball.

1. Great players in the Negro Leagues – Bill James one of the great baseball historians created his Top 100 Players' List (included Negro League players). Oscar Charleston (rank #4) – He was a power-hitting outfielder that played from 1920 to 1942. Josh Gibson (rank #9) – He was the greatest catcher in baseball history. He hit over 950 home runs (more than any player). He played from 1930-1946. Satchel Paige (rank #17) – He was considered to be the greatest pitcher in the Negro Leagues. At the age of 42 in July 1948, he was signed to a contract with the Cleveland Indians in the American League. He wins six games, loses one. The Indians win the World Series. The Indians have not won a World Series since (70 years)! When he was 59 years old (1965), he

pitched three innings against the Boston Red Sox and gave up no runs! He pitched in the Negro League from 1926 to 1948. He pitched in the Major Leagues 1948-1953 (missing one year, 1950). Turkey Stearnes (#25) was another power-hitting outfielder. He played from 1921-1940. Pop Lloyd (#27) was considered the second best shortstop in baseball history. Honus Wagner who was a white shortstop is considered the best shortstop of all time. He was ranked as the second best player behind Babe Ruth. Lloyd was called the Black Wagner. The response from Wagner, "It is an honor to be compared to Lloyd. They were contemporaries. Lloyd played from 1906 to 1932. The following Negro League players are also in the Top 100 Player Ranking – Mule Suttles (#43) was an outfielder and first baseman; Joe Williams (#52) was a pitcher; Buck Leonard (#65), was the first baseman; Cristobal Torriente (67) was an outfielder; Cool Papa Bell (#76) was an outfielder; Willie Wells (#86) was a shortstop; finally Martin Dihigo (#96) played all positions. In my books, he is a pitcher. Smokey Joe Williams is the only Negro League player in the Top 100 player ranking that is not in my book. In 1993, when the card set was created, we overlooked the great Smokey Joe Williams!

2. Great Negro League Teams – I will list a few of my favorites – Newark Eagles, Pittsburgh Crawfords, Homestead Grays, Kansas City Monarchs and the Chicago American Giants.

3. East-West All-Star Game – In 1933, Major League Baseball and the Negro Leagues both initiated mid-summer baseball All-Star Games. The Major Leagues would have the best

players of the American League play against the best players of the National League. Major League Baseball would schedule them in different Major League cities each year. The Negro League's East-West All-Star Game would be played in Chicago at Comiskey Park, every year. The best players from Eastern Negro League teams would play the best Negro League players from the Western Negro League teams. Reasons, why the Negro League's East-West All-Star Game was always in the Chicago area,) access to a Major League Park and b) transportation. Fans could come from long distances via buses and trains because Chicago was a transportation hub. Frequently, the Negro League All-Star game had better attendance than the Major League All-Star Game. The Negro League All-Star Game was the greatest baseball game attraction for black fans (African-Americans and Black Latinos). Why? Unlike Major League Baseball, where the World Series would be played every fall, Negro League post-season playoffs might not happen if one of the two team owners decided he/she did not want to risk losing at the end of the year. Another reason, Major League Baseball treated the game more like an exhibition game. The East-West Negro League All-Star Game, the players on both squads, wanted to win. It was a chance to show off their skills. Their passion and competitiveness made for exciting baseball!

4. Barnstorming Baseball – Most professional baseball players did not make much money playing baseball. It remained that way until free agency came in the mid-1970s. Having a job during the off-season was a must unless you

could play baseball year round. Many players would go to Cuba, Puerto Rico, Venezuela or Mexico to play winter ball. Then there was barnstorming! In the 1930s, Dizzy Dean (All-Star pitcher with the St. Louis Cardinals) would put together a white team made up primarily of Major League and Minor League players. Satchel Paige would put together a black team. They would go around the country (primarily in warmer climates) playing games in many small towns. With some advance promotion crowds would come out to see these exciting players (black vs. white). The black teams definitely could be competitive. This continued in the 1940s. Bob Feller, the great pitcher for the Cleveland Indians, led the Major League team. Satchel Paige continued to lead the Negro League team.

• 1948 – 1960s – Negro Leagues rapid decline (post-integration) – Once Jackie Robinson re-integrated baseball in 1947, attendance of Negro League baseball began a rapid decline. African-American fans began to follow Major League baseball in the newspapers to follow how Jackie Robinson was doing. The Cleveland Indians signed Larry Doby during the 1947 season. African-Americans would attend Major League games with black ballplayers on team rosters. Note: - Why do I say that Jackie Robinson re-integrated baseball? In the 1880s, before Major League Baseball changed its policy (unwritten – no more blacks), there were a handful of black ballplayers playing professional baseball.

SERIES BY BOB MAY

A TIME TO REFLECT ON
THE PLACES WE'VE BEEN.
AND WHERE WE'RE GOING.



During Black History month, we remember the past in order to create a prosperous future. We salute and acknowledge the innovations, accomplishments and culture of African-Americans. From scoreboards to boardrooms and from concerts to congress, you are making differences that can be felt every day. Toyota salutes those who are driven to succeed because determination can lead to elevation.



TOYOTA

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STAND UP FOR US ALL

Clinical trials bring us closer to the day when all cancer patients can become survivors.

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Sonequa Martin-Green, SU2C Ambassador

Photo Credit: Matt Sayles
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