

Don't give up, because **“THIS TOO SHALL PASS.”**



ISSN # 0746-7303

The Dallas Post Tribune

2726 S. Beckley Ave • Dallas, Texas 75224
P.O. Box 570769 Dallas, Texas 75357 - 0769

CIRCULATION
VERIFICATION
COUNCIL



50¢

Serving Dallas More Than 70 Years — Tel. 214 946-7678 - Fax 214 946-7636 — Web Site: www.dallasposttrib.com — E-mail: production@dallasposttrib.net

VOLUME 72 NUMBER 29

SERVING THE BLACK COMMUNITY WITHOUT FEAR OR FAVOR SINCE 1947

April 2 - 8, 2020

Author/Illustrator Sharon Jones-Scaife Announces Children's Book Release, “Lil' Marco Plays Hide and Seek”

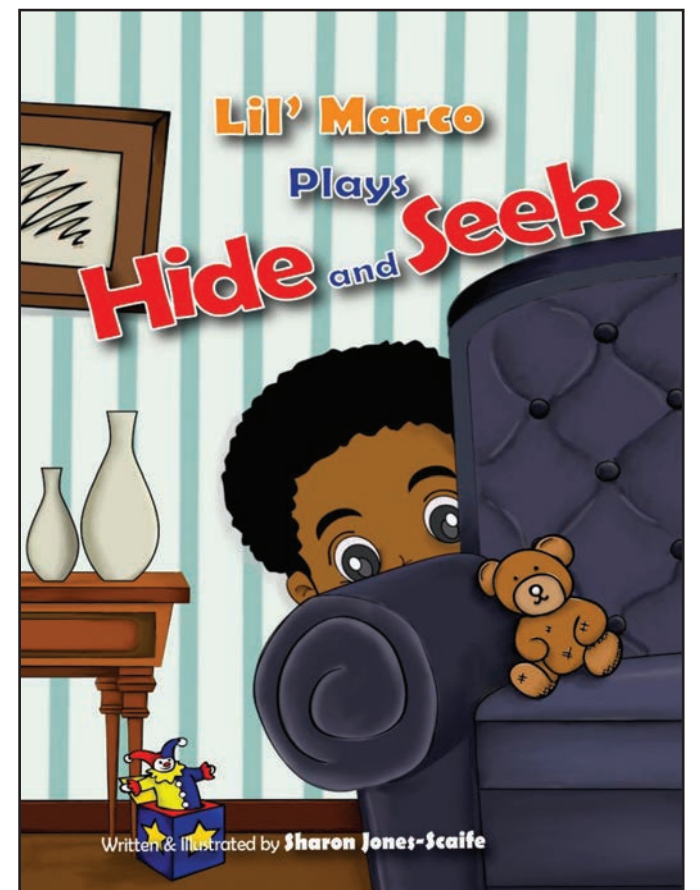


(DALLAS, TX — March 30, 2020) — Author/Illustrator Sharon Jones-Scaife announces the upcoming release of a new book for kids, 'Lil' Marco Plays Hide and Seek.' Through a story of hide and seek, featuring the series character, Lil' Marco, Jones-Scaife highlights the importance of being prepared when faced with weather-related emergencies. The new children's book is slated for release May 3, 2020.

Written in cute rhyming stanzas and paired with vibrant and engaging illustrations, Lil' Marco Plays Hide and Seek not only leads children on a trail of fun play, but also introduces them to safe places to hide when faced with weather-related emergencies.

Weather emergencies is something that doesn't cross a parent's mind until an emergency happens, and that's too late. For parents who think talking about emergencies will upset their child, Parents.com reports otherwise. Kids know from watching TV and videos and listening to the radio that emergencies can and will happen.

Additionally, according to Parents.com one of the top fears that children grapple with is fear of the weather. “It is up to parents to help their children overcome fear, whether it's fear of the



monster under the bed, fear of insects, or weather-related fears,” stated Jones-Scaife. “This story will help them start the fear conversation with their children.”

The book also provides a little extra help for parents, to move them beyond talk to preparation. “I included emergency preparedness information and activity sheets that relate to the story theme,” states Jones-Scaife. Following the story, are five different activities as well as tip sheets and a planning sheet. “It is an established fact that children feel safer when they know what to do in an emergency situation,” Jones-Scaife concludes.

Lil' Marco Plays Hide and Seek is an engaging story of hide and seek as well as an emergency preparedness manual, all in one. The story is sure to charm and delight, while the informational pages will educate and enforce preparedness. It is available in print and ebook at online retailers. Book data follows:

Age range: 2-6 years old

ISBN: 978-1-7340928-0-6

Paperback: 32 pages

Publication Date: May 3, 2020

Published by Frog Pond Publishing, a division of Coffee Creek Media Group

The Last Dance' look at Jordan's last title starts April 19



FILE - In this Feb. 6, 1988, file photo, Chicago Bulls' Michael Jordan dunks during the slam-dunk competition of the NBA All-Star weekend in Chicago. Jordan left the old Chicago Stadium that night with the trophy. To this day, many believe Wilkins was the rightful winner. (AP Photo/John Swart)

By TIM REYNOLDS

The documentary looking at Michael Jordan's last championship season with the Chicago Bulls is set for release nearly two months sooner than expected with no sports to air due to the coronavirus pandemic.

ESPN and Netflix announced on Tuesday that the 10-part documentary series called “The Last Dance” will air this month in the U.S. over five consecutive Sunday nights starting April 19 and running through May 17. There will be two hour-long episodes on each of those nights, airing back-to-back at 9 p.m. and 10 p.m. Eastern.

ESPN was originally planning to release the documentary in June, when this season's NBA Finals were to be played but those plans were accelerated.

“April 19th can't come fast enough. I CAN NOT WAIT!!” Los Angeles Lakers star LeBron James tweeted upon hearing news of the series' long-awaited release.

The series will include never-before-seen footage from that season, one where the team chased its sixth championship in a span of eight years.

“As society navigates this time without live sports, viewers are still looking to the sports world to escape and enjoy a collective experience,” ESPN said in a statement. “We've heard the calls from fans asking us to move up the release date for this series, and we're happy to announce that we've been able to accelerate the production schedule to do just that.”

The documentary is nearly a quarter-century in the making. It was born in the fall of 1997 when Jordan, Bulls owner Jerry Reinsdorf and coach Phil Jackson allowed an NBA Entertainment film crew permission to follow the team all season.

ESPN said the series includes “extensive profiles of Jordan's key teammates including Scottie Pippen, Dennis Rodman and Steve Kerr,” along with Jackson.

“Michael Jordan and the '90s Bulls weren't just sports superstars, they were a global phenomenon,” said Jason Hehir, who directed the series. “... For nearly three years, we searched far and wide to present the definitive story of an era-defining dynasty and to present these sports heroes as humans.”

The series will air in the U.S. on ESPN and internationally on Netflix. Subscribers on Netflix can view two new episodes on each Monday from April 20 through May 18, all of them dropping those days at 3:01 a.m. Eastern time.

DART Moves to Modified Weekday Service During COVID-19 Pandemic

See Page 3



Recognizing #BLACK EXCELLENCE for 72 years





If I could do one thing, I'd have a daycare closer to work.

If you could do one thing for your community, what would it be? More daycare centers? More funding for Head Start? Completing the 2020 Census is a safe and easy way to inform how billions of dollars in funding flow into your community for hundreds of services. **Respond online, by phone, or by mail.**

Complete the census at:
2020CENSUS.GOV

Paid for by U.S. Census Bureau.

Shape
your future
START HERE >

United States
Census
2020

Congresswoman Johnson Applauds Passage of Historic Families & Workers-First Coronavirus Legislation and the Emergency Relief it Sends to Texas

Washington, DC – Today, Congresswoman Eddie Bernice Johnson applauded passage of historic Families and Workers-First legislation, which will now go to the President’s desk for his signature.

“I am proud to support this historic piece of legislation, which will bring urgently needed relief to families and small businesses all across this country, including in our great state of Texas,” said Congresswoman Johnson “During this time of stress and uncertainty, every American needs to know that their government is there to support them without hesitation. This latest piece of legislation is an important step in our ongoing effort to act decisively on behalf of the American people and ensure workers and families have the resources they need today and throughout this unprecedented crisis.”

“America is currently facing a grave health emergency with a serious impact on our economy,” Congresswoman Johnson added. “The coronavirus bill that Senate Republicans put forward last weekend was a non-starter and put corporations first, not America’s workers. Thanks to the hard work of Congressional Democrats, the Republican corporations-focused proposal bill has been turned into a bipartisan workers-first bill. I am pleased that Democrats have achieved the bold, pro-worker action that is desperately needed to protect the health and well-being of every American.”

Here are just a few of the numerous initiatives in this historic piece of legislation that will benefit the residents of Texas.

- **A \$150 Billion State and Local Coronavirus Relief Fund:** Creates a \$150 billion State and Local Coronavirus Relief Fund to provide states and localities additional resources to cope with the coronavirus pandemic. It is estimated that our state of Texas will receive approximately \$11.2 billion in desperately needed funds to benefit our state’s residents.

- **\$260 Billion in Dramatically Expanded Unemployment Benefits:** Includes numerous provisions to improve unemployment benefits including providing an additional \$600 per week for the next four months, providing an additional 13 weeks of federally funded benefits, and expanding eligibility to include workers in the gig economy and self-employed work-

ers.

- **Immediate Direct Cash Payments to Lower and Middle-Income**

Americans: Provides for immediate, direct cash payments to lower-and middle- income Americans of \$1,200 for each adult and \$500 for each child, beginning to phase out at an annual income of \$75,000 for an individual and \$150,000 for a household. These payments will provide individuals with the cash they need right now to survive with much of the economy currently shut down.

- **More Than \$375 Billion in Small Business Relief:** Provides more than \$375 billion in small business relief, including \$349 billion for forgivable loans to small businesses to pay their employees and keep them on the payroll; \$17 billion for debt relief for current and new SBA borrowers; and \$10 billion in immediate disaster grants.

- **Approximately \$200 Billion for Our Hospitals, Health Care Workers, and Health Research:** Provides an investment of about \$200 billion in our hospitals, health systems, and health research, including expanding funding for the personal protective equipment desperately needed by our health care workers, including ventilators, n95 masks, gowns, gloves, etc.

- **More Than \$100 Billion in Additional Emergency Appropriations, Including the Following:**

- **Transit Agencies:** Provides \$25 billion to transit agencies, which have all seen a drastic drop in revenues as social distancing has been implemented. This funding is to be used to protect the jobs of the employees of the transit agencies, funding their paychecks during this public health emergency. Our state of Texas will receive \$1.2 billion under this program.

- **HUD Emergency Solution Grants:** Provides \$2 billion for HUD Emergency Solution Grants to states that will be distributed by formula. These grants are designed to address the impact of the coronavirus among individuals and families who are homeless or at risk of homelessness, and to support additional homeless assistance, prevention, and eviction prevention assistance. Of this \$2 billion, our state will receive \$1.4 million.

In addition, the bill provides an additional \$2 billion

for these grants that will be allocated by HUD to the most hard-pressed areas.

- **Child Care and Development Block Grant:** Supports childcare and early education by providing \$3.5 billion for the Child Care and Development Block Grant. Our state will receive \$3.7 million under this emergency appropriation.

- **Low-Income Home Energy Assistance Program (LIHEAP):** Provides \$900 million to help low-income families pay their heating and cooling bills. Our state will receive \$ 8.9 million for this purpose during this public health emergency.

- **Byrne-Justice Assistance Grant Program:** Provides \$850 million for this program, giving additional support to state and local law enforcement agencies, thereby allowing them, for example, to obtain the personal protective equipment and other medical items they may need during this public health emergency. Our state will receive \$6.9 million under this appropriation.

- **CDC Coronavirus State, Local and Tribal Grants Minimum Awards:** Provides about \$750 million in CDC State, Local, and

Tribal Grants Minimum Awards to help agencies cope with the public health emergency. The minimum award for our state is \$3.9 million. In addition, states can apply for additional funds above their minimum award, based on their needs.

- **Election Assistance:** Provides \$400 million for Election Assistance Grants for states to help prepare for the 2020 elections. Coronavirus is already resulting in the postponement of some primaries and this funding can help states make voting safer for individuals. Funding can be used, for example, to increase the ability to vote by mail, expand early voting, and expand online registration. Our state will receive \$2.4. million for these purposes.

“The American people need and deserve a coordinated, fully-funded, whole-of- government response to keep them and their loved ones safe from the coronavirus epidemic,” continued Congresswoman Johnson. “On behalf of the hard-working families of Texas and all Americans, I will continue to join House Democrats to work relentlessly and in a bipartisan way to put Families and Workers First and protect Americans’ health, safety and economic security.”



BOARD OF DIRECTORS

- Dr. Mary E. Beck,**
Chairperson
- Dr. Theronica Bond**
- Atty. Theodora Lee, Co-Chair**
- Atty. Gary Bond**
- Mrs. Mollie Belt**

STAFF

- Dr. Theronica Bond**
President/CEO
- Mrs. Shirley Gray**
Publisher/Manager
Operations,
Billing & Collection
- Ms. Chloe Buckley**
Manager/ Production
- Mrs. Mattie Weatherman**
Production
- Ms. Erma J. Davis**
Production
- Atty. Gary Bond, Legal**
Counselor
- Dr. George Willis, Consulting**

STAFF WRITERS

- Rev. Johnny C. Smith
- Dr. Colleen White
- Dr. J. Ester Davis

CIRCULATION

- Mrs. Joan Fowler
- Mr. Jermain Clemon
- Mr. Rick Weatherman

ADVERTISING

- Ms. Chloe Buckley
- Mrs. Shirley Gray

PRODUCTION

- Ms. Chloe Buckley
- Mrs. Mattie Weatherman
- Ms. Erma J. Davis

Editorial Board: Vice Chairman - Mrs. Shirley Gray; Consultant

The Dallas Post Tribune is published weekly by the Tribune Publishing Incorporated, 2726 S. Beckley, Dallas, Texas, 75224, Bulk Rate [1345]. Postage is paid to the Dallas Postmaster. Send address changes to The Dallas Post Tribune, P.O. Box 570769, Dallas, Texas, 75357-0769. THE DALLAS POST TRIBUNE is not responsible for unsolicited materials. Address all correspondence to EDITOR, The Dallas Post Tribune, P.O. Box 763939, Dallas, Texas 75376-3939 or e-mail production@dallasposttrib.net. All articles should be addressed to the appropriate staff member. Advertisements, articles, editorials, letters to the editor and cartoons appearing in the paper do not necessarily represent the philosophy or views of The Dallas Post Tribune.

Regulations for Publication

- 1) We reserve the right to edit articles for content and proper grammar. We also reserve the right to truncate articles for space requirements.
 - 2) We reserve the right to refuse any advertisement or cancel any advertisement contract.
 - 3) Deadline for receipt of articles is MONDAY AT NOON WITH NO EXCEPTIONS unless authorized by the publisher.
 - 4) Deadline for receipt of advertisements is MONDAY AT NOON. Advertisements will not be received after that point unless they are camera ready and have been approved by the publisher.
 - 5) All articles and advertisements must be proofed by the article placer or advertiser. We will not be held responsible for any errors if the article placer or advertiser does not proof their article or advertisement.
 - 6) Articles and advertisements received past the stated deadlines will be held over for the next publication if applicable.
 - 7) We will not be held responsible for pictures that are not claimed after two (2) weeks. Pictures held after two (2) weeks are subject to disposal.
 - 8) Advertisement positioning based on a first-come basis. Positioning can be guaranteed for 15% over total cost.
- Credo of The Black Press**
The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every person, regardless of race, color or creed, full human and legal rights. Hating no person, fearing no person, the Black Press strives to help every person in the firm belief that all are hurt as long as anyone is held back.

EDITORIAL PAGE

DART Moves to Modified Weekday Service During COVID-19 Pandemic

Dallas Area Rapid Transit (DART) continues to provide transit service while safeguarding its customers and employees in response to the current COVID-19 (coronavirus) pandemic.

As many in North Texas remain at home under shelter in place orders, DART plans to implement temporary service adjustments for bus and light rail starting Monday, April 6, that reflects current ridership demand.

While DART ridership has fallen since the outbreak, DART remains committed to providing services for North Texas riders who rely on buses and trains to get to jobs, stores and medical appointments. This includes the many transit dependent first responders who continue to keep us safe during the ongoing pandemic.

Service could be adjusted further as the coronavirus situation evolves, but for now DART plans to implement the following temporary service changes:

- All bus routes will have service on weekdays except routes 155 and 887. Route 155 customers have access to route 554, and 887 customers have access to GoLink Service.
- All light rail service will operate at a 20-minute frequency throughout the day.
- All DART Transit Center indoor seating areas will be closed.
- No changes are being made to the Dallas Streetcar schedule or weekend bus and light rail service.

More details can be found at www.dart.org/mod or by calling DART Customer Service at (214) 979-1111.

To enforce social distancing practices and protect customer and employee well-being, the lobby at DART Headquarters (1401 Pacific Avenue) has been closed to the public, including the DARTmart store and Lost and Found.

Considered an essential infrastructure business and allowed to continue operations during the outbreak, DART is doing everything possible to keep patrons and employees safe.

DART continues to aggressively expand agency-wide cleaning and safety protocols in response to the coronavirus. In addition to standard nightly cleanings, DART vehicles now receive additional cleanings throughout the day.

One of the most effective ways to stop the spread of coronavirus is to drastically reduce your interactions by practicing social distancing with other people. DART is asking all our customers to:

- Maintain a six-foot distance between fellow riders and your DART operator.
- Leave an open seat between yourself and other riders when available.
- Avoid large groups and public gatherings.
- Avoid physical contact with others including handshakes and hugs.
- Stay home and avoid public places if you feel sick or are experiencing symptoms.

Passengers can find additional information about the agency's coronavirus prevention efforts on the DART website at www.dart.org/health.

Mayor Eric Johnson creates new reporting requirements on ventilators, hospital bed capacity for COVID-19 response

DALLAS — Mayor Eric Johnson on Monday issued a new set of emergency regulations that require hospitals to report daily information to the City regarding bed and ventilator capacity.

The regulations also suspend board and commission meetings — excluding the Park Board and City Plan Commission and any other boards and commissions required to meet for pursuant to, or in compliance with, state or federal law — through April 29. Any meetings during that time must take place via teleconference or video conference.

In addition, the mayor updated the City's emergency regulations to match Dallas County's recent orders, including the new order regarding long-term care facilities and construction.

Mayor Johnson is implementing the City's regulations pursuant to March 12 declaration of a local state of disaster, which is valid through April 29 unless the declaration is renewed or rescinded prior to then.

The reporting requirements are intended to help the City assess the needs of the medical community and prepare for a possible surge in hospitalizations related to COVID-19's spread.

"We stand with our medical community. The leaders of hospitals in Dallas have been critically important sounding boards for me in the last few weeks, and we rely heavily on our front-line healthcare workers, including our paramedics, our nurses, and our doctors," Mayor Johnson said. "They act heroically every day. We need them more than ever to get through this, and we will do all we can to help them during these difficult times."

Mayor Johnson and other City officials plan to address the media at 10 a.m. Tuesday, March 31, in the City Hall Flag Room, 1500 Marilla Street, Dallas, TX 75201.

Check us out online at
www.dallasposttrib.com

It's Time to Renew

Re-Subscribe to **The Dallas Post Tribune**

Mail Check or Money Order to: **Dallas Post Tribune**

P.O. Box 570769 Dallas, Texas 75357-0769

One year in-State \$65.00 One year out-of-State \$75.00

Name _____

Address _____

City _____

State _____

Zip _____

Phone _____

Check Number _____

Signature _____

Dear Dietitian

Dear Readers: These are uncertain times, and if you're like me, uncertainty is not one of your favorite topics. We have not yet reached the peak of the coronavirus pandemic. Unfortunately, some people have lost their jobs, and many of the lucky ones are working from home. Times like these can trigger emotions of anxiety and grief, and when we are experiencing difficult feelings, we may try to push those feelings down with extra food. You've heard of it, maybe participated in it; it's called emotional eating.

These are ways to help prevent overeating during stressful times:

1. Keep your eating times structured: three meals a day and planned snacks (if part of your routine).
2. Plan meals ahead of time. Most things in life run more smoothly with a plan.
3. Keep a food journal. Write down the everything you eat. This will help you identify trouble areas.
4. Drink lots of water or non-caffeinated beverages.
5. Pay attention to your body's signals. Know when you are physically hungry and stop eating when

you are full.

6. Eat nutritious foods. The simplest way to do this is to follow the five-a-day rule: eat at least five servings of fruits and vegetables every day. Limit fried foods and sweets. When your body is nourished, you are less likely to reach for junk food.

7. Avoid mindless eating. This may occur in front of the tv or computer or while reading a book. In this situation, you are likely to consume more calories than you realize.

8. Avoid eating while cooking and during clean-up. Keep your mouth busy with a piece of sugarless gum during these times to prevent nibbling.

9. Exercise.

10. Find effective ways of dealing with stress. Try yoga, meditation, or journaling.

11. If you have tried the above and the cupboards are still calling your name, find a healthy distraction. Paint, go for a walk, clean a closet, read a book, call a friend, or reconcile your checkbook.

12. If you have an episode of emotional eating, forgive and forget because beating up on yourself only makes things worse. You can start fresh the next day, or as I like to say, "When you fall off the horse, get

back in the saddle."

Finally, ask yourself if you have a food compulsion/addiction. This occurs when there is a strong urge to eat a certain food, and when you start, it is difficult to stop. You may feel out of control. If this is the case, it is better to avoid that food altogether. After all, an ounce of prevention is worth a pound of cure.

Until next time, be healthy!
Dear Dietitian

Leanne McCrate, RD, LD, CNSC, aka Dear Dietitian, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardiitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans.

Church Directory

Carver Heights Baptist Church
2510 E. Ledbetter, Dallas, Texas 75216
P. 214-371-2024



Pastor Daryl R. Carter

Sunday School - 8:30 a.m.
Early Worship - 9:30 a.m.
Morning Worship - 10:45 a.m.
Evening Worship - 7:00 p.m.

You're Welcome to Join Us

GREATER CORNERSTONE BAPTIST CHURCH
Dr. David E. Wilson, Pastor/Teacher
8350 Forest Lane, Dallas, TX 75243
P. 214-349-7701

Church School - 9:00 a.m.
Sunday Worship Services - 7:30 & 10:30 a.m.
Mid-Week Revival Services - 7:00 p.m.

Visit us @ www.greatercornerstone.org

"A Good Understanding Wins Favor" Prov. 13:15



The Mount Moriah
Missionary Baptist Church

3611 Latimer Street
Dallas, Texas 75215
214-428-2990
www.mountmoriahdallas.org


Sunday
Morning Worship 11:00 a.m.
Evening Worship 5:30 p.m.

Wednesday
Prayer Bible Fellowship 7:00 p.m.

"Let's All Mount Up"




Rev. J. Calvin Smith
Pastor

 **Pilgrim Rest Missionary Baptist Church**

1819 N. Washington Ave.
Dallas, TX 75204
(214) 823-7308
www.pilgrimrestdallas.org

Worship Opportunities
Sundays: 8:00 am & 10:45 am
5th Sunday, Combined Worship: 10:00 am
Word Out Wednesday Bible Study 12:00 Noon & 7:00 pm

We Walk By Faith, Not By Sight!



Dr. Curtis W. Wallace
Senior Pastor



Church of Christ Marsalis Avenue


2431 S. Marsalis Ave.
Dallas, Texas 75216
Office: 214-941-2531
Fax: 214-942-9646
www.marsalisavenuecocc.org

Come Worship and Study with Us!

Sundays
Bible Study 8:45 am
Morning Worship 10:00 am
Children's Bible Hour 10:00 am
Evening Worship 5:30 pm

Wednesdays
Bible Class 10:00 am & 7:00 pm

Bro. Lamont Ross, Senior Minister



friendship-west
church & conference center

Dr. Frederick Douglass Haynes, III
Senior Pastor

Worship Times
Sundays - 8:00 a.m. & 10:45 a.m. CST


Bible Study
Wednesdays Word & Wonders 12:00 p.m. (G129) & 7:00 p.m. (Saturday) CST

Phone
(972) 228-5200

Mission Statement
"Creatively making disciples, while on the cutting edge, making a difference spiritually and socially". (Mt. 28:16-20 | Luke 4:18-19)

2020 W. Wheatland Road
Dallas, Texas 75232
www.friendshipwest.org

True Lee Missionary Baptist Church
3907-11 Bertrand Street
Dallas, Texas 75210
P. 214-421-9435
F. 214-421-9324



Pastor Donald R. Parish, Sr.

Sunday School
9:00 a.m.

Sunday Morning Worship
11:00 a.m.

Monday Morning Worship
7:00 p.m.

Prayer & Bible Study Meeting
7:00 p.m.

Radio Station
Every Sunday @ 9:30 a.m. - 10:00 a.m.
KPYK 1570 AM

CONCORD MISSIONARY BAPTIST CHURCH
6808 Pastor Bailey Dr.
Dallas, TX 75237
P. 214-333-3597



Rev. Bryan Carter
Sen. Pastor

Sundays
8am, 10am, 12noon

Wednesdays
7:00 p.m.


www.ConcordDallas.org

The Dallas Post Tribune

"Premise To Live By"

Love of God
Love of Country
Love of Self
Love of Humanity
and
The Will to Serve

by **Dr. Theodore R. Lee, Jr.**
former CEO/President



Cedar Crest Church Of Christ

"A Church of Christ is the Heart of Dallas with Dallas at Heart"

Sunday
KHN (970 A M Radio) 8:00 a.m.
Bible Class 8:45 a.m.
Children's Worship 10:00 a.m.
Worship Service 10:00 a.m.


Johnathan W. Morrison, Ministering Evangelist

2134 Cedar Crest Blvd., Dallas Texas 75203 • 214-943-1340 • Fax 214-941-3305
"All services are interpreted for the Deaf"

Place your Church Ad in the Dallas Post Tribune's Church Directory

For more information please contact us at;
sales.ads@dallasposttrib.net or 214-946-7678

Saint Phillips Missionary Baptist Church
6000 Singing Hills Drive
Dallas, Texas 75241
P. 214-374-6631



Rev. Dr. C.J.R. Phillips Jr.

Email address
stphillipsmbc@att.net

Schedule of Activities

Sunday
Early Morning Worship 8:00 a.m.
Church School 9:00 a.m.
Morning Worship 10:00 a.m.

TRANSFORM YOUR HOME AND UPGRADE YOUR STORAGE

BUY FIVE, GET ONE FREE




ShelfGenie®
EVERYTHING WITHIN REACH®

Schedule your free design consultation
(844) 322-1733
Hours: Mon - Fri 9am-9pm, Sat 10am-4pm EST

Enjoy more space with custom pull-out shelves for your existing cabinets.
*Limit one offer per household. Applies to purchases of 5 or more Classic or Designer Glide-Out® shelves. Lifetime warranty valid for Classic or Designer Solutions. Expires 9/30/2019

Dallas West Church of Christ
3510 N. Hampton Rd.
Dallas Texas 75212
P. 214-631-5448
website: www.dwcc.org



Sammie Berry
Minister

Calendar of Events
Sunday Bible School
8:45 a.m.

Sunday Worship
10:00 a.m. & 6:00 p.m.


Tuesday Song Practice
7:00 p.m.

Wednesday Bible Class
9:30 a.m. & 7:00 p.m.

Sunday Radio Broadcast
7:30 a.m. on 970 AM

"The Congregation Where Everybody is Somebody"

Greenville Avenue Church of Christ
1013 S. Greenville Ave.
Richardson, Texas 75081
P. 972-644-2335 F. 972-644-9347



Minister S.T. Gibbs, III

Associate Ministers:
John Bradshaw
Ben Myers
Patrick Worthey

Elders:
Frederick Green
Raymond Hart
Otis Idlebird, Jr.
Jason Moseley
David Phillips, Jr.

Schedule of Services

SUNDAY	
Early Worship	8:00 a.m.
Bible Classes	9:45 a.m.
Morning Worship	10:45 a.m.
Bible Classes	5:00 p.m.
Evening Worship	6:00 p.m.
WEDNESDAY	
Devotional Service	6:30 p.m.
Bible Classes	7:00 p.m.
THURSDAY	
Bible Class	11:00 a.m.
Support Groups	6:30 p.m.

Leaf Filter®
GUTTER PROTECTION

✔ **INSTALLS ON NEW & EXISTING GUTTERS**



BEFORE LeafFilter AFTER LeafFilter

15% OFF YOUR ENTIRE PURCHASE*

AND! 10% OFF SENIOR & MILITARY DISCOUNTS

+ 5% OFF TO THE FIRST 50 CALLERS!**

Promo Number: 285

CALL US TODAY FOR A FREE ESTIMATE **1-855-419-6963**

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

*For those who qualify. One coupon per household. No obligation estimate valid for 1 year. ** Offer valid at estimate only. CSLB 1035795. DOIPL #10783658-5501. License# 7656. License# 50145. License# 41354. License# 99338. License# 128344. License# 218294. License# 603 233 977. License# 2102212986. License# 2106212946. License# 2705132153A. License# LEAFFN/829JZ. License# WWO56912. License# WC-29998-H17. Nassau HIC License# H01067000. Registration# 176447. Registration# HIC-064990. Registration# C127229. Registration# C127230. Registration# 366920918. Registration# PC6475. Registration# IR731804. Registration# 13VH09953900. Registration# PA093933. Suffolk HIC License# 52229-H

AMERICA'S ORIGINAL BUTCHER SINCE 1917

OMAHA STEAKS

"QUALITY & VALUE YOU CAN TRUST"

GUARANTEED!

THE BUTCHER'S BUNDLE

- 4 (5 oz.) Butcher's Cut Filet Mignons
- 4 (4 oz.) Boneless Pork Chops
- 4 (4 oz.) Omaha Steaks Burgers
- 4 (3 oz.) Gourmet Jumbo Franks
- 4 (2.8 oz.) Potatoes au Gratin
- 4 (4 oz.) Caramel Apple Tartlets
- Omaha Steaks Seasoning Packet

COMBO PRICE \$69.99

ORDER NOW! **1.844.277.5674** ask for **61086VG**
www.OmahaSteaks.com/dinner187

Save Now On Home Security

ADT

Monitored by ADT® the #1 home security company in the U.S.

\$27⁹⁹ PER MONTH

ADT® 24/7 Monitored Home Security

- 24/7 monitoring provides peace of mind
- Yard sign and window decals help deter crime
- Quickly connect to fire and emergency response
- May qualify for a homeowners insurance discount

1-844-922-1865
WE'RE AVAILABLE 24/7—CALL TODAY!

Protect Your Home

BASIC SYSTEM: 199 Parts and Install. 36-Month Monitoring Agreement required at \$27.99 per month (\$1,007.64). 24-Month Monitoring Agreement required at \$27.99 per month (\$671.76) for California. Offer applies to homeowners only. Basic system requires landline phone. Offer valid for new ADT Authorized Premier Provider customers only and not on purchases from ADT L.L.C. Cannot be combined with any other offer. The \$27.99 offer does not include Quality Service Plan (QSP), ADT's Extended Limited Warranty. GENERAL: For all offers, the form of payment must be by credit card or electronic charge to your checking or savings account, satisfactory credit history is required and termination fees apply. Certain packages require approved landline phone. Local permit fees may be required. Certain restrictions may apply. Additional monitoring fees required for some services. For example, Burglary, Fire, Carbon Monoxide and Emergency Alert monitoring requires purchase and/or activation of an ADT security system with monitored Burglary, Fire, Carbon Monoxide and Emergency Alert device and an additional charge. Additional equipment may be purchased for an additional charge. Additional charges may apply in areas that require guard response service for municipal alarm verification. Prices subject to change. Prices vary by market. Some insurance companies offer discounts on Homeowner's Insurance. Please consult your insurance company. Photos are for illustrative purposes only and may not reflect the exact product/service actually provided. Licenses: AL-19-001104, AR-CMPT 000725, AZ-ROC217517, CA-ACC06300, CT-ELC 0189944-1, DC-EM902633, DE-60516000016, DE-0712, FL-EL1300427, EC3000401, GA-VA-205395, IA-AS-0286, IL-ELS-515911, IL-127101042, IN-CPD Reg. No. 19-08088, KY-0001056, KY-City of Louisville, 483, LA-F094, LA-F095, LA-F1082, MA-1358, MD-1011626, ME-100507382, MI-3601205773, MN-TS01807, MO-City of St. Louis, C08354, St. Louis County, 95691, MS-15007958, MT-FSP-ELS-LK-247, NC-2510-SP-FAUV, NC-1622-CSA, NE-14451, NJ-Burglar Alarm Lic. # NJ-348000280, NM-53386, NY-0068518, City of Las Vegas, 300008296, NY-Licensed by the N.Y.S. Department of State USM#12000317891, NVS #12000308451, OH-S3891446, City of Cincinnati, AC06, OK-AC1048, OR-700997, Pennsylvania Home Improvement Contractor Registration Number, PA022999, RI-382, RI-7508, SC-8425630, SD-1025-7001-ET, TN-1520, TX: B17374, AC-3492, UT-642256-4501, VA-115720, VT-ES-238207CA, WA-625889404ECPROT1E192485, WI-City of Milwaukee, PAS-0002790, WV-WV048433, WY-U-V-21459-3750 Priority Way South Cir. Indianapolis, IN 46240 ©2017 ETEDEENES, Inc. dba Protect Your Home. DF-CD-NP-Q120



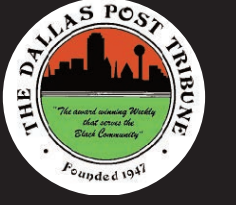
The Dallas Post Tribune Newspaper

the "Oldest Black-Owned Newspaper" serving North Texas





CLASSIFIEDS



PEST CONTROL



SPECIAL ATTENTION FOR:
BEDBUGS / ROACHES/
RODENTS/ ANTS/ TERMITES

**WE TREAT RESIDENTIAL AND
COMMERCIAL PROPERTIES**

S & B PEST CONTROL SERVICE
BILLY ROBINSON
214-946-5879 SINCE 1958

Property Management

Attention

If you are having problems with your rental property, call us at (214) 942-3096. We will collect your rent for you. Call us today!

MEMBER OF THE BETTER BUSINESS BUREAU OF METROPOLITAN DALLAS

- * We Collect
 - * We Evict
 - * We Put Reliable Tenants In Your House
- Family Owned and Operated



Mr. Don Skinner

Rental Property Available

LONE STAR PROPERTY MANAGEMENT
Property Management Specialist
2219 Cedar Crest Blvd. • Dallas, Texas 75203
(214) 942-3096

**NEED A COPY OF THE
DALLAS POST
TRIBUNE?
TRY ONE OF THESE
LOCATIONS...**

- Jerco Sales Lock and Key Sales**
3200 S. Lancaster Rd. Ste. 414
Stanley's Catfish & Chicken
3146 Cedar Crest Blvd.
New Orleans Seafood
7634 Great Trinity Forest Wy. Dallas, TX 75217
- CT's Real Deal Bar B Que**
2901 S. Lancaster Rd.
Prosperity Bank
3515 W. Camp Wisdom Rd.
8035 E. R.L. Thornton Fwy.
New Touch Barber & Beauty Salon
4410 Marsalis Ave.
Rock-N-J's Brisket & BBQ Soul Food
1223 E Red Bird Lane
Lott's Mortuary, Inc.
2434 Martin Luther King Jr. Blvd.
Jefferson Place
3430 South Marsalis Ave.

LEGAL NOTICE

These Texas Lottery Commission scratch ticket games will be closing soon:

Game #	Game Name / Odds	\$	Official Close of Game	End Validations Date
2188	Icy Hot 7s Overall Odds are 1 in 4.85	\$1	5/23/20	11/19/20
2088	Merry Money Overall Odds are 1 in 3.97	\$5	5/23/20	11/19/20
2157	5X El Dinero Overall Odds are 1 in 3.63	\$5	5/23/20	11/19/20
2158	Cowboys Overall Odds are 1 in 3.99	\$5	5/23/20	11/19/20
2159	Houston Texans Overall Odds are 1 in 3.79	\$5	5/23/20	11/19/20
2181	Winter Winnings Overall Odds are 1 in 3.58	\$10	5/23/20	11/19/20

Tlottery.org is the official source for all pertinent game information. Game closing procedures may be initiated for documented business reasons. These games may have prizes unclaimed, including top prizes. In addition, game closing procedures will be initiated when all top prizes have been claimed. During closing, games may be sold even after all top prizes have been claimed. Must be 18 or older to purchase a ticket. For help with a gambling problem, ncpgambling.org. © 2020 Texas Lottery Commission. PLAY RESPONSIBLY.



COMMUNITY CALENDAR

North Texas Food Bank to distribute free food at Fair Park with mobile pantries

When: 9 a.m. to 1 p.m.
Thursday, April 2, 2020

Where: Fair Park's parking lots 5A and 6A, between Robert B. Cullum Boulevard and Second Avenue. Participants should enter through Gate 5.

SUDOKU

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep, 2020
VACATIONS

FROM \$1,749
\$1,499*

1-844-870-9263
Promo code N7017

1	7	8	4	6	3	9	2	5
4	2	6	9	5	8	7	3	1
9	3	5	7	1	2	6	4	8
3	1	7	6	8	5	4	9	2
8	9	4	2	3	7	5	1	6
6	5	2	1	4	9	3	8	7
7	8	3	5	2	4	1	6	9
2	6	9	3	7	1	8	5	4
5	4	1	8	9	6	2	7	3

*Prizes are per person based on double occupancy plus \$100 taxes & fees. Single supplement and additional services may apply. Subject to availability. Offers apply to new bookings only made by 3/31/20. Other terms and conditions may apply. Ask your Travel Consultant for details.

TAX SERVICES



Premier Tax Service

Steven W. Tinnard, Tax Professional
(214)622-8014 or (214)437-1261
8228 Bruton Rd., Suite 100
Dallas, Texas 75217
www.tinnardtaxservice.com
steven@tinnardtaxservice.com

Get Your 2019 Tax Return Prepared Here Today!
(E-File Certified)
Late Filers, Non-Filers, Prior Year Return

- Direct Deposit/Debit Card/Checks
 - Individual
 - Business
 - Non-Profits
- Payroll Service & Consultation
- Tax Resolution Services Available

"I am available 24/7"
CALL TODAY!

West Joins ACLU, Others and Calls on Bureau of Prisons To Immediately Begin Testing, Taking Steps To Mitigate COVID-19 Loss of Life

Calls On Cornyn To Protect Vulnerable Inmates & Prison Staff

DALLAS — State Sen. Royce West (D-Dallas), a nationally known advocate for restorative justice and criminal justice reform who served as Dallas County's first minority Chief Felony Prosecutor, called upon the federal Bureau of Prisons Friday morning to immediately test every federal inmate for COVID-19, take immediate steps to protect vulnerable inmate populations, and make sure prison staff are properly protected.

"No amount of shelter-in-place in our federal prisons can protect the most vulnerable inmates, or prison staff," West said. "Just because someone is serving time for a crime does not mean their basic human rights can be ignored," West said.

West, who is running for United States Senate in the July Democratic Primary runoff in Texas, said BOP must begin the testing immediately and quarantine all federal prisoners who test positive for the disease in medical segregation.

"For the safety of both other prisoners and prison staff, BOP must come up with a solution to medically quarantine infected inmates in a way that protects the prison population at large and prison staff.

West noted that cases of COVID-19 had already been detected in Texas state prisons. He noted BOP staff in Texas has already tested positive for COVID-19.

Finally, West said he was joining the American Civil Liberties Union, Due Process Institute, Freedom Works, Justice Action Network, Justice Roundtable, The Leadership Conference on Civil and Human Rights, The Sentencing Project, and We Got Us Now to call on the U.S. Department of Justice and federal Bureau of Prisons to immediately begin considering compassionate release for vulnerable prison populations who do not pose a threat to society.

"We must get medically vulnerable populations out of federal incarceration before their prison sentences become death sentences," West said.

West said he was calling on Senator John Cornyn to immediately call for COVID-19 testing and compassionate release of vulnerable populations in the nation's federal penitentiary system.

"Now is a time to show leadership on behalf of all Americans," West said. "Senator Cornyn, I call on you to do everything in your power to protect prison staff and inmates in our federal prisons," West said.

14 Authors + 14 Free Books = 14 Adventures to Beat Boredom

(Dallas, TX – March 31, 2020)

Coffee Creek Media Group is excited to announce that Sharon Jones-Scaife has been selected as a featured author in the "Adventures to Beat Boredom" giveaway. Jones-Scaife, multi-published children's book author and illustrator is the only North Texas author tapped to participate in the giveaway that features 13 other children's book authors from around the world.

"Adventures to Beat Boredom" was designed by a group of indie authors and illustrators to keep young readers enriched and engaged while they are sheltered in place due to the coronavirus

pandemic.

"It's an honor to represent North Texas and to have my book, *Mrs. Hughes is Missing* as one of the highlighted books. It's a great opportunity to team up with authors from around the globe."

During this new normal when "school" is now conducted at home with parents taking on the role of teacher, the threat of boredom looms large. To beat back boredom, while at the same time avoid backslide and learning loss, the giveaway makes 14 books by the 14 selected authors available for free. "Reading gives kids someplace to go

when they have to stay put," states Jones-Scaife, who is also a magazine publisher and graphic designer. "A book is an adventure."

Parents, teachers, and children can download all 14 children's books from **April 1 until midnight on April 2.**

Mrs. Hughes is Missing
By Sharon Jones-Scaife
"Oh me! Oh my! Oh boy!" cry the students of Mrs. Hughes' class when they discover their favorite teacher is missing. With a mean substitute teacher as her replacement, the students decide they must find her. But when clues lead to dead ends, the students begin to ques-

tion, "will we ever find Mrs. Hughes?" Come along on the search for Mrs. Hughes and discover for yourself if the kids ever find their beloved Mrs. Hughes.

<https://amzn.to/3bCdniX> Link to download printable worksheets:
<https://coffeecreekmediagroup.com/index.php/printables/>

For a complete list of the titles that can be downloaded for **FREE** visit <https://coffeecreekmediagroup.com/index.php/2020/03/30/14-authors-14-free-books-14-adventures-to-beat-boredom/>

SPORTS PAGE

7 Day Weather Forecast for DFW

Thursday, April 2	Friday, April 3	Saturday, April 4	Sunday, April 5	Monday, April 6	Tuesday, April 7	Wednesday, April 8
 H -71° L -62°	 H -71° L -51°	 H -62° L -57°	 H -69° L -64°	 H -75° L -69°	 H -84° L -69°	 H -84° L -66°

AT-HOME LEARNING



www.tiny.cc/studentathomelearning



CNN's Cuomo, with coronavirus, completes show from basement



(Photo by Evan Agostini/Invision/AP, File)

By DAVID BAUDER

NEW YORK (AP) — A bleary-eyed Chris Cuomo, saying he wanted to be a cautionary tale for his audience, anchored his CNN show from his basement Tuesday after testing positive for the coronavirus.

Via remote link, he interviewed Illinois Gov. J.B. Pritzker, an emergency room nurse and CNN medical correspondent Dr. Sanjay Gupta, who expressed worry about one of Cuomo's symptoms.

"Brace yourself," Cuomo told viewers, "not for a hoax. But for the next few weeks of scary and painful realities. This is a fight. It's going to get worse. We're going to suffer."

Cuomo looked pale, his eyes watery and red-rimmed. He took a few deep breaths to compose himself. He repeated himself. Even Gupta said he didn't look good, and said he'd call later to talk about a tightness Cuomo was feeling in his chest.

The 49-year-old newsman, whose brother, New York Gov. Andrew Cuomo, has logged just as much television airtime lately with daily briefings on how the disease is affecting his state, said earlier that he knew it was a matter of time because of how often he was exposed to people. He said he's staying in the basement of his Long Island home to protect himself from his wife and children.

Joseph Lowery, civil rights leader and MLK aide, dies at 98



(AP Photo/J. Scott Applewhite, File)

ATLANTA (AP) — The Rev. Joseph E. Lowery fought to end segregation, lived to see the election of the country's first black president and echoed the call for "justice to roll down like waters and righteousness like a mighty stream" in America.

For more than four decades after the death of his friend and civil rights icon, the Rev. Martin Luther King Jr., the fiery Alabama preacher was on the front line of the battle for equality, with an unforgettable delivery that rivaled King's — and was often more unpredictable. Lowery had a knack for cutting to the core of the country's conscience with commentary steeped in scripture, refusing to back down whether the audience was a Jim Crow racist or a U.S. president.

"We ask you to help us work for that day when black will not be asked to get in back; when brown can stick around; when yellow will be mellow; when the red man can get ahead, man; and when white will embrace what is right," Lowery prayed at President Barack Obama's inaugural benediction in 2009.

Lowery, 98, died Friday at home in Atlanta, surrounded by family members, they said in a statement.

He died from natural causes unrelated to the coronavirus outbreak, the statement said.

If you have sports information that you would like placed in the DALLAS POST TRIBUNE Sports Section e-mail us at: production@dallasposttrib.net

BE KIND! Never speak harsh words. Be kind and gentle with your tongue. For it has been said that the tongue can be like a sword. Think long before you criticize your neighbor. Your tongue can be nasty. Living is one of the most beautiful things in the world. But the tongue can kill!

NEWS YOU OUGHT TO KNOW

DART to Expand Rider Assistance Program in Dallas

Dallas Area Rapid Transit's (DART) board has agreed to expand its Rider Assistance Program (RAP) by taking over a City of Dallas service used by seniors and disabled persons.

Dallas currently provides a last resort Senior Medical Transportation Program (SMTP) for low to moderate income persons who reside within the city and who do not qualify for other transportation programs.

DART already provides rider assistance in selected areas within its 700-sq. mile service area which allows eligible seniors and persons with disabilities to schedule and pay for transportation services from the user's transportation sub-

sidy account.

The city requested that the transit agency operate a similar program to replace theirs.

To be eligible for the new program, Dallas residents must be age 65 or older, or have a certified disability, but not eligible for DART Paratransit Services.

They must also present proof of residency, such as a government ID, a recent utility bill or other documentation verifying residency.

Once approved for the program, eligible residents may purchase up to \$100 in RAP value each month. During the first six months, Dallas will fund the total cost with a reloadable program debit card.

Starting the seventh month, each rider will be required to provide 25% of the card balance. Value may be added in \$5

increments up to \$25 per calendar month.

The program operates during the same hours as DART's Paratransit, fixed-route bus, and rail service which is approximately 5 a.m. to 11 p.m. seven days a week and is intended for travel in the DART service area.

The new Rider Assistance Program will begin approximately 30 days upon being finalized by the city. Total program costs will be funded by Dallas using federal grant and city general revenue.

The maximum not-to-exceed amount for the term of the agreement will be \$674,457.

Pastor arrested for violating rules amid virus outbreak

By TAMARA LUSH and CHRIS O'MEARA

TAMPA, Fla. (AP) — Florida officials have arrested the pastor of a megachurch after detectives say he held two Sunday services with hundreds of people and violated a safer-at-home order in place to limit the spread of the coronavirus.

According to jail records, Pastor Rodney Howard-Browne turned himself in to authorities Monday afternoon in Hernando County, where he lives. He was charged with unlawful assembly and violation of a public health emergency order. Bail was set at \$500, according to the jail's website, and he was released after posting bond.